Barber Judy Lee Retires

Judy Lee has retired, having owned and operated Mounds Park Barber Stylists at 1043 Hudson Road for the past 36 years. As of July 31, Dayton’s Bluff and the East Side have one less independent barber shop. Judy became a barber 41 years ago after attending St. Paul Barber School. She was serving her apprenticeship at a barber shop in St. Anthony Park when she heard that a barber shop in Dayton’s Bluff was coming up for sale. It was near her home so she decided to buy Mr. G’s Barber-Stylists and open her own shop. She didn’t make too many changes, even keeping the same phone number.

Judy has made many friends over three decades in the same location and will be missed. Her final message to her customers, attached to the shop’s window reads, “Judy has retired! What a great run it has been. Thanks so much!”

The barber shop is part of the building that also includes the attached Saint Paul Saloon. Judy says it’s owner Alex Rivero, who also happens to be a barber, hopes to renovate the barber shop and possibly reopen it again under new management by the end of the year.

Former East Sider Publishes Thriller

Jeff Reck has copies of the book and is available on Amazon in paperback or Kindle eBook. Interested in buying a copy? Mission to Kill is available on Amazon in paperback or Kindle eBook. You can find the book at: amazon.com/Mission-Kill-Jeffrey-Reck/

Jeffrey has copies of the book and is autographing them for anyone who would like to purchase one. They are ten dollars. You can reach out to him on his Facebook author page at Jeffrey Reck – Author.
Dayton’s Bluff
Take-a-Hike

Dayton’s Bluff Take-a-Hike On the second Saturday of most months, the Dayton’s Bluff Take-a-Hike will begin at Indian Mounds Park, located at East Street and Mounds Boulevard. The hike is approximately one and a half to two hours long and will end at Swede Hollow Park or East Side Heritage Park, depending on the desire of the hikers. Share and learn a little history along the way.

Due to COVID-19, hikes are canceled. Please check back for more information at a later date.

If you have any questions email KarinDupa00@gmail.com.

Friends of Swede Hollow

Friends of Swede Hollow watch over, restore, and celebrate the history of Swede Hollow Neighborhood and growing the quality of life for all our residents. Bring your neighbors and growing the quality of life concerns about crime and other issues community members at the Eastern District hosts their monthly meetings for community information.

The  meeting  will  take  place  virtually.

Please check back at a later date for more information. Email KarinDupa00@gmail.com or call 651-776-0550 for more information and the meeting’s location.

Dayton’s Bluff District Forum Board Meeting

The Forum is seeking writers and help with online content, idea generation, and ad sales – join us at our next meeting on Thursday, September 3, at 11:00 a.m. Due to the COVID-19 virus, the meeting will take place virtually. Call 651-776-0550 or email daytonsbluffdistrictforum@gmail.com for more information.

Police Community Meetings

The Eastern District Saint Paul Police hosts their monthly meetings for community members at the Eastern District Police Office at 722 Payne Avenue, on the corner of Payne and Minnehaha Avenues.

The meetings are intended as a time to learn, listen to, and address people’s concerns about crime and other issues on the East Side, Saint Paul Police Eastern District is committed to maintaining and growing the quality of life for all our residents. Bring your neighbors — it is a great way to talk about your neighborhood and neighborhood nuisance issues.

Meetings are closed indefinitely due to COVID-19.

SNAP Food Program at CLUES (Comunidades Latinas Unidas En Servicio)

¿Necesita más comida saludable para la familia? El programa SNAP le puede ayudar. SNAP proporciona fondos para alimentos que beneficien a familias de escasos recursos. Aún si no es ciudadano, si tiene hijos nacidos en este país ellos podrían calificar. Participar en el programa SNAP no afectará su estatus migratorio.

Llame a CLUES para saber si califica 612-746-3500. Nuestro personal bil- ingue puede facilitar el proceso para usted y su familia.

Need healthy food for your family? The SNAP program provides funds for low-income families to buy food. Even if you are not a citizen, your children born in this country could qualify. Participation in the SNAP program will not affect their immigration status.

Call CLUES to find out if you qualify at 612-746-3500. Our bilingual staff can facilitate the process for your family.

Twin Cities Mobile Market

The Twin Cities Mobile Market is a grocery store on wheels that brings affordable, healthy food directly into neighborhoods. The Mobile Market stops at Parkway Gardens Apartments, located at 1145 Hudson Road, on Wednesdays, from 2:00 p.m. to 3:00 p.m.

Due to the COVID-19 virus, the Twin Cities Mobile Market will not return to the East Side last year? With the help of our incredible volunteers, we help older adults to get to medical appointments, the bank, the grocery store and other errands. Each ride helps a senior remain active, vital part of the community.

As we receive more and more requests for help from our senior neighbors, we need to grow our team of volunteer drivers. Join our team by applying online at EastSideElders.org! Or by contacting us at 651-683-2326. Volunteer drivers have a flexible schedule and help out when they can, as often as they choose. Gift cards are also available for volunteer drivers!

Business Classes

The Dayton’s Bluff Neighborhood Microentrepreneur Class program helps startup and young businesses on the East Side. All East Side entrepreneurs are welcome. Class training lasts eight weeks and includes topics such as operations management, marketing, financial management, one-on-one assistance with creating a successful business, and preparing a business plan, plus eight hours of one-on-one time with the instructor.

Those who successfully complete the course and locate their businesses in target neighborhoods are eligible for ongoing business support services. Some examples of businesses started by people who have previously taken this course include graphics, landscapes, photography, food service, restoration of wood furniture, art, custom floral design, and exterior and interior painting. The course is sponsored by the Dayton’s Bluff Community Council and the Neighborhood Development Center. There is a small registration based on a sliding fee scale. Class sizes are limited, so enroll now. Please call 651-379-8432 for a current application.

Free Help for East Side Pets

The Animal Humane Society’s Community Outreach program offers special clinics for pets on the East Side. The events provide free wellness exams, vaccines, nail trims, spay/neuter appointment scheduling, guidance from the AHS behavior team and St. Paul Animal Control, free pet food, and more.

For upcoming events and locations call 651-788-4685 or visit http://animal- humanesociety.org/outreach-ser- vices/frogtown-and-east-st-paul.

Learn About Medicare and Help Others

Help the Metropolitan Area Agency on Aging provide one-on-one counsel- ing to Medicare beneficiaries at com- munity partner sites.

Make a difference in your communi- ty by becoming a State Health Insur- ance Assistance Program certified Medicare Counselor. Help people un- derstand their Medicare options. Visit Metroaging.org/volunteer to learn more.

Need Groceries?

If you are 60 or older, you may be eli- gible to receive a box of nutritious food every month from Second Harvest. This box is part of a program called NAPS and we can help you apply! Give us a call at 651-683-2326 and Rolene, our Client Advocate, can assist you with your application. Some examples of what might be in- cluded in a NAPS box are: milk, meat, fresh fruits and vegetables, peanut butter, grains, and produce.

Just a Call Away

Did you know that East Side Elders has friendly phone volunteers who can call to check in or just to chat? If you or a loved one would like to sign up, just contact us at 651-683-2326 or In- fo@EastSideElders.org. You can sign up for weekly calls, or as often as you would like — our volunteers are stand- ing by for your call! During this time of increased isolation, you will also be helping our volunteers by giving them a new friend to talk to!

Landmark Center

Due to the COVID-19 virus, Landmark Center is closed to the general public, including all museums and gal- leries. It will remain open only to office ten- ants at this time.

There will be virtual tours and shows that can be viewed online, free to the public.

Please watch landmarkcenter.org and social media pages @landmarkcenter for the latest updates.

Landmark Center staff will be available to answer any questions at 651- 292-3225.

Yard Work Assistance

Need help raking leaves in your yard? Our volunteers are ready to help. Contact us today and we will get you set up with spring cleanup.

Call us at 651-683-2326 or email us at Info@EastSideElders.org

Dayton’s Bluff District Forum
September 2020
Svenska Dalen
A Poem

Mark Schwister
Special to the Forum

City as poetry, curled up in crumbling mortar, train tracks, dust, and fireflies. Bluff to valley, hidden hollows, tunnels and stairs, forgotten stories, and cleansing flames. They came with nothing, never gone but subsumed into the background. History. River to hills. Guttared remainders. Forgotten. But still there are fireflies. At dusk, there are rabbits on the trail and echoes of homes. Foundations. Rubble. Graffiti now. Silences above, but silence below. And the stories remain, hidden. At the top of the hollow, the homeless still live, in tents. Among the trees. Surviving. There is still the creek, the quiet, the idea that you can get by, in the shadows. We burned this place. Ghosts walk here. Tired or resilient, murmuring or staring through leaves. There, in the middle, between bluff and river, there is hidden history. Ghosts. And fireflies.

Book Review

Swede Hollow: A Novel
by Ola Larsmo

Mark Schwister
Friend of the Forum

Tucked between Dayton’s Bluff and Railroad Island is a hidden ravine, carved out by a gently flowing Phalen Creek. Stretching from Phalen Boulevard to 7th Street, it is a tunnel of trees. A path built on an old railway bed falls gradually from north to south, connecting the Bruce Vento Trail to the Sanctuary. Locals call it Swede Hollow. What many don’t know, however, is the history of struggle and perseverance of the thousands of people who once lived there over a period of 100 years.

Ola Larsmo, a Swedish journalist and author, discovered its history while viewing an exhibit at the Swedish American Institute during a visit to Minnesota. He wondered “why had no one told me anything about this before?” He researched records at the Minnesota Historical Society on return trips, and wove a historical fiction around those records. Written in Larsmo’s original Swedish, the book was a bestseller in Sweden, translated into English by Tiina Nunnally, and published in the US by University of Minnesota Press. The people are imagined. The canvas belongs to it. Tragedy, beauty, and hope, is a part of our story. We are very excited to announce a fun and delicious way for you to support East Side Elders and our work with seniors in the community. On September 18, we hope you will join us for our Drive-Thru Baked Potato Bar Fundraiser! That’s right, you can order a delicious baked potato and a wide variety of toppings — and a volunteer will bring your order right to your car! And don’t forget to add dessert and a drink to your meal! Call us at 651-683-2326 to order by phone or go to their website to register.

We can accept credit cards online or over the phone, or you can arrange to pay with cash on the day of the event. Prices range from $5 to $8 depending on toppings and whether you’ll need additional utensils.

To help us make this a safe, socially distant event, there will be no orders accepted on the day of the event. This will help us to schedule pickups that are spaced out and safe for you and for our volunteers.

Get Loaded for East Side Elders!
Loaded Baked Potato Drive-Thru

East Side Elders

We are very excited to announce a fun and delicious way for you to support East Side Elders and our work with seniors in the community. On September 18, we hope you will join us for our Drive-Thru Baked Potato Bar Fundraiser! That’s right, you can order a delicious baked potato and a wide variety of toppings — and a volunteer will bring your order right to your car! And don’t forget to add dessert and a drink to your meal! Call us at 651-683-2326 to order by phone or go to their website to register.

We can accept credit cards online or over the phone, or you can arrange to pay with cash on the day of the event. Prices range from $5 to $8 depending on toppings and whether you’ll need additional utensils.

To help us make this a safe, socially distant event, there will be no orders accepted on the day of the event. This will help us to schedule pickups that are spaced out and safe for you and for our volunteers.

Book Review

Swede Hollow: A Novel
by Ola Larsmo

Mark Schwister
Friend of the Forum

Tucked between Dayton’s Bluff and Railroad Island is a hidden ravine, carved out by a gently flowing Phalen Creek. Stretching from Phalen Boulevard to 7th Street, it is a tunnel of trees. A path built on an old railway bed falls gradually from north to south, connecting the Bruce Vento Trail to the Sanctuary. Locals call it Swede Hollow. What many don’t know, however, is the history of struggle and perseverance of the thousands of people who once lived there over a period of 100 years.

Ola Larsmo, a Swedish journalist and author, discovered its history while viewing an exhibit at the Swedish American Institute during a visit to Minnesota. He wondered “why had no one told me anything about this before?” He researched records at the Minnesota Historical Society on return trips, and wove a historical fiction around those records. Written in Larsmo’s original Swedish, the book was a bestseller in Sweden, translated into English by Tiina Nunnally, and published in the US by University of Minnesota Press. The people are imagined. The canvas onto which Ola Larsmo painted them is real.

The novel tells the story of the Klar family, Gustaf and Anna and their three young children, escaping an uncertain future in Sweden in the 1890s. Arriving in New York, they eventually follow others from the voyage in the search for a new home, ultimately settling in Svenska Dalen. A ramshackle collection of over 1,000 immigrants at its highest population in 1905, the community was originally Swedish in the 1850s but over time included Irish, Italians, and Poles. Eventually, immigrants from Mexico lived in the ravine before it was condemned as a health hazard, the remaining families forcibly evicted and the homes destroyed in 1956.

Those houses were mere shacks, with no plumbing or electricity. Phalen Creek was the community latrine. Disease was common. Work was hard to come by, with most working on the nearby railroads. Language barriers provided an almost insurmountable hurdle to finding gainful employment and an escape from poverty, and Larsmo does not sugarcoat these harsh realities.

The novel is gritty, believable, and unrelenting in its voice. Excerpts from newspaper articles are included in the novel, lending authenticity. Places both extant and lost to history are given new life: The Hamm mansion, Union Depot, 7th Street, and more are woven into the narrative. Larsmo even includes the infamous Duluth lynchings of 1920 in the novel, as told by Gustaf Klar’s grandson, who becomes an unwilling witness to the riot, a deft and disconcerting twist. Each chapter is told from the point of view of a different character, allowing the reader access to internal dialogue. The story is chronological, chapters grouped in small epochs of the family’s fight to survive, but almost more importantly, to belong. It is bleak, but wistful.

Reading this novel — having that internal excitement of “I’ve been to this place”; the surprise of “I never knew about that building”; or the curiosity of “what does that place look like now?” — gives us as residents of Dayton’s Bluff a sense of ownership and identity. The characters may be fiction. The history is true. Swede Hollow, with all its adversity, tragedy, beauty, and hope, is a part of our story. We belong to it.

If you’d like to write a book review about Minnesota-based stories or authors, send it to daytonsbluffdistrictforum@gmail.com.

Get Loaded for East Side Elders!
Loaded Baked Potato Drive-Thru

East Side Elders

We are very excited to announce a fun and delicious way for you to support East Side Elders and our work with seniors in the community. On September 18, we hope you will join us for our Drive-Thru Baked Potato Bar Fundraiser! That’s right, you can order a delicious baked potato and a wide variety of toppings — and a volunteer will bring your order right to your car! And don’t forget to add dessert and a drink to your meal! Call us at 651-683-2326 to order by phone or go to their website to register.

We can accept credit cards online or over the phone, or you can arrange to pay with cash on the day of the event. Prices range from $5 to $8 depending on toppings and whether you’ll need additional utensils.

To help us make this a safe, socially distant event, there will be no orders accepted on the day of the event. This will help us to schedule pickups that are spaced out and safe for you and for our volunteers.
National Night Out Date Set for October 6

St. Paul Police Department

National Night Out (NNO) is about building partnerships between the police and the community. It is the opportunity to engage with each other, and to get to know neighbors and officers in your community.

National Night Out this year is Tuesday, October 6.

“It will be the first time all 50 states celebrate together. It is not too late to register your block,” said Patricia Lammers, National Night Out Coordinator.

If you have not registered your event, please do so online at stpaul.gov/nno. Don’t forget to check if you are interested in visits from fire or special police units. Once you are registered you will receive updates and additional news via email. We will also send out additional ideas or events as they are added. We want to ensure you have the support and information you need to plan a great event.

If you’re interested in taking part in National Night Out, go to stpaul.gov/department/police/national-night-out. They have the registration link and other tools to make it the best night possible! Not only do they have the safety guidelines for hosting, but they give you a handbook with the history and even ideas for your part as well as what's needed to make your event happen. Whether it be permits, ideas, and more.

First-timers get a special party package that includes paper products, balloons, information, and more. All hosts must have a COVID-19 safety plan in place seven to 14 days prior to the event.

“We are in flux with COVID so we encouraging ideas around social distancing. It will still be a day to celebrate together,” stated Lammers.

Patry Lammers also suggests following these tips to stay safe during NNO:
- Limit the event to only to those on your block, designate individuals to prepare and serve food, do distanced games like horse shoes or bag toss, try group line dancing, show a movie in the parking lot, have a bike parade, set up activity stations, conduct a block scavenger hunt, have chalk art contest, or have an ice cream social with items like Popsicle or Dilly Bars.
- If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.

Don't forget to check if you are interested in visits from fire or special police units. Mounds Park United Methodist Church, located at the corner of Earl and Euclid Streets, has been streaming online services every Sunday at 10:30 a.m. since shortly after the COVID-19 pandemic shutdown began. In addition, Pastor Jay Jess holds a drive-through Holy Communion service in the church parking lot once a month. The next service is scheduled for Sunday September 6 at noon. A special Praise Worthy Sunday will be presented on Sunday September 13.

If you're interested in taking part in National Night Out, go to stpaul.gov/department/police/national-night-out. They have the registration link and other tools to make it the best night possible! Not only do they have the safety guidelines for hosting, but they give you a handbook with the history and even ideas for your part as well as what's needed to make your event happen. Whether it be permits, ideas, and more.

First-timers get a special party package that includes paper products, balloons, information, and more. All hosts must have a COVID-19 safety plan in place seven to 14 days prior to the event.

“We are in flux with COVID so we encouraging ideas around social distancing. It will still be a day to celebrate together,” stated Lammers.

Patry Lammers also suggests following these tips to stay safe during NNO:
- Limit the event to only to those on your block, designate individuals to prepare and serve food, do distanced games like horse shoes or bag toss, try group line dancing, show a movie in the parking lot, have a bike parade, set up activity stations, conduct a block scavenger hunt, have chalk art contest, or have an ice cream social with items like Popsicle or Dilly Bars.
- If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.

Don't forget to check if you are interested in visits from fire or special police units. Mounds Park United Methodist Church, located at the corner of Earl and Euclid Streets, has been streaming online services every Sunday at 10:30 a.m. since shortly after the COVID-19 pandemic shutdown began. In addition, Pastor Jay Jess holds a drive-through Holy Communion service in the church parking lot once a month. The next service is scheduled for Sunday September 6 at noon. A special Praise Worthy Sunday will be presented on Sunday September 13. It will celebrate multicultural cultures and ministries, featuring a short sermon, a special singer, hymns and a variety of musical instruments. Pictures are Pastor Jay and Barbara W., MPUMC Worship Coordinator, at the August 2nd Communion service.

If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.

First-timers get a special party package that includes paper products, balloons, information, and more. All hosts must have a COVID-19 safety plan in place seven to 14 days prior to the event.

“We are in flux with COVID so we encouraging ideas around social distancing. It will still be a day to celebrate together,” stated Lammers.

Patry Lammers also suggests following these tips to stay safe during NNO:
- Limit the event to only to those on your block, designate individuals to prepare and serve food, do distanced games like horse shoes or bag toss, try group line dancing, show a movie in the parking lot, have a bike parade, set up activity stations, conduct a block scavenger hunt, have chalk art contest, or have an ice cream social with items like Popsicle or Dilly Bars.
- If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.

Don't forget to check if you are interested in visits from fire or special police units. Mounds Park United Methodist Church, located at the corner of Earl and Euclid Streets, has been streaming online services every Sunday at 10:30 a.m. since shortly after the COVID-19 pandemic shutdown began. In addition, Pastor Jay Jess holds a drive-through Holy Communion service in the church parking lot once a month. The next service is scheduled for Sunday September 6 at noon. A special Praise Worthy Sunday will be presented on Sunday September 13. It will celebrate multicultural cultures and ministries, featuring a short sermon, a special singer, hymns and a variety of musical instruments. Pictures are Pastor Jay and Barbara W., MPUMC Worship Coordinator, at the August 2nd Communion service.

If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.

Don't forget to check if you are interested in visits from fire or special police units. Mounds Park United Methodist Church, located at the corner of Earl and Euclid Streets, has been streaming online services every Sunday at 10:30 a.m. since shortly after the COVID-19 pandemic shutdown began. In addition, Pastor Jay Jess holds a drive-through Holy Communion service in the church parking lot once a month. The next service is scheduled for Sunday September 6 at noon. A special Praise Worthy Sunday will be presented on Sunday September 13. It will celebrate multicultural cultures and ministries, featuring a short sermon, a special singer, hymns and a variety of musical instruments. Pictures are Pastor Jay and Barbara W., MPUMC Worship Coordinator, at the August 2nd Communion service.

If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.

First-timers get a special party package that includes paper products, balloons, information, and more. All hosts must have a COVID-19 safety plan in place seven to 14 days prior to the event.

“We are in flux with COVID so we encouraging ideas around social distancing. It will still be a day to celebrate together,” stated Lammers.

Patry Lammers also suggests following these tips to stay safe during NNO:
- Limit the event to only to those on your block, designate individuals to prepare and serve food, do distanced games like horse shoes or bag toss, try group line dancing, show a movie in the parking lot, have a bike parade, set up activity stations, conduct a block scavenger hunt, have chalk art contest, or have an ice cream social with items like Popsicle or Dilly Bars.
- If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.

Don't forget to check if you are interested in visits from fire or special police units. Mounds Park United Methodist Church, located at the corner of Earl and Euclid Streets, has been streaming online services every Sunday at 10:30 a.m. since shortly after the COVID-19 pandemic shutdown began. In addition, Pastor Jay Jess holds a drive-through Holy Communion service in the church parking lot once a month. The next service is scheduled for Sunday September 6 at noon. A special Praise Worthy Sunday will be presented on Sunday September 13. It will celebrate multicultural cultures and ministries, featuring a short sermon, a special singer, hymns and a variety of musical instruments. Pictures are Pastor Jay and Barbara W., MPUMC Worship Coordinator, at the August 2nd Communion service.

If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.

First-timers get a special party package that includes paper products, balloons, information, and more. All hosts must have a COVID-19 safety plan in place seven to 14 days prior to the event.

“We are in flux with COVID so we encouraging ideas around social distancing. It will still be a day to celebrate together,” stated Lammers.

Patry Lammers also suggests following these tips to stay safe during NNO:
- Limit the event to only to those on your block, designate individuals to prepare and serve food, do distanced games like horse shoes or bag toss, try group line dancing, show a movie in the parking lot, have a bike parade, set up activity stations, conduct a block scavenger hunt, have chalk art contest, or have an ice cream social with items like Popsicle or Dilly Bars.
- If you have questions or need more information contact Patty Lammers at 651-266-5455 or patricia.lammers@ci.stpaul.mn.us or Sagal Abdirahman at 651-266-5994.
Featured Pet of the Month

Donnelle Burlingame Special to the Forum

Thursday, July 30, while performing a survey for mosqui-to control district, an employee was in a wooded area on St. Paul’s east side. He found a dog that appeared to be dead, and was tied to a tree. He immediately called St. Paul Animal Control.

An animal control officer (ACO) arrived to witness a scene NOT in a horror movie, but a reality in front of their eyes. He was shocked to discover the dog was still alive! It had been tied with a rope around its back leg so tight, it cut down to the bone. The dog also had a zip tie around its muzzle that was embedded down to the bone. There were maggots everywhere, which is a sign he had suffered like that for a week or more. The ACO cut the dog loose and rushed to an emergency clinic in Blaine where veterinary staff affectionately named him Riptide (the strongest of the currents).

He was immediately given strong pain medications and antibiotics, and his wounds cleaned of massive amounts of maggots mostly on his back leg. The leg, completely cold and dead, required amputation a couple days later, when Riptide was stable enough for surgery. He did not have a microchip or collar.

Veterinary staff say due to the amount of maggots on his wounds, the severity and depth of the zip tie on his muzzle and his overall condition, they are guessing he had the imbedded zip tie on his muzzle indoors longer than he was in the woods. They guess Riptide was tied to that tree for about a week, which meant he had his muzzle ripped for a while before being removed and abandoned in the woods. That is baffling and brings on very strong emotions from everyone learning about his story.

The veterinary staff know nothing about his temperament yet, but he is terrified of men. An animal cruelty investigation has been launched. Molly Luana is the lead investigator on this case with St Paul Animal Control.

It is still an open investigation as of today. Contact Molly at mollu@stpaulmn.us or Animal Control at 651-266-1100 if you have any information.

The Humane Society of The United States is offering a $10,000.00 reward for information on who could have done this. Riptide is still receiving veterinary care but is because of the active investigation, Riptide will not be up for adoption yet.

RPAW launched a fundraising campaign on Facebook to help with costs of his treatment asking for $10,000.00. The donations rose to well over $22,000.

His story was shared nationwide and touched hearts everywhere. Everyone seeing and graphic pictures of his injuries reacted with shock and outrage and we all ask, who could do such a thing?

I had a lengthy conversation with Elisa Johnson, Executive Director of Minnesota Federated Humane Societies, about their role in animal cruelty and neglect cases in Minnesota. They have jurisdiction in 87 counties to act on reports of cruelty and neglect. They also train humane investigators and law enforcement on all aspects of animal cruelty, neglect, and how to legally conduct an investigation.

I’m hoping to continue this article and address the mentality and temperament of people behind such acts of cruelty and the direct correlation with domestic abuse to women and children. Ms. Johnson stated 100% of the time where there is animal abuse, you will also find abuse to people in that home. I will address that in Part Two.

If you are witnessing animal abuse occurring in real time call 911. To report animal cruelty or neglect you can call St Paul Animal Control at 651-266-1100 or report- animalcruelty@mpls.edu or call 612-866-8663 (you can remain anonymous). The photo was provided by RPAW and Blaine Family Veterinary Hospital.

What makes your pet endearing? Frightening?

How do you and your pet communicate with each other?

Share with readers how you talk with each other?

How did you choose each other in the beginning?

Is there a life lesson you have learned from your non-human companion?

The Forum staff invite all readers to share their photos and stories/comments about their pets and/or pet theories.

E-mail to: dayton bluff district forum@gmail.com

September 2020

Dayton’s Bluff District Forum  Page 5

World-Wide Holidays in September

Temperate Brennan Special to the Forum

An anthropologist, such as I am people and cultures and there are quite a few celebr-a-tions in September. In the U. S., the first Monday of the month is Labor Day that started as a time for remembering the role of working people and their organiz-a-tions.

September 16 is Mexican Independence Day (not Cinco de Mayo) and one day earlier than four countries — El Sal-vador, Guatemala, Nicaragua, Costa Rica and Honduras — have independence fest-ivities. It should be noted that this year, a September equinox occurs—a day when the day and night are equal.

And now for that which you have been waiting, some world-wide holidays.

September 11: Enkutatash is the first day of the New Year in Ethiopia. It oc-curs on Meskerem 1 on the Ethiopian calendar, which is September 11 accord-ing to the Gregorian calendar.

September 12: National Day is celebra-ted on September 11th of every year in Cape Verde. The importance attached to the National Day varies enormously from place to place. The country is a re-public located on an archipelago in the Macaronesia ecoregion of the North At-lantic Ocean, off the western coast of Africa.

September 19: Independence Day is cel-ebrated in St Kitts and Nevis, a coun-try that gained independence from the United Kingdom on September 19, 1983.

September 20: Constitution Day first commemorated the 1990 constitution, but in 2015, a new Yemen constitution was enacted on September 20, with the date of celebrations corresponding being moved.

September 21: ARMENIAN Independence Day is a holiday known as `Anakahutyan or, and commemorates independence of the country from the Soviet Union in 1991.

September 22: Boqueron Battle Victory Day is a big holiday in Paraguay. The Bolivians invaded southern Paraguay in 1812 for a time, captured the Boqueron fort, but were pushed back by the Paraguayan army. It is a time of great patriotic zeal and national pride and fea-tures parades and other festivities.

September 23: Labor Day is celebrated in various countries worldwide, including the United States, Canada, and Australia. It is a day to honor the contributions and achievements of workers in society.

September 25: Independence Day is commemorated in various Central American countries, including Guatemala, El Salvador, and Nicaragua.

September 26: Independence Day is celebrated in several Caribbean countries, including Antigua and Barbuda, Dominica, and Saint Lucia.

September 27: Russia celebrates the October Revolution of 1917 on this date.

September 28: Independence Day is celebrated in Mexico on September 28th.

September 29: Independence Day is celebrated in Venezuela on September 29th.

September 30: Independence Day is celebrated in Guatemala on September 30th.

The above Little Free Libraries is not located in Dayton’s Bluff, but the steward is our Forum editor, so we’re giving her a pass and a welcome to the family of over 60,000 Little Free Libraries (LFL) in 50 states and 80 countries. Home-built by Allison and husband Andrew, this warm pink metal features interior wallpaper and we expect it to be well-used at its 1368 Minnehaha Ave E location. Once a Library is registered, it becomes official and can be found on the LFL locator map. For more information on Little Free Libraries go to: littlefreelibrary.org.

Allison Lund-Zalewski
Seely Sez

Seely Booth
Special to the Forum

Here I am again, wandering around the Dayton’s Bluff neighborhood and other places around the East Side to see what’s happening. Some things have not changed. On Payne Avenue the North Star Bar and Café Lila are still not open. In fact, the café has plywood on its windows. Another restaurant whose windows are boarded up is Santa Fe Coffee Shop located at 1105 Payne Ave. Not sure if they will be opening up again. I’ll try to find out. However, there are at least two new businesses on the East Side.

There is now a restaurant at 1087 Arcade called Bay Bay’s East Side Eatery. It is owned by Rowena Hudson. She and the restaurant are offering food including burgers, fish, gyros, chicken, sandwiches, and salads. On Sundays there will be soul food.

Dayton’s Bluff is now welcoming the opening of La Michoacana Purepecha, at 809 East Seventh Street. Owned by Ricardo Hernandez. He is offering Mexican-style ice cream—38 flavors and over 60 kinds of popsicles. There are also other snack foods and drinks. Many of the ice creams are unusual, using rice, pine nuts, and dragon fruit and other traditional Latina flavors. He is experienced since he also had such a store at 701 East Lake Street in Minneapolis.

I’ll try to have more complete write-ups in later Forum issues. But you can also find both of the new places on Facebook. Why not visit these two spots yourself and let the paper know your opinion on these new businesses in our East Side?

Wisdom and Courage Needed More Than Ever

Jane Prince
Special to the Forum

When I was first running for office in 2015, I had a conversation with a Somali family and asked the, now in hindsight, mindless question, “What is most important to the Somali community in Saint Paul?”

The answer? “The same thing that’s important to YOUR community: the success of our children.” Abdurrazak Said is one of the founders of the Somali American Youth Enrichment Club, and on one day, Coach Said became like a coach to me, helping me assess the needs of our ward through his lens.

I learned that our city, faced with the financial crisis stemming from the Great Recession in 2008, took the grave and in some cases irreversible action of slashing recreation center budgets and programming. This took a toll on our East Side, with the demolition of the Margaret Rec and the closing of the Eastview and Highwood Hills rec centers.

Worse yet was the fact that each of these centers served areas of concentrated poverty, where children most needed safe places to connect with other kids and caring adults. Highwood Hills, for example, served the East Side’s largest population of Somali and Oromo refugees, a neighborhood with poor transit connections, few community services and no public gathering spots.

The good news? In my first term, with the support of my elected colleagues, we re-opened Eastview and Highwood. We put a renewed effort into finding free and low-cost programming for youth on our East Side.

I write today, because with not one, but two unprecedented crises facing our city—the COVID-19 pandemic and the tragic murder of George Floyd by Minneapolis police—the resulting civil unrest—we have returned to Great Recession era levels of economic crisis across the nation. Our city is facing a $30M current year deficit due to revenue shortfalls and Mayor Carter and his City Council has made clear that we are in for some very painful budget challenges for 2021.

Worse still, homelessness and hunger, which we euphemistically refer to as “food insecurity,” are at Great Depression era levels.

What does this mean for our community? We who live in Dayton’s Bluff are no strangers to the impacts of poverty. We know how hard our community partners work—like Pastor Carl and Stonehouse Grocers, Indigenous Roots Cultural Center, East Side Table, East Side Elders, Listening House and so many others—to meet the extraordinary needs of our neighbors.

Homelessness is not theoretical in our neighborhood; homeless neighbors live in encampments all around us; we know that there are hundreds of homeless families in our public schools. And we know that when the governor lifts the eviction moratorium in place during COVID, many of our neighbors are going to lose their affordable apartments here.

So, as we consider the budgets we will have to cut, I return to Coach Said’s words. At all levels of government, we need to focus all of our energies and resources to support deep budget cuts to ensure that our city’s neighborhoods are safe and welcoming.

This surely won’t happen all at once. But ask yourself: What kind of sacrifices can we make as individuals and as a community? Are those of us lucky enough to have the economic resources to withstand the current downturn willing to support deep budget cuts, to ensure that burdens don’t continue to fall on those at the bottom of the economic ladder? Seventy-seven thousand adults in Saint Paul have applied for unemployment due to COVID and thousands more are facing hunger and possible eviction.

If we’re in for a long term economic downturn, how can we come together in a spirit of shared sacrifice and common purpose to make ours a city that is safe and good for kids.

Let’s resolve to make our voices heard that solving the housing crisis is not an option, but a moral imperative. Let’s let Congress know that it’s high time to reverse decades of federal disinvestment in affordable housing to ensure safe, decent housing for all.

When it comes to ensuring a strong future for our children, let’s all start with saying "hello," learning their names, being available to them, and becoming an advocate for every one of our city’s kids.

Dayton’s Bluff District Forum
668 Greenbrier St., St. Paul, MN 55106
Phone: 651-776-0550  E-mail: daytonsbluffdistrictforum@gmail.com

Monthly circulation: 7,000; also available online at daytonsbluffdistrictforum.org. This publication of Hopewell Communications, Inc., a nonprofit organization, is intended to provide a forum for the ideas and opinions of its readers and to be an instrument for developing community awareness and pride. Signed articles do not necessarily represent the views of the Forum. Material from this paper may be re-published if it is attributed to the Dayton’s Bluff District Forum and to the author, if any. Articles and letters to the editor are welcome and may be emailed to daytonsbluffdistrictforum@gmail.com, or mailed to the address above. The Dayton’s Bluff District Forum is delivered to every home and business in the Dayton’s Bluff neighborhood. Outside this area, subscriptions cost $15 per year and may be arranged by calling 651-776-0550.

Board of Directors: Greg Cosimini, Karin DuPaul, Jennifer Gascoigne, Sage Holben, Steve Trimble
Editor/layout: Allison Lund-Zaleski; Editorial Associate: Mark Gallagher
Staff: David Baker, Nick Duncan, Elizabeth Wakefield, Mandy Okonek, Clara Martin
Photographer: Lou “The Photo Guy” Michaels

Indian Mounds Regional Park Tree Trek

St. Paul Parks and Recreation

September might be a great time to walk around Indian Mounds Park and find out about trees. Perfect for kids, those who want to learn about the process of creating a food system, and those who enjoy a bit of history.

Some September St. Paul Events

Steve Trimble
Forum Staff

Here is a sampling of what was happening in St. Paul in a variety of years. These pieces are only around two hundred words, but you could go on-line (or even in books) and find additional information. Hope these are interesting for most readers.

September 2, 1901: An expectant crowd waited at the Union Depot to greet Vice President Theodore Roosevelt. He visited with the welcoming committee and then boarded a streetcar for a ride to Minneapolis. There he took part in Labor Day activities and then returned to St. Paul for a memorable speech at the State Fairgrounds.

Roosevelt launched into an energetic oration on this day. He said, “A good many of you are more conversant with the old proverb: ‘Speak softly and carry a big stick—you will go far.’” He then added: “If a man... lacks civility, a big stick will not save him from trouble, and neither will speaking softly avail, if back of the softness there does not lie strength.”

Four days later President McKinley was shot and, after he died a few days later, forty-two-year-old Theodore Roosevelt became President. His statement at the fair became associated with his foreign policy and caroons often showed him holding a stick. He claimed that the United States had the right to oppose European meddling and to intervene in the domestic affairs of neighbors. Now he was in the position to bring the “speak softly but carry a big stick” idea into a reality.

September 4, 1884: Sitting Bull, a Hunkpa chief, was visiting St. Paul. A U. S. Indian agent hoped to impress him while Sitting Bull just wanted to learn about white ways and make a case for aid. He visited businesses, toured the Pioneer Press, the State Capitol, and went to the burial mounds, a cigar factory, and Franklin School and tried out a telephone.

He saw a play at the Grand Opera House when there was an “attempted assassination” when the visitors “were leaving the theater in single file, and while the great Sioux leader was still in the foyer, an attempt was made to take his life.”

According to a witness, a man shouted, “Damn him, I’ll shoot him” and aimed a revolver at Sitting Bull. His companion grabbed the gun and told the person not to be a fool.

“The white people are wicked and I don’t want my women to become as the white women I have seen,” Sitting Bull told a reporter. “I want you to teach my people to read, but they must not become white people in their ways; it is too hard a life. I would rather die an Indian than live a white man.”

September 14, 2014: When a bell rang, two thousand people sat down to eat at a half-mile-long dinner table in the middle of Victoria Street in St. Paul. Called “Create The Community Meal,” this event was the brainstorm of local artist Seitu Jones. He had watched his Fargnton neighbors passing his studio with bags of processed foods. Jones discovered obstacles for healthy food choices. Mostly it was the lack of access, and the loss of food traditions and cooking habits.

A large number of community groups helped grow food, cook it, and plan the huge undertaking. There were more than 400 volunteers including farmers, prep workers and cooks, drivers, mobile art kitchens, dancers and spoken-word artists. There were also food servers, food runners waste managers, and table hosts.

The menu was a locally-produced meal of ginger-honey soy chicken, Ethiopian fossolia green beans, collard greens, black beans and rice, corn bread and a mixed salad, along with apple cider. Seitu summed up things saying, “Our next food story needs to be written to create a fair and just food system, a story that equitably shares the benefits and risks of where, what, and how food is grown, processed, transported, distributed, accessed, and eaten.”

September 24, 1886: Dr. Justus Ohage performed the nation’s first successful gallbladder surgery—technically called a cholecystectomy—at St. Joseph’s Hospital on this day. There had been eight such operations in Europe, but this was the first gallbladder removal in the Western Hemisphere.

Ohage was born into a medical family in Germany and came to the U. S. in 1864 and, at the age of fifteen, was the youngest soldier in the Army of the Potomac. He went to medical school in Missouri and had training back in Germany. At the age of fifty Dr. Ohage became St. Paul’s commissioner of public health, serving from 1899 to 1918. He was an activist and sometimes controversial. He hired food and milk inspectors and started an orderly system of birth and death certificates. He made school vaccinations compulsory, developed quarantine laws, and worked for clean air and noise abatement. Two of Ohage’s favorite quotations were “The health of the people lies the strength of the nation” and “Cleanliness is essential to the maintenance of good health.”

Unfortunately, the reason he went into private practice in 1918 was because he was re-sigend after being charged with disloyalty during WWI.

Free Masks Available

Ramsey County

Ramsey County today launched a new initiative — A Mask for Everyone — to ensure that individuals and families have access to cloth face masks to help slow the spread of COVID-19. Led by the county’s COVID-19 Racial Equity and Community Engagement Response Team (RECERT), the program will prioritize distributing homemade cloth masks to racially, ethnically, and culturally diverse communities.

Individuals and families in Ramsey County that are in need of masks can visit ramseycounty.us/AMaskForEvery- one to request a mask. Each recipient will be provided with a homemade cloth mask to help slow the spread of COVID-19. Accurate and up-to-date information about the importance of wearing a mask. Instructions on proper use and care of homemade masks.

Fourth and Bates neighbors have enjoyed two recent “intersection events” in spite of COVID-19. On a Wednesday evening in July, Saint Paul police brought the department’s “new Bike 4 Kids truck” to the area with not only bike helmets and bike repair, but a video game screen component and snack bar. This vehicle debuted at Fourth & Bates and is available for outreach in other Saint Paul neighborhoods by contacting SPPD. The vehicle was paid for by Otto Bremer Trust. Participating adults and children gave this outreach by our police and academy members high marks. Basketball challenges and video game interaction between youth and police resulted in smiles, laughter, shared confidences.

Pre-school neighbor once told me, “Sage, people are complicated.” Yes, they are, but I have seen quite often can we see that we are capable of laughing and smiling together. It’s a start; it may mean little to people on the “outside,” but in our neighborhood the grandmother who frets about her great-grandchildren and the young teen I’ve known for two years and have never seen smile tell me this was an event they will remember...and the teen came and asked me the following day, “When can we do this again?”

On August 8 we shared Music from the Porch, Paul Garding, on a Covid-19 induced hiatus from his traditional Irish group Barra shared the porch stage with Nick Okonok and his visiting father Corey. The three with their guitars and mellow singing delivered hope, joy, and fun to an appreciative masked and distanced audience.

Donnette Buttingham

Pictured above is Music from the Porch that was held on August 8. Everyone was masked and distanced as they enjoyed the wonderful guitar players.

Sage Holben

Pictured above, a little girl smiles brightly for the camera. She and the Saint Paul police officer behind her attended the Bikes 4 Kids event that was held in July.

Sage Holben
East Side Eating – Trimble’s Taste Trek

Forum contributor Steve Trimble has set out to eat at every locally-owned, sit-down restaurant on the East Side. He hopes to get the word out to Dayton’s Bluff about the eating options here on our side of town.

There are more restaurants than there is room for in the monthly paper, but at least 60 may now be found online at daytonsbuffordistrictforum.org. Click on “East Side Eating” at the top of the home page. Steve Trimble can be reached at daytonsbuffoldistrictforum@gmail.com.

Cafe La Palma
Phones: 651-772-4313
655 Payne Avenue
St Paul, MN 55130
Open every day: 8 a.m.–9 p.m.
Facebook: @La Palma Supermercado

I decided to have a lunch on my Taste Trek but didn’t want to have a large one and set out for Café La Palma. The restaurant is inside La Palma Supermercado. I had visited it and knew there was a restaurant in the back, but I hadn’t even eaten there.

By the time I got in a little after 1:00 there was a line. It was arranged with twenty pictures on the wall showing what the food looked like. There were two televisions which, at the time, were loudly following a Latino soccer game, beer or wine, but there is a selection of interesting juices and soft drinks. I wondered why there were Salvadorian dishes — some listed as specials — at what seemed to be a Mexican food store. I found out why when I met Lanca Solis on my way out. She is one of the three owners and is from El Salvador. She also showed me some of the Salvadorian items in the grocery, including a large offering of baked goods that came from the nearby El Guanaco. They are currently open for eating in and taking out. They have a colorful “To Go Menu.”

There is a small parking lot and a side door so you can get in without going through the grocery. But you’ll want to look around there as well.

You got somethin’ to say? Say it here!

The Dayton’s Bluff District Forum welcomes all opinions and neighborhood anecdotes — send yours to: daytonsbuffoldistrictforum@gmail.com

Opinions expressed in contributed articles may not represent the views of the Forum.

Deadline for the October issue of the Forum is September 10, 2020.