Ding water from three wells in Swede Hollow. The community got their drink for families from the 1860s to 1956. Swede Hollow was home of nearly one hundred years, came to Mexican Americans, who over a period went on the park idea became a reality. The book shows the Swede Hollow park development up to today. For more information about The Life of Swede Hollow contact Karindupaun@comcast.net

The book tells stories of immigrants from Sweden then from Italy and they make Dayton’s Bluff special. I am originally from northern Wisconsin, having gone to the University of Wisconsin-Stevens Point for an English degree. I graduated in 2013. I worked for my hometown newspaper, the Antigo Daily Journal, as their proofreader. While working at the Journal I was able to help with formatting the newspapers as well as take photos and write sports articles. My husband and I moved to East Saint Paul four years ago. We have three dachshunds: Greta, Lucy, and Goliath. We also have two turtles and two frogs. Since moving over here, I enjoy going to concerts and sports events and spending time with my family and my dogs. Thank you all for welcoming us into your community, I can’t wait to contribute to our neighborhood and become involved more!

There are places to buy food in our community, but Storehouse Grocers is unique because there aren’t any employers, according to Carl Johnson, pastor of Faith City Church in Dayton’s Bluff. He spends most of his time there and people volunteer to serve in the store. “All of our profits go back into the communities so this is what we call an impactful business,” he said.

Pictured above is Pastor Carl Johnson in the new Storehouse Grocers located on East Seventh Street.

American Indian Magnet School Renovation Proposed

Greg Costimia
Forum Staff

Swede Hollow Picture Book Available Now

Karin DuPaul
Forum Staff

The new book The Life of Swede Hollow: A Pictorial History is doing well. It is on its third round of printing. The book can be purchased at the Swede Hollow Café and Yarusso’s restaurant and also at a number of local book stores including Next Chapter and Subtext. The book has great pictures and stories about Swede Hollow and the people who lived there. The book tells stories of immigrants from Sweden then from Italy and they make Dayton’s Bluff special. I am originally from northern Wisconsin, having gone to the University of Wisconsin-Stevens Point for an English degree. I graduated in 2013. I worked for my hometown newspaper, the Antigo Daily Journal, as their proofreader. While working at the Journal I was able to help with formatting the newspapers as well as take photos and write sports articles. My husband and I moved to East Saint Paul four years ago. We have three dachshunds: Greta, Lucy, and Goliath. We also have two turtles and two frogs. Since moving over here, I enjoy going to concerts and sports events and checking out all the new events and sites of the big city. My other hobbies include reading, going to the movies, and spending time with my family and my dogs. Thank you all for welcoming us into your community, I can’t wait to contribute to our neighborhood and become involved more!

Meet Our New Editor

Allison Lund-Zalewski
Forum Staff

My name is Allison Lund-Zalewski and I am the Forum’s new editor. I feel so honored to get to know our community and neighborhood while working for the newspaper. I have learned so much about the history and the people who make Dayton’s Bluff special. I am originally from northern Wisconsin, having gone to the University of Wisconsin-Stevens Point for an English degree. I graduated in 2013. I worked for my hometown newspaper throughout college, the Antigo Daily Journal, as their proofreader. While working at the Journal I was able to help with formatting the newspapers as well as take photos and write sports articles. My husband and I moved to East Saint Paul four years ago. We have three dachshunds: Greta, Lucy, and Goliath. We also have two turtles and two frogs. Since moving over here, I enjoy going to concerts and sports events and spending time with my family and my dogs. Thank you all for welcoming us into your community, I can’t wait to contribute to our neighborhood and become involved more!

A New Grocery in the Community

G.B. LeRoy
Special to the Forum

There are places to buy food in our community, but Storehouse Grocers is unique because there aren’t any employers, according to Carl Johnson, pastor of Faith City Church in Dayton’s Bluff. He spends most of his time there and people volunteer to serve in the store. “All of our profits go back into the communities so this is what we call an impactful business,” he said.

Johnson points out that this neighborhood is not a “food desert” as some have said, but there is a lot of food insecurity. He has entered into a relationship with Hy-Vee Foods, a worker-owned company, and they let him, at a reduced price, stock the stores with their generic products. If you visit there you will find most of the basics, including: juice, bread, eggs, spaghetti, cat litter, dog food, spices, applesauce, sugar, flour and oils.

There are a lot of dried and canned food such as beans, peas, and the likes. You can order online or call by phone for pick-up. They are just starting out and plan to allow EBT sales and soon there will be a part-time volunteer nutritionist for the neighborhood. They want to add meat packs and pre-made meals. This is a for-profit establishment but all proceeds will be going to Faith City Church for their various community programs. They believe in “ending every hunger” and “changing destinies.” Looking to the future: Next summer they will have farmers and gardeners bring in fresh produce to sell. There will be frequent summer food events for kids and there are plans to start a kids soccer club and maybe an expansion of the store.

Storehouse Grocers is located at 851 East Seventh Street. They are open Monday through Saturday from 9:00 a.m. to 8:00 p.m. and closed on Sundays. You may reach them by phone at 651-447-2056. For more information go to sitestorehousegrocers.com

Dayton’s Bluff Community Council
804 Margaret Street
St. Paul, MN 55106

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“The Voice of the Community”

Volume 33, No. 1
February 2020
daytonsbluffdistrictforum.org

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Dayton's Bluff Take-a-Hike

Dayton's Bluff Take-a-Hike is on the second Saturday of most months, the Dayton's Bluff Take-a-Hike will begin at Indian Mounds Park, located at Earl Street and Mounds Boulevard, at 10:30 a.m. The next hike will be on Saturday, February 8. The hike is approximately one and a half to two hours long and will end at Swede Hollow Park or East Side Heritage Park, depending on the exigency of the hike. Share and learn a little history along the way! If you have any questions KarenDePaul@comcast.net or call 651-776-0550.

Friends of Swede Hollow

Friends of Swede Hollow watch over, restore, and conserve the history of Swede Hollow Park. Join the Swede Hollow community at their monthly meetings on Thursday, February 6, at 6:30 p.m. Email KarenDePaul@comcast.net or call 651-776-0550 for more information and the meeting’s location.

Dayton’s Bluff District Forum Board Meeting

The Forum is seeking writers and help with our monthly content, idea generation, and ad sales — join us at our next meeting on Saturday, February 1, at 11:00 a.m., at Swede Hollow Cafe at 725 E. 7th Street. Call 651-776-0550 or email dayton bluff district forum@gmail.com for more information.

Police Community Meetings

The Eastern District Police will host their monthly meetings for community members held at the Eastern District Police office at 722 Payne on the corner of Payne and Minnehaha Avenues. The next meetings are on Wednesday, February 19 at 9:30 a.m. and 6:30 p.m. The meetings are intended as a time to learn, listen to, and address people’s concerns about crime and other issues on the East Side. Saint Paul Police Eastern District is committed to maintaining and growing the quality of life for all our residents. Bring your neighbors it is a great way to talk about your neighborhood nuisance issues.

SNAP Food Program at CLUES (Comunidades Latinas Unidas En Servicio)

¿Necesita más comida saludable para su familia? El programa SNAP le puede ayudar. SNAP proporciona fondos para alimentos que beneficien a los sin recursos de escasos recursos.

Aún si no es ciudadano, si tiene hijos nacidos en este país ellos podrían calificar.

¿Llame a CLUES para saber si califica? 612-746-3500. Nuestro personal bil-

needy puede facilitar el proceso para usted y su familia.

Need healthy food for your family? The SNAP program provides funds for low-income families to buy food. Even if you are not a citizen, your children born in this country could qualify. Participation in the SNAP program won’t affect their immigration status.

Call CLUES to find out if you qualify at 612-746-3500. Our bilingual staff can facilitate the process for your family.

Twin Cities Mobile Market

The Twin Cities Mobile Market is a grocery store on wheels that brings affordable, healthy food directly into neighborhoods. The Mobile Market stops at Parkway Gardens Apartments, located at 1145 Hudson Road, on Wednesdays, from 2:00 p.m. to 3:00 p.m.

February 21, 22, 28, & March 6 & 7: Fearless Five: Dreams. Fearless Comedy Productions is proud to present Fearless Five: Dreams. Five new plays with five directors and one theme. Tickets: $10 in advance, $15 at the door. More information will be available shortly. Check our website.

Friday, March 13: Friends of Swede Hollow fundraiser. Mark your calendars. Visit our website at moundsoutreach.org for more information and other events not listed here and to purchase tickets as they become available. The Historic Mounds Theatre is located at 1029 Hudson Street, St. Paul, MN 55106; 651-772-2253; historicmounds@me.com. Visit the Mounds Theatre at moundsoutreach.org for more information and other events not listed here and to purchase tickets as they become available. The Historic Mounds Theatre is located at 1029 Hudson Street, St. Paul, MN 55106; 651-772-2253; historicmounds@me.com.

December at the Dayton's Bluff Library

The following events take place at the Dayton’s Bluff Library, 645 East 7th Street, St. Paul.

Tuesday, February 11, from 6:30 p.m. to 8:00 p.m., Teens Know Best! Teens have exclusive access to books before they are available. This group meets on the second Tuesday of each month to share opinions and pizza. Teens Know Best members write reviews of the books they read. The reviews are submitted to the publishers to help guide their decisions.

School is in session! The library’s got fun events, check sppl.org or call 651-793-1699. The Dayton's Bluff Library is open Monday through Thursday, 10:00 a.m. to 8:00 p.m., and Friday and Saturday, 10:00 a.m. to 5:00 p.m.

Grocery Shopping

Did you know that East Side Elders can help you and your loved one with grocery shopping? Let East Side Elders take a chore off your long to-do list! To get help with grocery shopping, call 651-683-2326 or email info@eastsideelders.org with a detailed list. From there, East Side Elders staff will put a call out to your grocery shopping team and schedule a day and time that works for you and the volunteer for delivery.

Grocery shopping is a donation-based service. Donate what you can for the convenience of not having to head out to the store. Remember, assessment for the groceries can be done directly with the volunteer— they will bring you a receipt when they make their delivery.

Wish List Care Packages

Help East Side Elders distribute food, hygiene items, and more to seniors on the East Side by shopping their Amazon Wish List! Visit: www.amazon.com/register/wish-list?KkKOOGOG00SNJ to have these much-needed items sent right to their office. From there, a team of volunteers will distribute these as resources in need.

With the help of supporters like you, East Side Elders is able to supply groceries and personal care items to seniors in the community. It is up to them to charge these. These items help stretch their monthly budgets and give them access to healthy food and much-needed personal care products. Donations can also be dropped off at East Side Elders, 463 Maria Avenue Suite 201, St. Paul, MN 55106.

Business Classes

The next Dayton’s Bluff Neighborhood Microentrepreneur Class program helps startup and young businesses on the East Side. All East Side entrepreneurs are welcome. Class training lasts eight weeks and includes topics such as operations management, marketing, financial management, one-on-one assistance with creating a successful business, and preparing a business plan, plus eight hours of one-on-one time with the instructor.

Those who successfully complete the course and locate their businesses in target neighborhoods are eligible for ongoing business support services. Some examples of businesses started by people who have previously taken this course include graphics, landscaping, photography, food service, restoration of wood furniture, art, custom floral design, and interior and interior painting. The course is sponsored by the Dayton’s Bluff Community Development Center. There is a small registration fee based on a sliding fee scale. Class sizes are limited, so enroll now. Please call 651-379-8432 for an application.

Free Help for East Side Pets

The Animal Humane Society’s Community Outreach program offers special clinics for pets on the East Side. The events provide free wellness exams, vaccines, nail trims, spay/neuter appointment scheduling, guidance from the AHS behavior team and St. Paul Animal Control, free pet food, and more.

For upcoming events and locations call 651-788-4685 or visit http://animal.humanesociety.org/outreach-services/frogtown-east-at-paul.

Learn About Medicare and Help Others

Help the Metropolitan Area Agency on Aging provide one-on-one counseling to Medicare beneficiaries at community partner sites. Make a difference in your community by becoming a State Health Insurance Assistance Program certified Medicare Coordinator. Help people understand their Medicare options. Visit Metroaging.org/volunteer to learn more.

Ice Castle

Have you heard? Ice Castle, a popular winter attraction, will take place right here in Ramsey County this season. Construction on the castle has begun at Long Lake Regional Park, and the site has been open since January, weather permitting. More information regarding tickets and the event will be available at icecastles.com/minnesota or call 612-746-3500.

Check out our 25 miles of marked and groomed cross-country ski trails this winter. Ski passes are required for skiers age 16 and up and are available to purchase through the Minnesota Department of Natural Resources. Daily passes are $10, and season passes are $25. Trail conditions will be updated weekly online and through the Ski Trail newsletter.
St. Paul Events that Occurred in February

Steve Trimble
Forum Staff

Here are several interesting events that happened in this month over the years. Three of them definitely occurred on the East Side. The first date was made into a movie, Iron Will in 1994. Maybe bring a group together to watch it on Netflix.

February 3, 1917: An estimated 25,000 people braved the bitter cold in Como Park on this day. They were awaiting the end of a 500-mile dog-sled race sponsored by the St. Paul Winter Carnival. Many people walked four miles in knee-deep snow to escort the teams to the finish line. Because of the frigid weather, only five of the eleven teams that started in Winnipeg made it to the finish line. Most of the participants were Canadian. Eventual winner, Albert Campbell, had a French father and a Cree mother and participants were Canadian. Eventual winner, Albert Campbell, had a French father and a Cree mother and Minnesotan Campbell, had a French father and a Cree mother and the dogs were awarded pounds of fish to eat. A fictionalized version of the race was held in 1994. Maybe bring a group together to watch it on Netflix.

February 4, 1911: Pietro Narcuso, a man in his twenties, had been seeing Josephine Cabuzza, a sixteen-year-old, who lived with her family in Swede Hollow. She allegedly expressed love for him and he gave her money and jewelry. Then Narcuso said, “she went to another man and said she did not care for me,” laughing when he demanded the return of the gifts. He bought a revolver and waited until she was alone to shoot her down. He said he was driven to the act by the spirit of the “Italian vendetta,” which says a wronged man can only avenge a wrong with blood. Narcuso admitted his wrong. “I’m glad she’s dead,” he stated. “Now she can marry no other.” He was ready to let the law take its course, adding that he was glad he did the crime and felt “happy and at peace.” It was a community tragedy for Swede Hollow and hundreds crowded in and around St. Ambrose Church during Josephine’s funeral. Many said she was the pride of St. Paul’s “little Italy.” Pietro was convicted of first degree murder but somehow received a pardon during Josephine’s funeral. Many said she was the pride of St. Paul’s “little Italy.” Pietro was convicted of first degree murder but somehow received a pardon.

February 5, 1914: The first school patrol crossing guard in this city happened. If you are one of them please, send the Forum an email.

February 15, 1925: The first ski-jumping hill in St. Paul was constructed in Indian Mounds Park near the intersection of Burns Avenue and Johnson Parkway. It was just in time for the 1925 season and the first sanctioned tournament was held there on this day. The record jump that day was 109 feet set by Anders Haugen. The Hill at Mounds Park was typical of the hills in those days. It was used by the St Paul Ski Club until 1939 when it was destroyed by a heavy August windstorm. As a replacement, a sixty-meter hill in Battle Creek Park was erected for the 1939 St. Paul Winter Carnival. Later that year it hosted the national championship meet and afterward the national ski jumping championships of 1939 were held there. It was torn down in the 1970s.

Any of our readers have any memories of being a school patrol person? If so, send this paper an email at daytonsbluffdistrictforum@gmail.com

February 21, 1921: The first school patrol crossing guard in this city happened. If you are one of them please, send the Forum an email.

February 21, 1921: The first school patrol crossing took place at 3:30 in the afternoon on this day at the intersection of today’s Kellogg Boulevard and Summit Avenue. It was started by Sister Carmela, the principal of Cathedral School. She wanted to increase the safety of children by having older students act as police patrols at busy intersections. The experiment proved to be a success. Similar programs were adopted citywide in 1922 and later in other cities. Eventually the name of the organization changed from school police to school patrol. Frank Hetzner also played a key role in the early years of the school patrol. He introduced Sam Browne belts and organized annual parades and picnics for participants. A patrol member had pledged “to keep myself clean, morally, mentally and physically by being honest, trustworthy, loyal, helpful and brave.” A memorial school patrol flagpole was installed at 200 Summit Avenue in 1973.
Save the date for the Valentine's Day Dance at the East Side Cafe! Dust off your dance moves and join friends and neighbors—all are welcome! Not in the mood to dance? Sing along to songs from the 50s and 60s and before! Either way, we hope you will join us for a delicious meal and great conversation. The dance is Thursday, February 13 from 12 p.m. to 2 p.m. at 463 Maria Avenue, Saint Paul, MN 55106.

Contest : Where in Dayton's Bluff?

Send your guess to daytons-bluffdistrictforum@gmail.com with the location of the neighborhood curiosity pictured at right. The reader who submits the first correct entry will be notified and the winner will be announced in the March edition of the Forum. Congratulations to Sherry Jasper, winner of the October contest with a correct location of Selby Ornamental Iron.

Free Grocery Giveaway

Mounds Park United Methodist Church

Need some free groceries to help get you through the month? Come to Mounds Park United Methodist Church at 1049 Euclid St. on Saturday, February 15. Doors open at 9 a.m. for coffee, pastries and conversation. Food distribution begins at 10 a.m. and goes until noon. First come first served. This event is sponsored by Dayton's Bluff Community Services.

Fix-it Clinics Seek Multilingual Volunteers

Ramsey County

In order to better serve our diverse Ramsey County communities, the Fix-it Clinic program invites community members who speak a second language to consider volunteering for the clinic. Volunteer positions include: sewers for mending blankets, clothing, and other textiles; a fixer for various items such as electronics, jewelry, household appliances, and more; a greeter for welcoming newcomers at the clinics and a runner to help match the individuals to their Fixers.

Those who are interested in volunteering can email FixItClinics@ramsey-county.us or call 651-266-1199.

Ice Castles Open for Viewing

Ramsey County

Have you heard? Ice Castles, a popular winter attraction, will take place right here in Ramsey County this season. The Ice Castles have been constructed at Long Lake Regional Park. Ice Castles is an award-winning frozen attraction located in six cities across North America. The experience is built using hundreds of thousands of icicles hand-placed by professional ice artists. The castles include breathtaking LED-lit sculptures, frozen thrones, ice-carved tunnels, slides, fountains and much more.

“The natural beauty of the park combined with the enchantment of the Ice Castles will be a wonderful event for the residents of Ramsey County and the region. We are excited to host Ice Castles at Long Lake Regional Park,” said Mark McCabe, Director of Ramsey County Parks & Recreation.

Weekday ticket prices for those who are 12 years and older are $12.99 and weekend prices are $17.99. Tickets for those 4 to 12 years old are $9.99 during the week and $11.99 for the weekend. For more information regarding parking and standby ticket prices, please visit icecastles.com/minnesota.

Community Searching for Youth Soccer Coaches and Referees

Faith City Church

We are starting a soccer club for ages 3 to 12 this summer from June 6 to August 1. We need coaches and referees. Come impact a family today by volunteer coaching. Faith City Church is located at 1910 Upper Afton Road in Saint Paul.

MOUNDS PARK BARBER STYLISTS

APPOINTMENTS AVAILABLE TUESDAY THRU SATURDAY

1043 OLD HUDSON ROAD
SAINT PAUL, MN 55106

(651) 771-6980

Judy Lee

Erica Schneekloth
Community Outreach, Owner

(651) 774-8979
eschneekloth@abc-seniors.com
www.abcseniorliving.com
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- Long-Term Care

Call today: 651-793-2100
As kids my brother, Billy, and my sisters had an occasional dog. Except for our Boxer Duke, they were with us for only a week or so. I remember their arrival never due to their breeder brother and I (13 and 12 years old) each received, one Easter, a rabbit—Streaky and Lady Jane. We fed them and played with them—probably for a week—and then threw on observations of who had a gun, who had one flight attendant had recently been fired for talking positively about unions. I won tendants didn’t; one flight attendant went to another in Spanish, “I speak no Spanish.” This from a group of seven or eight high school- or college-aged students who were conversing in Spanish. As a flight attendant, if she passed me alone, I would make a mental note to approach her, accounting for my possible misunderstanding of her words. She shared some of that pain…”It’s in God’s plan, and ‘to others, right?’

I don’t know that it is, but we all need to believe in God’s plan. His answer, though, was that if my friend, at the time, was on a Delta flight from Mexico City to Minneapolis, he had been holding on to hope. I see leaving my young friend’s eyes. His voice is becoming flat, his eyes reflecting a dying spirit. It’s been a long time since I’ve heard him laugh or seen him smile.

Earlier:
On that trip back from Mexico, visiting “family,” I asked the captain of a Delta flight from Mexico City to Minneapolis if he had ever heard of greyhounds. It felt like a nice group of passengers, people were introducing themselves. The man across the aisle from me was from outer Minnesota. White hair and beard, he wore a button down blue denim shirt with AFL-CIO on the breast pocket. He exuded pride and a union spirit. It’s been a long time since I’ve heard him laugh or seen him smile.

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Sage Holben can be reached at daytonsbluffdistrictforum@gmail.com.

View from My Porch: The Feline Relationship’
and select ‘May 2018’; see page 5 for ‘Another View from my Porch: The Feline Relationship’

Sage Holben

February 2020

View from My Porch: A Language We Use

Sage Holben

District Forum Staff

"Too many languages being spoken." This from a young black man whose face and neck were blanket ed with tattoos. The Greyhound bus from Madison, originating from Chicago, was full and I chose the empty aisle seat next to him. He was glaring ahead at a group of seven or eight high school- or college-aged students who were conversing in Spanish. As a flight attendant, if she passed me alone, I would make a mental note to approach her, accounting for my possible misunderstanding of her words. She shared some of that pain…”It’s in God’s plan, and ‘to others, right?’

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Sage Holben can be reached at daytonsbluffdistrict forum@gmail.com.
Training Opportunity - Mental Health First Aid

Allison Lund-Zalewski • Forum Staff

First aid skills aren't just meant for physical wounds or CPR, first aid is also necessary for those who appear to be in a mental crisis. East Side Elders is joining the National Alliance on Mental Illness on February 11 from 8 a.m. to 5 p.m. for Mental Health First Aid - Older Adults.

Learn basic first aid skills needed to help a person who is experiencing a mental health problem or crisis. Learn about common mental illnesses and co-occurring disorders with a focus on older adults. Understanding and recognizing the signs that someone needs help is the first step in getting that person appropriate care and treatment.

Participants will receive a course manual and certificate. This nine-hour workshop is for individuals seeking basic information on geriatric mental health issues and how to help someone in crisis. It is not intended for professionals who have a background in mental health. Participants must be present for entire curricula to receive certificate.

Training is free and lunch is provided by East Side Elders! If you are interested in attending, please join on-line.

Kay King is the Older Adult Program Coordinator and Community Educator for NAMI Minnesota.

King states, “Taking a mental health first aid class is like taking a CPR or American Red Cross first aid class... only this one is for the brain. It’s the curriculum I wish all of us had been offered in high school health class. You learn the basics of adult mental health through the lens of older adults in this version. One in five adults manage a mental illness in a given year and the lifetime prevalence for a mental illness diagnosis is 50%. It’s education you need if you’re a family member, employer, neighbor or part of a faith community. Recovery happens, but we need to learn how to be the bridge to get people the help they need.”

She also suggests that this course would benefit anyone who falls into the categories provided: anyone 16 or older who volunteers with seniors, senior center staff, assisted living staff, nursing home staff, senior housing staff, family members caring for an older adult, health clinic staff, faith community nurses, pastoral staff, transportation workers, etc.

Go to: mhfaolderadults-stpaul2-11.eventbrite.com to register for this course.

The course will be held at 463 Maria Avenue in St. Paul. NAMI Minnesota is located at 1919 University Ave W, Suite 400 in Saint Paul. For more information about the organization and volunteer opportunities, go to: www.namimn.org

Non-fiction Book Review

Crisis of Conscience - Whistleblowing in an Age of Fraud by Tom Mueller

Theresa Wanta • Special to the Forum

If you have high blood pressure, don’t read this book. Initially, it piqued my interest because a friend who was featured in the second chapter, a friend who as a whistleblower saved thousands of lives in Iraq. Then I couldn’t stop reading.

There is a myth that whistleblowers are disloyal, they risk job loss, financial ruin, humiliation because they have an ax to grind and reap large settlements. They can buy truth. They can buy history; you enough money, you can buy the DOJ and the DOE have their backs. There is little account of self-dealing can be exemplified by comparing whistle-blowers are produced by nuclear facilities such as Hanford but suspect contractors know the DOJ and the DOE have their backs. In 1917 civil penalties against nuclear contractors were removed if they retaliated against whistle-blowers.

Financial institutions that violate anti-fraud laws have become too big to prosecute without affecting the national economy. U.S. intelligence is subjected to the influence of corporate contractors. CEOs run many government departments. Crimes by corpora-

tions do much more harm than those by the working class.

Campaign contributions have become shorthand for “bribe”, and “legal settlement” for hush money; you can buy truth.

In the military, the shift from public service to the general media; how political agenda supersedes fact finding, how peer pressure dominates conscience and how money is a motivating force.

Money as an incentive can make good people do bad things. The thing is, if you have enough money, you can buy history; you can buy truth.

This is quite a tome, not compelling and very readable. It was conceived many years before the present administration came to power.
World-Wide Holidays in February

Temperance Brennan
Special to the Forum

Here I am again, hopefully one of your favorite anthropologists. When East Siders consider February they may first think of Valentine’s Day, Presidents Day or the lesser celebration for Groundhog Day. But why not consider learning a bit about celebrations around the world. If you have children or inquisitive neighborhood youngsters, have a little presentation of the ways of Eritrea, have a Lithuanian dinner or find a Netflix movie of Estonia. Or even a Malta expo featuring the country’s famed rabbit dish and the singing “L-Innu Malti,” its national hymn.

This is also your chance to find out why February has fewer days than any other month, unless you already know.

February 2: Candlemas is a Christian holiday in Liechtenstein that commemorates the presentation of Jesus at the Temple, because I don’t think Jesus ever visited Liechtenstein. The day is celebrated as a time of renewal, hope, and purification.

February 5: Unity Day started in 1988 with a vote for the new constitution for Burundi (République y Burundi), a landlocked country of East Africa.

February 8: Operation Fenkil is a celebrated military event that took place in 1990 in and around the coastal city of Massawa in Eritrea. The offensive was conducted against the Ethiopian Army by both land and sea units of the Eritrean People’s Liberation Front.

February 10: Feast of St. Paul’s Shipwreck is the day that commemorates when St. Paul was shipwrecked in 60 AD. This holiday is celebrated in Malta were it is called “San Pawl Nawfragu.” Paul stayed on Malta for three months, healed islanders, and is now the patron saint of Malta.

February 16: Lithuania Restoration of the State Day marks the country’s independence from Germany in 1918. The act of reinstating independence because of the Germans’ loss of WWI the first cabinet of Lithuania as formed regained control over the state.

February 24: Independence Day or Estonian Declaration of Independence is also known as the Manifesto to the Peoples of Estonia. It commemorates the founding act of the republic of Estonia in 1918 after leaving Russia. The declaration was drafted by the Salvation Committee elected by the elders of the Estonian Provincial Assembly.

February 26: Kuwait Liberation Day is the holiday that marks the day when Kuwait was liberated from Iraqi occupation in 1991.

You got somethin’ to say? Say it here!
The Dayton’s Bluff District Forum welcomes all opinions and neighborhood anecdotes – send yours to: daytonsbluffdistrictforum@gmail.com

Opinions expressed in contributed articles may not represent the views of the Forum.


Free Community Family Night

Mounds Park United Methodist Church

Think Hawaii in the middle of a Minnesota winter.

Urban CROSS is hosting a Family Night on Sunday, February 23 from 4 to 6 p.m. We will be showing “Moana” on our BIG screen, providing a “Hawaiian” dinner and giving out Plaza Theater popcorn.

This is a free event. Join us at Mounds Park United Methodist Church, 1049 Euclid St.

Parents/guardians/adults are required to attend with kids and youth. Free-will donations are appreciated.

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Other ingredients were onions, red and green peppers, and there were also photos of the dishes on the north wall. The printed menu was a little unusual and is clean and well lit, with some decorative Asian items on the walls. The Appetizers were spring rolls, egg rolls, and chicken wings. The noodle offerings include Pad See, Drunken Noodle (Pad kee mao). There are also several kinds of curry. Some of the soups are Kuay Jap, Pad Kra Pao, a stir-fried meal. It is sometimes called basil chicken or Pad Na. There are also a few soft drinks, including three that are from Thailand. There is Thai Tea, coconut juice and Mogu Mogu, which I bought. It has lychee juice and includes Nata de Coco, a fermented coconut juice gel that floats in the juice and is chewable. Ser Lo is the owner and greeter. He grew up in a Karen farm family in Burma, the ancestral home of the Karen people. They faced hard times because the new military government would often raid villages, sometimes burning them and sometimes killing the residents. Like many others, Ser Lo and his family fled to nearby Thailand and spent some years learning the food there until finally coming to Minnesota. This is why the restaurant features two kinds of ethnic food.

Karen Thai Food
Phone: 651-771-2078
300 Larpenteur Avenue East
St. Paul, MN 55117
Monday – Saturday 11:00 a.m.-8:00 p.m.
Sundays are closed
Facebook: @serkolo1985Angel1

You may remember that I did an earlier review of May’s restaurant that was here, and a while ago I saw that there was a new name on the sign. Was it just a change in signage or is it a new restaurant? Of course I had to check things out. So I went up 35E and parked in the lot in front of a small strip of retail sites between Wheelock Parkway and Larpenteur Avenue. Walking in, I saw that there were a dozen booths, six tables, and a short bar for single eaters, including me. It is in a smallish area, maybe around twenty-five feet wide and forty feet deep, with a kitchen in the back. It is clean and well lit, with some decorative Asian items on the walls. The printed menu was a little unusual but helpful in my opinion. Available dishes are numbered on the left side page of the menu, and on the facing page, the ingredients are listed. One example is #11 Massaman Curry that consists of garlic, coconut milk, potatoes and roasted peanuts. There were also photos of the dishes on the north wall. Here are some of the items on the menu:

The Appetizers were spring rolls, egg rolls, and chicken wings. The noodle offerings include Pad Thai, Pad See, Drunken Noodle (Pad kee mao). There is fried rice, curry Massaman, red curry and green curry. Some of the soups are Kuay Jap, Pad Kra as well as Pad Na. There are also several kinds of Pho, such as rare steak, meatball and well done brisket. There is crispy fish, too.

I had never eaten Karen food, so I asked the owner to suggest something. He said Pad Kra Pao, a stir-fried meal. It is sometimes called basil chicken or beef or whatever meat is in it. I opted for the combi fried meal. It is sometimes called basil chicken or Pad Kra Pao, a stir-fried meal that I plan to find out what they are. Can any of you readers clue me in? Steve Trimble can be reached at daytonsbluffdistrictforum@gmail.com.