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Find us on Facebook!
The Dayton’s Bluff District Forum’s Facebook page is the place to find and share updates and opinions on what's happening in our community. “Like” us today. Already “Like” us? Invite your friends and neighbors to do the same.

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**Art in the Hollow**

**Swede Hollow Community Fair**

*Free Event Saturday, June 4, 2011, 10:00 am - 5:00 pm*

The Second Annual Art in the Hollow will feature a wide variety of artists displaying their talents, live entertainment, and art work for sale. Some of the entertainers include bluegrass band May North, Queen Nyangasi, Hinong Dancers, and Murph Dowskins singing in the tunnel. Former Swede Hollow residents and Hamm’s Brewery employees will be on hand to share stories of the good old days. All are welcome.

Come and explore historic Swede Hollow Park, named “Best Urban Hike” by City Pages 2010, while admiring and supporting local artists.

Art in the Hollow is presented by Friends of Swede Hollow and made possible in part by funds provided by Metropolitan Regional Arts Council with the support of State Supply Company, University Bank, Greggs Auto Body, Metro Liquor Warehouse, Minnesota Music Cafe, Morellis Market, Mueller Memorial, Dayton’s Bluff Community Council, and individual donors.

For more information, please email Karin@ArtintheHollow.org or call 651-772-2075.

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**Getting dirty for Jesus**

1 By Youth™ helps out in Dayton’s Bluff

On April 30, over 350 young people from all over the Midwest came to Dayton’s Bluff to work on an array of projects. They picked up trash, did landscaping and built boulevard gardens, raked yards, and placed large flower pots in front of businesses – just to name some of their projects.

Despite the rain and cold, most of the projects were completed, except for the exterior painting. A group from Ladysmith, Wisconsin worked on the boulevard project in the Wilson Avenue Block Club area to help beautify the streetscape. They dug out the sod for the homeowner to use elsewhere in their yard. Next they loosened the soil so it was ready for the homeowner to plant. The planting will happen in late May.

1 By Youth™ is part of Group Cares™ (previously known as Group Workcamps Foundation), a nonprofit 501(c)(3) organization that provides dynamic short-term mission trips and service events that help children, youth, and adults connect to Jesus while serving people in Christ’s name. Group Cares trips and events are interdenominational, focusing on the core Christian beliefs that bring the Christian church together.

Since 1977, nearly a quarter of a million participants have grown in their relationship with Christ while providing more than six million hours of volunteer service directly to people in communities.

Thank you to the 1 By Youth™ Program for all the work they completed, and a special thanks to Bethlehem Lutheran Church for hosting the visitors. Finally, a big thank you to all the residents and people in Dayton’s Bluff who helped make this project a success.

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**Dayton’s Bluff Community Council**

798 East 7th Street
St. Paul, MN 55106

**Battle Creek 12U girls state volleyball champs**

Battle Creek Recreation Center twelve-and-under girls’ volleyball team won Best in the State at the state tournament in Becker, Minnesota on May 7.

Amy Koalska, pictured at left, is the granddaughter of Dayton’s Bluff resident Luella Heroff. A trophy was created by Dayton’s Bluff resident Paul Garding and presented to Amy at a morning gathering at Swede Hollow Cafe on May 11.

Amy lives in Oakdale and attends St. Pascal’s School. A number of her schoolmates are also on the team, which is also coached by a St. Pascal’s teacher.
Dayton's Bluff Rec Center
800 Conway Street  651-793-3885

East Side KidVenture SUMMER CAMPS
This program is for youth who live or attend school on the East Side and are in grades 1-5. The East Side Arts Council, Community Education, Parks and Recreation and other community partners collaborate to provide a free 6 week camp program. Camps run Monday–Friday from 10:30am–4:30pm June 20–August 12. Register at Dayton's Bluff Recreation Center or by calling Community Education at 651-487-7383.

Groups: G.I.R.L. (Girls in Real Life)
Girls will meet and discuss issues that are relevant to them, share common concerns and issues. Girls will learn they are not alone and they can empower each other by sharing experiences, goals, hopes and dreams.
Day: Thursday  
Starts: June 23  
Time: 6:00-7:30 pm
Fee: Free  
Ages: 10-16  
Sessions: 9
Dayton's Bluff: 651-793-3885

8th Annual Rockin' Eastside 5k Run / Walk at Lake Phalen
This event is open to runners and walkers of all abilities. All participants will receive a custom T-shirt, plus trophies will be awarded to the top two men and women in each age group and to the overall men’s and women’s winners. Door prize drawings will be held after the race. For more information please call Phalen Recreation Center at 651-793-6600.

- Date: Sunday, July 26  
- Time: 8:30am
- Fee: $20 by 7/9/10, $25 day of race
- Ages: 9-18
- Day: Sunday, July 26  
- Time: 9:30am
- Fee: $15 by 7/9/10, $20 day of race  
- Ages: 3-18

Dayton's Bluff 2011 Home Tour a success
Despite the rainy and cold weather, hundreds of people toured eight homes in Dayton’s Bluff on April 30. Visitors included Dayton’s Bluff residents, as well as people from all over the Metro.
Eagan resident Sandy Scott attended the Dayton’s Bluff Take-A-Hike in May, and says that she attends the Dayton’s Bluff Home Tour every year to see the wonderful homes. Another group from the western suburbs echoed Scott’s sentiment.

The tour featured a variety of house sizes and styles. Visitors admired beautiful woodwork, built-in side-boards, and leaded glass, among other period features.

Some of the homes had as many as 600 visitors during the tour. Thirty-six volunteers made the tour run smoothly; special thanks goes out to those volunteers who return to give their time every year.

Planning for the 2012 Home Tour has already begun.

National Night Out Kickoff Picnic
Start planning your block’s August 2 event now!
The citywide National Night Out Kickoff Picnic will be held on Wednesday, June 8, 2011 at Phalen Park Picnic Pavilion from 6:00 - 7:30 pm. St. Paul residents are welcome to come and get information on the National Night Out planning process.

The information available includes: permits to close streets off, registration forms; and how to request police and/or fire department personnel to attend National Night Out in your neighborhood. National Night Out is on Tuesday, August 2 this year. Some neighbors celebrate with a cookout in a neighbor’s yard; others have a large party in the street with a band. In some areas, National Night Out is the only time neighbors see each other.

The National Night Out Kickoff Picnic features hot dogs, chips, cookies, and beverages – all free while supplies last! You are welcome to bring a picnic dinner for yourself if you prefer.

Register for door prizes at the picnic. The door prize drawing will take place during the picnic, and all winners must be present at time of drawing.

Multiple generations work together on a craft during the 2010 National Night Out on Dayton’s Bluff.

National Night Out
Echoing Scott’s sentiment. From the western suburbs. Another group toured eight homes in Dayton’s Bluff Home Tour a success. Dayton’s Bluff residents, as well as people from all over the Metro.

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Planning for the 2012 Home Tour has already begun.
Socially-conscious Flea Market opens
By Sophie Rodrigues

The new St. Paul Flea and Farmers Market opened on May 6, 2011. It is located at 798 Margaret Street in Saint Paul, next to the Dayton’s Bluff Neighborhood Organization office. The market is open on Fridays from 9:00 am to 7:00 pm; Saturdays 9:00 am to 6:00 pm; and Sundays from 10:00 am to 3:00 pm.

We are a socially-conscious enterprise that is committed to community building by fostering and providing a platform for small business entrepreneurs to find their niche, and their success.

We strive to walk alongside our vendors, and to assist them in building their businesses by pooling their resources and staff that we have.

The largest rental space available on campus is the 317-seat Founders Hall Auditorium. The second largest facility is the 156-seat Great Hall in New Main, which offers 30-foot floor-to-ceiling windows and gorgeous views of downtown St. Paul. But the most popular space is the 96-seat Ecolab Room on the third floor of the Library and Learning Center, which also offers a sweeping downtown vista. Smaller quarters, including classrooms and labs, are also sometimes available.

Many events are cosponsored with a university partner. Such cosponsored events may result in a reduced rental rate. But Kroemer noted that there may still be other costs associated with any on-campus gathering, including fees for tech support, catering, security, janitorial services and parking.

Who or not university cosponsors are involved, Kroemer said those renting space on the St. Paul campus gain access to a valuable community asset.

“In effect, they receive a large number of in-kind dollars for the space they use,” she said. “And if we have the facilities and resources available, we are happy to provide them.”

Harvey Meyer is an Academic Writer/Editor at Metropolitan State.

For some East Side groups and individuals, Metropolitan State University is a hidden jewel when it comes to community meetings and gatherings. Rental space at the university is convenient and affordable.

“We had a very good experience” renting a university facility, said Debbie Norton, executive director of the 35-member East Side Area Business Association. The association is made of dozens of persons and groups who annually lease space at the university’s Saint Paul campus.

A wide range of businesses, nonprofits, individuals and private parties rent Metropolitan State facilities for everything from meetings, workshops and conferences to weddings, proms and birthday parties. A church even hosts weekly services at the university.

“We’ve also had quinceañeras,” coming-of-age celebrations for many young Hispanic girls, said Diane Kroemer, Metropolitan State’s special events scheduler. “They are few and far between, but we’ve been happy to accommodate.”

The university’s space needs come first. But if there are facilities available, Kroemer said Metropolitan State welcomes community groups and individuals.

She noted that the university has a long-established commitment to serve the community.

Kroemer said the many public and private events help expand the university’s visibility on the East Side. She observed that a number of such events bring youth to the Saint Paul campus, exposing them to higher education.

“We’re not an event center,” said Kroemer. “But we are here and willing and glad to help with the limited resources and staff that we have.”
Letter to the editor

Yes, the neighborhood got slapped around again! You may have seen a short article in the Pioneer Press saying that the city and school system were involved in a real estate swap. The East Side Community Center will be given to the schools and the city will get old Franklin School Building.

Once again the city will tear down the area recreation center and the former school building will be leased to the Mount Airy Boys and Girls Club. According to the Pioneer Press, the public hearing “drew no comments about the issue.” So what’s the problem? Once again, even though the city and the schools gain, the East Side again loses something. Here’s some background.

In the early 1980s, the Dayton’s Bluff council wanted to have a community center, since it was one of the only inner-city neighborhoods to lack such a meeting place.

Unfortunately, the powers-that-be at the Merrick Center fought the idea because such a building would be too close to their Railroad Island land location and strongly suggested they would block any money. They would help get a center further away that would be shared by other East Side neighborhoods.

Not having the strength to carry on alone, the council went along with the new plan and the center was located on some empty land abutting Harding High School. Granted, it was not a very convenient spot, but at least it was a place for some meetings. And now even this facility is being taken away. Dayton’s Bluff no longer has even a small share of a community center and is back to square one.

It is disappearing like many of our local schools, recreation centers and churches that went before it. And no one felt it was worth making a comment! When are Eastsiders going to start fighting to keep what little we have left?

G.B. LeRoy
St. Paul

Metropolitan State University announces new art exhibit inspired by Mexican ofrendas
from MSU news release

MSU Gordon Parks Gallery is pleased to present Esperanza. The exhibit, open now, runs through July 28. A reception will take place on Thursday, June 9, from 12:30-4:30 pm. Gallery hours are Mondays-Thursdays, 11:00 am-7:00 pm, and Saturdays, 11:00 am-4:00 pm. The gallery is located in the Library and Learning Center, 645 East 7th Street, St. Paul.

Hope is the Latin word for “Esperanza.” This exhibition is my public version, interactive altars that I will get old Franklin School Building.

Esperanza is a textile installation exhibition by Carolyn Kallenborn of Madison, Wisc. Regarding the work, Kallenborn has said it “was inspired by the improvisational and interactive altars that I have seen during my time in Oaxaca, Mexico. Ofrendas (altars) are found in homes, in cemeteries, in little nooks in the wall or on sidewalks on the street. Milagros are small charms that are left on statues in the churches as prayers for healing the heart, the mind or the body. These physical objects become conscious visual reminders of a person, a wish or a hope. Esperanza means hope. This exhibition is my public ofrenda, or altar. It is a physical manifestation of my wish or desire for healing for myself and our world community. With objects and interaction, I hope to create a place of reflection and memories of those things that are important in life.

In the art world, I don’t believe in having a couple of icons in my life. With this exhibition, I invite others to do the same. In a time of adversity and in desperate situations, sometimes the smallest act, intentionally taken, can help dispel the sense of helplessness.

This exhibition is cosponsored by the Surface Design Association’s international textile conference, meeting in Minneapolis from June 9-12, 2011. For more information about this exhibit, contact Erica Rasmussen, gallery director, at 651-793-1631 or email erica.rasmussen@metrostate.edu.

The Saint Paul Port Authority has submitted an application to the city for demolition of the 3M water tower and Building 24 (the big long building at Arcade St. and Reaney Ave.). Demolition is scheduled for this August.

Editorial

3M Scotch Tape production plant, water tower victims of failed marketing effort

by Jane Prince

Early in May, the Port Authority announced that after a failed marketing effort, it will be demolishing 3M’s Building 24 – known to neighbors as the Tape Plant, along with the landmark 3M Water Tower. For those of us in Dayton’s Bluff who champion preservation of historic structures on the 3M Campus, this was a sad, but unfortunately not surprising, announcement.

Building 24 was built in the late 1940s, the length of a city block, to manufacture rolls of “Scotch Tape,” for which 3M became famous. The size and scale of this factory give it a unique profile in our neighborhood, and one that we hoped could be adapted for office, manufacturing, or even as an annex to Metro State University.

I’m a member of the 3M Community Advisory Task Force, made up of about two dozen Eastside neighbors and business people and public officials, who have met for the past couple of years to hash out a consensus on the future of the 45-acre 3M campus.

“Beacon Bluff – A Next Generation Business Center” was the result of our efforts: An international marketing effort that offers cleared land for new commercial and industrial construction, centered around the restored historic buildings of 3M’s original HQ. Building 21 is the mini-condition Art Deco centerpiece of Beacon Bluff.

Given the Port Authority’s strengths in brownfield clean-up for new industrial development, committee members argued strenuously with the Port to preserve Buildings 14, 20 and 21 for reuse, because of the industrial and community history wrapped up in them. We won a two-year reprieve from demolition of these three buildings.

Unfortunately, the Tape Plant won only a one-year reprieve – which expired in January. The Port plans to demolish Building 24 in August, clean up the pollution and close Reaney Avenue at that site, with hopes of attracting an industrial developer who can use those 12 acres. For many in our neighborhood, the saddest news may be the removal of the 3M Water Tower which, like the Mounds Park beacon, is part of our neighborhood “skyline.”

The good news for history lovers is that the Ironton Asset Fund, headed by St. Paul developers Jim and Rob Stolpestad and their Exeter Realty Company, signed an agreement in September to restore the existing Buildings 14, 20, and 21 into a revitalized commercial, office and industrial complex. Stolpestad and his team, which includes family members of the 3M founders, have been given until year’s end to put the project together. If they can’t meet this deadline, even those community landmarks will likely fall to the Port’s wrecking ball.

The Stolpestads (Jim spent time in Dayton’s Bluff growing up) and their team care about Dayton’s Bluff and in particular, about the 3M history of innovation, industry and world renown. But the clock is ticking on their firm’s ability to find the right tenants and uses for these treasured buildings.

I have a nagging feeling that the Port didn’t try hard enough to find a buyer for Building 24. For example, were Jim and Rob Stolpestad asked to buy this remarkable building? Will the Port coordinate the development of the Tape Plant site to make sure it complements rather than conflicts with Ironton’s ability to be successful?

We seek the Port’s assurance that it is doing everything it can, now, this year, to make Ironton’s vision for the historic 3M Campus a reality. Instead of setting aside money for these buildings’ demolition, let’s ask the Port to apply those funds now for rehabilita-

June 2011
The next Dayton’s Bluff community meeting is Thursday, June 2 from 6:30 to 8:00 pm at the Dayton’s Bluff District 4 Community Council office, 798 East 7th Street. The council holds a community meeting on the first Thursday of most months to work on community issues and let neighbors know about upcoming events. Police and/or code enforcement officers are usually present at the meetings. Bring addresses where problems are occurring and they will check them out. If the addresses are sent to the council officers ahead of time, they can research the issue before the meeting. All Dayton’s Bluff residents are welcome to attend. Complaints can also be made by calling 651-266-8989 or online at http://www.stpaul.gov/index.aspx?nid=1649. Complainants’ names are kept confidential.

Small business classes

The Dayton’s Bluff Neighborhood Microentrepreneur Program is taking applications for the fall 2011 class, which will start in September.

The program helps start-up and young businesses; all East Side entrepreneurs are welcome. The Dayton’s Bluff Community Council and the Neighborhood Development Center have been hosting two such microentrepreneur classes each year since 1993.

Classroom training lasts eight weeks and includes topics such as operations management, marketing, financial management, how to create a successful business and how to prepare a business plan. In addition, each student will have eight hours of one-on-one time with the instructor to work on individual business concepts. Those who successfully complete the course and locate their businesses in target neighborhoods are eligible for ongoing business support services.

The registration fee is based on a sliding scale. Class size is limited, so don’t wait to apply. For an application, see the contact information below.

Meet the police

The Eastern District Police hosts its monthly meetings for community members at 722 Payne Avenue at the corner of Minnehaha Avenue. The next meetings are on Wednesday, June 15, at 6:30 pm, and Friday, June 17, at 9:30 am. The meetings are intended to listen to and address concerns about crime and other issues on the East Side.

Friends of Swede Hollow

Meetings are on the second Wednesday of the month, generally at Water & Oil gallery, 506 Kenny Road, or at members’ homes; call for location. The next monthly meeting is on Tuesday, May 31, starting at 6:30 pm. FOSH is planning work in the park and a follow-up to the second annual Art in the Hollow, which is an art fest that will be held on Saturday, June 4. If you are an artist or know artists who would like to participate in Art in the Hollow, contact us. For more information or for the location of the meeting, email SwedeHollow@gmail.com or call 651-776-6550.

Dayton’s Bluff beat phone

The Dayton’s Bluff Police beat phone, 651-341-7637, is available for residents’ calls. Four officers in two police cars carry the phone from 4:00 pm - 2:00 am. Another police car will have the Dayton’s Bluff beat phone during daytime hours, from 7:00 am - 5:00 pm, many days. What kind of calls should be made to the beat phone? You may call about ongoing problems in the neighborhood; concerns about people in vacant buildings after 10 pm; police-related questions, and so on. If you need police right away or see a crime in progress call 911 or 651-291-1111.

Free Zumba class through EXCO

Zumba Fitness combines fun Latin and International music with unique moves and combinations to create a fun and easy-to-follow workout. Zumba is a “feel-happy” workout that is great for both the body and the mind. Drop in for a FREE Zumba class at the Dayton’s Bluff Rec Center on Tuesdays from 5:45-6:45 pm throughout the summer.

This class, and others, are offered through EXCO: Twin Cities Experimental Community Education. Through EXCO, anyone can take or teach classes, and all the classes are free. See www.excoTC.org for more information.

Tell us about your church!

What is your place of worship up to these days? Is your church, synagogue, temple, or mosque working on a community event? Hoping to grow? Excited about anything happening in the world? Share with the Forum, so we can share with the community.

For more information...

...about anything on this page, contact Karin: karin@daytons-bluff.org or 651-772-2075.

ST. PAUL FLEA MARKET

VENDORS AND SHOPPERS WANTED

www.stpflemarket.com

612-986-4552

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612-986-4552
Discovering a 1921 “Girl graduate”  

by Steve Trimble  
Local Historian and Forum Board Member

Once again, eBay shows that it can be a source for Dayton’s Bluff history. There was a recent listing for a “Girl Graduate’s Memory Book,” from a John son High School student who graduated in 1921. While most people from our neighborhood went to Harding, there was no such school until the end of the 1920s. So I sent an email to the seller and asked the name of the girl; he replied that it was Alice E. Uhrig. The name seemed familiar, so I looked it up on the Minnesota Historical Society website. To my amazement there were four photos of the fam ily and they were ones I helped collect three decades ago. I decided to take a chance and buy it to see if she was part of the Dayton’s Bluff Uhrigs. After the book’s arrival I was happy to find an envelop e inside that showed Alice’s address as 1235 Ross Street, in the far eastern part of our community. The first few pages of the volume revealed that the person who kept the book was the one that the school flower was “the sweet pea,” the motto was “Play the Game,” and, as is still the case today, the Johnson High colors were “Maroon and Gold.”

The book was a wonderful find with a wide variety of information. There were dozens of messages written by her friends and a few teachers. They offer a bit of information about Alice. Some of them mentioned events. Melba Larson jotted down “Say do you remember the time you went to Canoeing out at Phalen and starting going around in a circle,” or Mac Buch saying she “will never forget the mud fight.” Eloise Blod wrote: “Remember the expression and Print ing classes. I sure do.”

On page 59 there is a yellow scrap of fabric with a picture and the notation “remains of my corsage.”

There were many examples of what historians call “paper ephemera” – a concert from a municipal in April 1920, and some four-page sheets called EXTRAS. One of them was humor ously headed “Home Brew Weekly” and contained quips about students, classes and events; a Christmas pro gram brochure; and several leaflets for the Shorthand Effi ciency Club. There were also many newspaper clippings, mostly from sports events. One of them was a photo that showed a firecracker outside the main buildings. These were added because the school, designed for 600, now had an extra 200 stu dents. These were added because the school, designed for 600, now had an extra 200 stu dents. The 1921 class song was pasted in and con cluded with “Farewell, we now must leave thee and our parting causes pain/Fortune wave her banner high/To our dear old Alma Mater and our dear old Johnson High.”

“WELL AL” wrote Fran, “I do hope our school days will not end our good times together. Wishing and knowing that your future will be one of good health, success and happiness.”

Alice Uhrig, who graduated from Johnson High School in 1921, is pictured here as a young woman.
“Bad girl!” ...or perhaps not
Exploring the reasons kids misbehave
by Mary Ann Cogelow

When I was the parent educator in the Early Childhood Family Education (ECFE) Program at Dayton’s Bluff Elementary School, the topic of children’s misbehavior arose in some way in almost every parent discussion. Sometimes adults are simplistic in their explanations of kids’ misbehavior: “They’re just out to get me,” “She’s just like her mother,” “He’s a bad boy,” and the like are explanations I’ve heard many times. While the easy answers may contain partial explanations (although in my opinion “bad boy” or “bad girl” is never the answer), effective child guidance requires much more thoughtfulness and empathy from adults.

Understanding the multitude of possible reasons that lead a child to act in troublesome ways is proactive and can prevent or minimize many instances of unwanted behavior. Such understanding also helps parents choose effective discipline which supports the healthy development of their children.

Because I deeply believe that many heads are better than one, and because I wanted to acknowledge the wisdom parents bring to their roles, I sometimes asked parents to help me develop handouts to remind us of important things to keep in mind while parenting. On one such occasion, I asked parent groups I was leading in the winter of 1980-89 to answer the question “why do children misbehave?” I compiled the responses into the handout below. Although we did this work more than twenty years ago, it is still current. Children haven’t changed. My only editorial comments (in italics) are to clarify resources which may be unfamiliar to current readers.

A Reasonably Complete List of Reasons Children May Misbehave (Not Necessarily Listed in Order of Importance)

By Dayton’s Bluff ECFE Parents and Mary Ann Cogelow

Children misbehave because anticipation of an event can exhaust their ability to stay in control.

Children misbehave because their circadian rhythms are out of sync with the demands of the day (i.e., “morning” children don’t do as well at night; “night” children don’t do as well during the early hours of the day).

Children misbehave if they don’t:
• get what they want
• get enough hugs, kisses, etc.
• get enough chances to be physically active
• understand as much as they need to understand
• know the rules
• understand what is happening
• have enough routine (predictability) in their lives

Children misbehave if they can’t:
• live up to their parent’s expectations
• verbalize their feelings and difficulties easily
• children misbehave because they misinterpret events and situations.
• children misbehave because their parents misbehave.

Children misbehave if they have:
• trouble in their lives
• to wait too long
• too much anticipation
• cabin fever
• allergies
• too much to do/too many pressures (described in The Hurried Child by David Elkind)
• “child-deaf” parents
• a different way of thinking and perceiving than adults do
• tension/stress in their lives
• strong feelings
• problems in school
• poor self-image
• bad moods/bad days
• short attention spans
• poor impulse control

Children misbehave because they act their ages.

Children misbehave when they are:
• not being taken seriously
• trying out new behavior
• in a “cold prickly” exchange (see TA for TOTS and Other. Parenting by Alvin M. Freed)
• getting sick
• tired
• hungry
• striving for independence
• too “low pot” in Virginia Satir’s sense of the phrase (in Peoplemaking, her seminal book about families)
• bored
• overstimulated
• testing
• neglected or abused
• living down to parent’s low expectations
• ignored
• growing and developing
• not eating enough of the right things, or too much of the wrong things

Children misbehave when they feel:
• cheated (broken promises)
• sad
• disappointed
• jealous
• scared
• guilty
• nervous
• anxious
• powerless
• frustrated
• pressure from peers and/or adults
• lonely (miss someone)

Children misbehave if they need:
• more physical/emotional space than they have
• more attention

Children misbehave because they copy adults.

There’s no better time to finish your bachelor’s, master’s or doctorate degree than now

And there’s no better place than Metropolitan State University! We’re right here in your neighborhood and our classes are conveniently offered on campus, online or a combination of both. Visit our Website for a complete listing of over 50 majors and 10 graduate degree programs.

www.metrostate.edu
New University Bank location at 1351 Arcade

University Bank has opened a new branch at 1351 Arcade Street, near Johnson High School. The bank had been looking for an East Side community location for a long time. When the old Rosemont Bank became available, they knew it was the right place. University Bank upgraded the building inside and out, including a new drive-up handicapped-accessible banking service. Besides providing good service to customers, the bank employee's volunteer in the community with such things as Meals on Wheels, Adopt-a-Park, making blankets for family shelters, and food and clothing drives. Bank President James Conrad serves on the board of the Dayton's Bluff Neighborhood Housing Services. Senior Vice President Tammy Klinkhamer serves on the Payne Arcade Business Association. Tammy grew up on the East Side, graduated from Johnson High School and her first job in banking was at Midwest Federal, which was located at the current site of University Bank on Arcade. And now she is back at the location of her first job.

University Bank works with Dayton's Bluff Neighborhood Housing Service and the SHOP (Sustainable Home Ownership Program) on a housing contract for deed mortgage program. On June 29, University Bank will be having a customer appreciation day for customers, family and friends at their newest branch at 1351 Arcade Street. University Bank is part of the Sunrise Community Banks system, offering financial safety and a competitive return while generating positive community impact.

Inside the University Bank on Arcade are: Bank President James Conrad, Head Teller Julie Lor, bank teller Tekoah Whitsett and Senior Vice President Tammy Klinkhamer. University Bank will host a customer appreciation day on June 29 at the newest branch at 1351 Arcade Street.

Vote for the Best Taco on the East Side!

We hope many of our readers will take the time to visit some of our local restaurants and vote on which of them, in your opinion, made the best tacos. These particular places were not chosen in any scientific way; we wanted to have them all within easy reach of Dayton's Bluff residents. Don't see your favorite east-side taco joint on the list? Write it in! We must receive votes (and comments) by June 10. Results will be shared in the July issue of the Forum.

Best East-Side Taco 2011

- OFFICIAL BALLOT -

Please check off your choice:

- Taqueria Bynmore, 870 Payne Avenue
- La Lorna, 927 Payne Avenue--inside Plaza Latina
- Taqueria Los Ocampo, 895 Arcade Street
- Taqueria Pasion, NE corner of Arcade & East 7th Street
- Mañana, 828 East 7th Street
- La Cabana Restaurant, 863 East Seventh Street
- other (write-in)

Add your comments here:

Return ballots by hand or mail to 798 East 7th Street, St. Paul, MN 55106. Or email them to editor@daytonsbluff.org. All votes are due June 10!

ReaLife Cooperative of Phalen Village

by June Bennett, Forum Administrative Assistant

Let me introduce you to real living – mind you, you must be 55 years of age or better to enjoy it.

ReaLife Cooperative of Phalen Village, located at 1355 Phalen, is an independent corporation owned and operated by its residents. When you purchase a share in the corporation and move in, you gain personal tax deductions, lower tax assessments, reduced maintenance costs, and greater resident participation and control.

Cooperative housing provides a unique form of home ownership. ReaLife Cooperative of Phalen Village, an independent not-for-profit cooperative corporation, runs the property, including all land, dwelling units and common areas. Members of the cooperative purchase a share in the corporation, giving them the exclusive right to live in the development as long as all of the obligations of the member to the corporation are met.

We would like to welcome ReaLife’s new manager, Debbie Setering, to the east side. Ms. Setering was raised in Richfield and, with husband Duane, has two grown sons. When I walked into this building, I was greeted with a smile and a warm hello. Debbie’s attitude is full of life and her personality fits right in with this atmosphere at ReaLife. Debbie works hard to match her residents with the best unit for them. So if you like the idea of living it up without the everyday problems of a home, give her a call.

It’s all here for you at ReaLife Phalen Village! Amenities include:

- Balconies
- Cable-ready TV
- Indoor parking available
- Coin-free laundry rooms
- Elevators
- Indoor mailboxes
- Exercise room
- While-you-are-away service
- ...and many more.

You also have the convenience of Cub Foods, McDonald, Wells Fargo, Papa Murphy’s, Walgreen’s, and the bus line, all within walking distance. 60% of the residents are from the east side.

ReaLife will host an open house on June 11 and 12 from 1:00 pm to 4:00 pm, but you don’t have to wait until then to visit. Debbie is in the office Monday through Thursday from 8:00 am to 4:00 pm – give her a call at 651-779-6639.

Dayton’s Bluff District Forum

July 2011

Deadline for material: June 10, 2011.

1. Is debt making your life miserable?
2. Do you want someone to talk to?
3. Would you like to learn about options to help your family?

For a personal, compassionate, no-obligation consultation, call: Brad Perri 612-940-1260

Law firm and helps people file for bankruptcy under federal law.

He’ll also help you think through other debt relief options such as credit counseling, debt negotiation, and financial advising.

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