When you get this month’s Dari-ette at 1440 E. Minnehaha Ave., the oldest continually operating business in Dayton’s Bluff. It has yet another unique feature that surprises anyone who visits there for the first time; in addition to the usual burgers and fries, it has an extensive and delicious home cooked Italian menu. The Italian menu emerged in the mid 60s during the phase when the second generation (John and Lois) took over. Now they make 40 gallons of sauce from scratch every other day they are open.

Home cooked (from scratch) sausage and meatballs, among other ingredients, are available at this Italian family restaurant owned and run by the Fida family for 3 generations. The current owner operator, Angela Fida, known for, as well as the pasta and other items that I have yet to fully explore. I am writing this in mid October, so will have an opportunity to return this month and try something besides my favorite drive-in fare they have in abundance. You can get burgers and fries, ice-cream cones, sundaes, and all the stuff one expects for this kind of stand are simply too expensive so she anticipates that so far. The new computer based operations for this kind of stand are simply too expensive so she anticipates that this month and try something besides my favorite drive-in fare they have in abundance. You can get burgers and fries, ice-cream cones, sundaes, and all the stuff one expects at a drive-in restaurant; and a rich and interesting Italian menu as well.

The place has 29 stands with two-way hard-wired communication and attached food trays, just like the classic drive-in it is. One pulls alongside one of the stands, calls in, places an order from the menu shown on the stand, and a carhop brings it out to your stand.

Ang has a difficult time finding replacement parts to keep all stands in operation, but has managed very well so far. The new computer based options for this kind of stand are simply too expensive so she anticipates that this month and try something besides my favorite drive-in fare they have in abundance. You can get burgers and fries, ice-cream cones, sundaes, and all the stuff one expects at a drive-in restaurant; and a rich and interesting Italian menu as well.

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Ang has a difficult time finding replacement parts to keep all stands in operation, but has managed very well so far. The new computer based options for this kind of stand are simply too expensive so she anticipates that one day most of them will be gone. At that time she will go back to the original two-way carhop who takes your order in person, as well as delivers it to the stand next to your car window.

Lonnie Anderson, the actress who went to Roseville High School, used to come here often; as has Lionel Ritchie and the Commodores, when they were performing in the Twin Cities.

Each summer when classic car buffs gather at car shows in the Twin Cities, including the huge one at the State Fair grounds each June, you will
Dayton’s Bluff Community Meeting

The next Community Meeting is Thursday, November 1 from 6:30 to 8:00 p.m. in the meeting room at the Dayton’s Bluff Community Council, 798 East 7th Street at the corner of 7th and Margaret. The Dayton’s Bluff Community Council holds its Community Meeting on the 1st Thursday of each month. The purpose is to work with block clubs and neighborhood residents on property problems, criminal and nuisance behavior, code enforcement issues and any other neighborhood issues, concerns, or new ideas for improvement in Dayton’s Bluff. If you would like, you can email Karin@DaytonsBluff.org or call Karin at 772-2075 with addresses of problems before the meeting. I’ll have the addresses of problems ahead of time I can get them to the police and NHPD (code enforcement). Then they can bring information about the problems to the meeting. Remember, it’s always on the 1st Thursday of the month. All Dayton’s Bluff residents are welcome to attend. If you need more information email Karin@DaytonsBluff.org or call Karin at 651-772-2075.

Meet With The Police

On Friday, November 16 the Eastern District Police will host their monthly meeting for community members. The meeting is intended as a time to listen to and address people’s concerns about crime and other issues on the East Side. The community meetings are held at the Eastern District police office at 722 Payne on the corner of Payne and Minnehaha Avenues on the third Friday of each month at 9:30 a.m.

Be Your Own Boss

The Dayton’s Bluff Neighborhood Microentrepreneur Class is taking applications for the spring class. This program helps start-up and young businesses on the East Side. All East Side entrepreneurs are welcome. Class room training lasts 8 weeks and includes topics such as operations management, marketing, financial management, how to creating a successful business, and preparing a business plan, plus 8 hours of one on one time with the instructor to work on your business concept. Those who successfully complete the course and locate their businesses in target neighborhoods are eligible for ongoing business support services. Some examples of businesses started by people who have previously taken this course include graphics, landscaping, photography, food service, restoration of wood furniture and works of art, custom floral design for weddings and events, and exterior and interior painting. The course is sponsored by the Dayton’s Bluff Community Council and the Neighborhood Development Center. There is a registration fee based on a sliding fee scale. The next session will start in April. Class size is limited, so do not wait to apply. For an application, call Karin at 651-772-2075 or email Karin@DaytonsBluff.org.

Kerin Was Wrong: It Is Easy Being Green

By Garry Fay

Avid green-space enthusiasts held a series of inaugural meetings recently to assess local interest in community gardening and brainstorm ways to implement shared visions. In addition to local community members, gardening and city planning resources were on hand to provide expertise, including: Mark Granlund, St. Paul’s Parks and Rec Arts and Gardening Program Coordinator; Kirsten Saylor, Gardenerworks: Promoting and Preserving Community Gardening across the Twin Cities; and Jennifer Jimenez, Public Land Trust. Neighbors with a desire for community gardens arrived with visions, ideas and a variety of perspectives, and potential community garden locations for pilot projects were discussed. The first area is vacant land at the intersection of Mounds Blvd. and Pacific Street at the west entrance to Mounds Park. The second location is the little known Skidmore Park located on Fourth Street east of Earl. This location is especially intriguing because of the proximity of several vacant properties.

One idea brought forth by a community member is to work with the city to transition uninhabitable vacant properties into green spaces to ease vacant housing crowding, decrease crime and encourage neighbors to congregate together in the newly formed green spaces. Other locations discussed were the many vacant lots, space around the Mounds Park Maintenance Building and the Globe and 3M properties along Seventh Street.

Join us if you are interested in creating new community green spaces for food, flowers or art. Help change the world one plant at a time by growing more of our own food, feeding the hungry and connecting with neighbors across generations, cultures and languages. Green spaces reduce crime, vandalism, isolation and depression and provide good food, fresh air, sunshine, exercise and even economic growth and jobs.

Whether your garden focus is vegetable, heirloom, flower, butterfly, rain or native, whether you’re passionate about green roofs or seed saving, whether rain barrels float your boat or you just like getting dirty, we want you. Bring your vision and experience to this earth-changing community garden discussion. For more information, call Garry or Karin at (651) 772-2075 or email Garry@DaytonsBluff.org

Knock, Knock. That’s Opportunity Knocking!

Volunteer Editor needed for this paper.
Call 651-772-2075

The Dayton’s Bluff District Forum

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Karin for more info at 651-772-2075

The Dayton’s Bluff District Forum is now mailed monthly to Dayton’s Bluff businesses and households FREE!! Your 5” x 4” display ad gets to over 6500 addresses for only 2 cents per address. Other size ads are also available.

Include the Dayton’s Bluff District Forum in your advertising plans. Contact Karin@daytonsbuff.org or call 651-772-2075

Church Directory

Amazing Grace Assembly of God
1237 Earl St. 651-778-1768
Sun 9:30 am – Sunday school all ages
Sun 10:30 am – morning Worship
Sun 6:00 pm – evening Worship

Hmong Asbury United Methodist
815 Frank St. 651-771-0077

Bethlehem Lutheran Church
655 Forest St. 651-776-4737
Sun 9:00 am – Morning Service
Sun 10:15-11:15 am – Sunday School & Bible Hour
Sun 11:15 – Hmong Service

Faith Temple - Templo De Fe
510 Payne Ave 651-778-6096
Sun 10:30 am – Spanish Bilingual Service
Sun 6:00 pm – Spanish Bilingual Service
Wednesday family night

First Lutheran Church ELCA
463 Maria St, Paul, MN 55106
651-776-2120
1 block North of Metropolitan State
Sun 8:00 am – Free Community Breakfast
Sun 9:30 am – Worship service
Sun 10:45 am – Education for all ages
Handicapped accessible
ALL ARE WELCOME!

Mounds Park United Methodist
1049 Euclid St. 651-774-8736
9:15 am – Sunday School, 4-year-old through Adult
10:30 am - Worship

Our Savior’s Lutheran ‘LCMS’
674 E Johnson Pkwy
651-774-2396
Sunday Worship - 9:15 am
Education Hour – 10:30 am
Wednesday Worship - 6:30 pm

Sacred Heart Catholic Church
840 E. 6th St. 651-776-2741
Sat 4:00 pm – Mass
Sun 9:00 am – Mass
Mon, Wed Fri 8:00 am – Weekday Service

St. John’s Catholic Church
977 E. 5th St 651-771-3690
Mon-Sat 8:00 am – Daily Mass
Sat 4:15 pm – Mass
Sun 9:00 am, 11:00 am – Mass

St. John’s Church of God in Christ
1154 E. 7th St. 651-771-7639
Sun 9:30 am - Sunday School
Sun 10:45 am - Worship
Wed 7:00 pm - Bible Study

St. John Ev. Lutheran
765 Margaret St. 651-771-6406
Sun 9:30 am – Worship
Thurs 6:30 pm – Worship
Welcome to the City of Saint Paul, “Access Saint Paul Corner” by Angela Burkholder

The Department of Planning and Economic Development’s mission is to actively create opportunities and encourage investment for the benefit of Saint Paul residents and businesses, which preserve, sustain, and grow the city's diverse neighborhoods, for more information, please visit our website at: www.stpaul.gov/ed or call: 651-266-6700.

DID YOU KNOW...YOU HAVE TRUSTED HOME OWNERSHIP TOOLS AT YOUR FINGERTIPS! CONTACT YOUR SAINT PAUL HOME LOAN FUND FOR CITY LIVING MORTGAGE TOOLS, FORECLOSURE PREVENTION, REHAB, FIRST TIME HOME BUYER PROGRAMS, AND MUCH MORE! CALL: 651-266-6626.

Anton in Show Business at Mounds in November

Starting Gate Productions brings Anton in Show Business to the Mounds Theatre this November. Jane Martin’s Anton in Show Business takes the audience backstage in a fast-paced and remorseless look into the world of theatre. An all-female cast performs multiple roles (including men) in this meta-theatrical comedy about a self-centered television executive about a self-centered television executive who skewers incompetent productions better is amazing in Saint Paul.

The Three Sisters takes the audience backstage in a fast-paced and remorseless look into the world of theatre. An all-female cast performs multiple roles (including men) in this meta-theatrical comedy about a self-centered television actress, a jaded New Yorker and an enthusiastic ingénue brought together.

Dayton’s Bluff Labor History Talk

Locate historian David Riehle will talk on Labor History on the Bluff on Thursday, November 15 starting at 6:30 p.m. at the newly opened Strip Club (meat and fish) Restaurant at 378 Maria. In times gone by many Dayton’s Bluff residents worked at Seeger Refrigerator (later Whirlpool), Hamm’s Brewery, Saint Paul Harvester Works, Griffin Works, Paper Calmenson, and the list goes on. Plus 3M had a large manufacturing factory here in Dayton’s Bluff. Come and learn more about our labor history.

The Dayton’s Bluff Arts and Culture Committee hosts this and other activities and events to increase arts venues in Dayton’s Bluff. For more information, contact Ann Dammann at 651-793-2105 or email Karin@DaytonsBluff.org.

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Looking for Neighborhood Honor Roll Candidates

The Dayton’s Bluff District 4 Community Council is looking for three people in Dayton’s Bluff to add to the honor roll this year. If you know of someone who has done an outstanding job of volunteer work in Dayton’s Bluff, call Karin at 772-2075 or email Karin@DaytonsBluff.org for more information.

The Saint Paul Neighborhood Honor Roll started in the 1980s and is a listing of Saint Paul citizens who have done outstanding service in their neighborhoods over a long period of time. Each year all 17 District Councils can add three names to the honor roll. Past honor roll inductees volunteered for years at a church or a school, served on their community council boards of directors, block club leaders, led projects like buckthorn removal or spearheaded a community event.

Last year the Dayton’s Bluff District 4 Community Council added Sharon McCoy, Dave Murphy, and Margie Smith for their years of service in the Dayton’s Bluff neighborhood.

The Saint Paul Neighborhood Honor Roll is located in the hallway on the third floor of Saint Paul City Hall. The quality and amount of volunteer time that make our communities better is amazing in Saint Paul.

Happy Halloween

HOLIDAY CRAFT AND BAKE SALE

Cerenity Senior Care - Marian of Saint Paul is holding its annual Craft and Bake Sale on Friday Nov. 16th from 10:00 a.m. to 3:00 p.m. Come and browse and buy a variety of homemade goodies!! 200 Earl St. St. Paul, MN 55106 (Near Mounds Park) 651-793-2100

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New Friends of Swede Hollow Are Welcome

Watch the Glow of the Setting Sun…. is just one of the fun events that Friends of Swede Hollow (FOSH) sponsors. Others include oral history sessions, history tours, and other events that promote Swede Hollow Park. FOSH works on Swede Hollow issues, planning, and plantings, orchestrating a number of clean ups and work days, projects in the park and holds a monthly meeting on the first Wednesday of each month.

FOSH initiated the Lower Phalen Creek Project, a project to extend the Bruce Vento Trail and make the area from Swede Hollow to the Mississippi River a beautiful nature area like Swede Hollow, which is now the Bruce Vento Nature Sanctuary. FOSH started a project in 1998 to save the Hamm Brewery buildings. The brewery is just north of Swede Hollow and the brewery is a beautiful backdrop to Swede Hollow as well as a very important Saint Paul landmark.

FOSH is a nonprofit organization formed in 1994 when a number of interested neighbors from both sides of Swede Hollow came together to discuss our common goals, deep affection for, and commitment to the park, as well as our dreams, ideas, concerns, and the history of Swede Hollow. Other dedicated Swede Hollow supporters have joined the group since then. Many of the members have been involved in Swede Hollow since the early 1970s when Swede Hollow Park was in the early stages of development.

FOSH welcomes new members. If you are interested in learning more about it or have any questions call 651-776-0550 or emailKarinaDuPaul@comcast.net
Dayton’s Bluff History and How It Can Be Found on eBay (Revisited)

By Steve Trimble

Part of researching and writing history is looking for sources and, especially if the work is going to be published in a newspaper, trying to find something to illustrate the article.

Many photos and other visual sources are found in libraries or archives. They can turn up at estate and garage sales. However, in this day of technological advances, researchers can sometimes find useful and unique items on-line. At a recent national historical association convention, someone even gave a paper on the historian and eBay.

I thought it might be interesting to show a few of my own recent finds that illustrate some aspects of Dayton’s Bluff history and, while I’m at it, add a few bits of accompanying information.

Postcards are probably the most frequently posted items that reflect our local history. There are usually a few each month of Indian Mounds Park. I already have most all of them, so they won’t be mentioned here.

There were two postcards I didn’t have in my collection that I did win in a newspaper, trying to find something to illustrate the article. Here is one of them, a 1936 postcard issued for St. John’s Catholic Church Golden Jubilee.

1936 postcard issued for St. John’s Catholic Church Golden Jubilee

The second card I bought is a little different. Rather than being made to sell to the general public, it had a more defined office. It is a shot of St. John’s Catholic Church and School with an insert of Rev. Louis Cornelis, St. John’s first pastor in 1886. It has an inscription on the front that says “Golden Jubilee”, 1886-1936. This of course refers to the fact that the church was celebrating a landmark fifty years of service in Dayton’s Bluff.

I’d never seen this one before so I had to buy it for some local archives. Incidentally, if you want to find out much more about this still-operating institution, you should go to your October 2006 issue of the Forum and see editor Greg Cosimini’s article that detailed St. John’s first one hundred and twenty years.

Now and then I wonder why I buy some things. Last month I saw a listing for a vintage matchbook. Yes, many people do collect them. Not me—at least normally. But this one was for one of the disappeared Bluff businesses. Mother’s Friend Laundry was located for several decades at 743 East Seventh Street. It catered to individual accouterments for washing, ironing and dry cleaning, but was probably placed strategically to get business from the nearby St. John’s Hospital. In fact, just before it closed its doors, it was called “Hospital Linen”.

This paper fragment also speaks to our community women’s history. Numerous females were employed there, as well as the case for almost all such establishments throughout the Twin Cities. As historians point out, for many years women’s work outside their homes reflected their traditional family roles.

Postcard showing downtown St Paul from Dayton’s Bluff, circa 1904

Taking care of children easily translated into teaching, caring for sick people in the home was similar to nursing outside of them. Because of their sewing skills, many women worked as seamstresses while cleaning endless loads of family clothing developed skills that were often used in large laundries that started to appear in the late nineteenth century.

The colorful matchbook, given to some customer years ago, has no date on it but the woman on the front, dressed in a sanitary looking white outfit, has a hairstyle that looks like it is from the 1930’s or 40’s. Perhaps some reader who is a collector might be able to date it.

As some of you readers may recall, I am an avid collector of Minnesota cookbooks. I have donated almost three thousand to the Metropolitan State University Library, where they are now one of their special collections. So usually see what is available on eBay, although with shipping costs, they are usually too expensive for my tastes—sorry, I couldn’t resist this one.

But not long ago up on the computer screen came a volume once sold by the St. John’s Hospital Women’s Auxiliary. I shared a recipe or two from the book, but this one was from 1953 and I couldn’t resist. There are some nice photos of the business, including one of a group of women called the Mother’s Friend Laundry Carnival Club, all dressed up in what appear to be marching uniforms. They are probably employees and are on their way to a Winter Carnival parade or similar event.

Not a lot is currently known about the history of Mother’s Friend Laundry, but maybe other readers worked there or knew someone who did. Let us know if you have any information.

Another somewhat unusual purchase a couple of months ago was a button, not the political type, but one that was created for a neighborhood special event. It is for the Dayton’s Bluff I.O.O.F. Carnival. For those who are not so familiar with older fraternal organizations the letters stand for the International Order of Odd Fellows.

They had a headquarters-pictured on the button-located near Reaney and East Seventh where they met and which was frequently rented out for community events. I haven’t had time to find out about the carnival, but the notation “Aug 5-6-7, 09” is also on the front, so information should be fairly easy to find.

So here’s what you’ve been waiting for—a couple of recipes from the old cookbook. Since it was originally the German-Lutheran Hospital and, since by the time you read this the holiday season will be upon us, the first one should be quite appropriate.

German Anise Cookies

Beat 4 eggs 10 minutes until light brown. Beat 5 minutes more.

2 cups sugar to eggs and beat 5 minutes more.

½ tsp. salt.

2 ½ cups sifted flour

1 tsp baking powder

½ tsp baking soda

1 tsp. anise seed crushed

Beat 15 minutes

Grease and flour pans, drop small amount of dough on pan and let stand overnight. Bake 350 until light brown. They will like two cookies together. Use 3 or 4 cookie sheets, allow to spread. This is a Christmas cookie.

“History” continued on page 5
Greetings from the Council President
By Walter Waranka, District 4 Community Council President

I have stated that we should all try to do more and become more involved in our Dayton’s Bluff neighborhood. I know we can share possible ways you can become a part of or work with the Dayton’s Bluff Council. Please consider this an open invitation to come participate with us. One way is to come to a Community Council meeting. They are held every second and third Monday of the month at 7:00 E. 7th St.

The monthly meetings deal with housing and economic issues that concern our neighborhood. It is also where we consider zoning issues and variances that can make a big difference to the feel of the neighborhood where they would take place. I feel this meeting is the one where you, as a neighbor and resident, can offer a lot of great questions, suggestions and ideas. The second meeting of the month is our business meeting in which we get reports on how we are doing and we discuss new and existing initiatives. It is also where we review other opportunities and financing.

The Council also has a number of committees. You do not need to be a member of the Board to be on a committee. On the second Monday of each month before the general meeting, the Green Space committee meets at 6:00 p.m. This is a group interested in helping keep our neighborhood clean and green.

On the third Monday of the month, before the business meeting, the Arts and Culture committee convenes at 6:00 p.m. As their title suggests, they deal with ideas about bringing more opportunities for our area to grow by sharing the culture of our neighborhood.

On every first Thursday of the month, usually at 6:30 p.m., a Community meeting is convened to discuss crime and housing issues. There is usually someone from city offices, or police department to help deal with these issues.

These are just a few opportunities that your Community Council offers. I hope this encourages you to think about giving your community a helping hand.

Please consider this an informal invitation from me to come and join your neighbors in “Building up the Bluff.”

Don’t hesitate to call our offices and talk to our staff. There is more that we do and other ways you can become involved. Call Karin at 772-2075.

I hope to see you at a meeting soon.

Kathy Lantry for Ward 7 City Council DFL and Labor Endorsed

Kathy Lantry is dedicated to:
- Providing accessibility, service and a full time commitment to serving the people of Ward 7
- Creating responsible and innovative budget solutions to address the city’s financial concerns.
- Retaining and attracting businesses that pay a living wage and are assets to the City of St. Paul.
- Promoting investment in our housing stock so we can maintain our strong neighborhoods.

“1 have had the opportunity to work with Council President Lantry both as a council member and now as Mayor. Her commitment to cooperation and her proven leadership added great value to the city of St. Paul.”

Mayor Chris Coleman

Kathy Lantry is endorsed by:
Watch the Glow Was Glowing Success

Green Historic Preservation
By Angela DuPaul
I attended the recent 2007 National Trust Conference here in Saint Paul and two sessions on “green” energy as it relates to historic preservation. Of course preservation has inadvertently been ecolog-ical all along: it’s all about reuse. The hot phrase this year was “embodied energy.” Energy that was used creating a building decades ago can still benefit us today. On the other hand, demolishing a building throws away that energy. On top of that you have to expend more energy creat-ing a replacement building. Wasteful. One presenter said 1 brick is equal to 1 kilowatt hour. He was involved in the rest-oration of a small lighthouse in Rhode Island. To equal the embodied energy in the walls of the lighthouse, a wind tur-bine generator would have to spin con-stantly for 64 years! That said, old buildings have been as-sociated with wasteful energy consump-tion (rightly so). The emerging trend is to retain the embodied energy of an exist-ing building and to maximize its energy efficiency through insulation and system upgrades. The old and the new merge to create something superior to both new construction and traditional aesthetic rest-oration. One developer in Utah special-izes in restoring old buildings, making them “green,” then using them as afford-able housing: three good things.

The presenters talked about the “build-ing envelope.” That is, the existing shell of a building which can house more effi-cient interior using “new” technology. The envelope is made tight (no wind whis-tling through), then the inside is redrawn using efficient HVAC, low-VOC materials and finishes, photosynthetic arrays cleverly positioned so as not to mar the historic façade (sitting low behind a parapet wall for example), water-conserving bathroom fixtures, low-e double pane windows that are sized appropriately for the existing openings, Energy Star appliances, etc. One restoration project profile has been retrofitted to use geothermal temperature control (possible because of an adjacent empty lot).

New buildings are getting LEED cer-tification. Remarkable. In fact it goes a step further with the new LEED-ND stan-dards which dictate smart growth as well as green buildings. We are happy to see per-efficient building in the middle of no-where if people have to burn lots of en-ergy getting to and from it? LEED-ND gives points for energy-efficient build-ings that are also located near public tran-sit and basic amenities. Historic buildings often have a leg-up on that score. It was so nice to see historic preservation, environ-mentalism, and affordable housing advocacy working as a team.

Got Curb Appeal? By an 8th Street Resident Your house looks just okay from the street, but you’d like people to go by and say “wow!” How do you do that? Here are some suggestions.

• Change the color of your front door; Burgundy, black, white, dark green or deep red are popular.
• Add shutters or repainting existing ones; usually the same color as the front door.
• Pressure wash the siding if it’s dirty.
• Paint the house or at least the trim; Color should work well with the shingle color.
• Add plastic edging around landscaped beds; deep colored chips available.
• Add low voltage lighting by entrance.
• Clean windows; Make it sparkle.
• Add flowerboxes: Fill with evergreen and say “wow!” How do you do that? Usually the same as the front porch.
• Trim bottom branches from trees so house is visible from the street.
• Trim dead tree limbs or limbs that are close to roof.
• Mow the lawn, get rid of weeds and fill in any bare spots with seeds.
• Replace torn screens.
• Spray paint the mailbox.
• Replace hardware including door handle, kick plate and house numbers.
• Buy new lighting fixture at door entrance.
• Build a front porch, lawn furniture is an inviting addition to the front porch.
• Clean windows; Make it sparkle.

What Do I Do With All those Leaves? “Ecologists say leaves, grass, and dog droppings pollute city lakes and rivers” - Fish and Wildlife Today webzine- Spring 1997 Farmers and livestock operators tend to receive the bulk of blame for dirtying Minnesota’s lakes and rivers whose many virtues include providing habitat for fish and wildlife. In some cases this criticism is justified. According to the federal En-vironmental Protection Agency, agricul-tural fertilizer, herbicides, pesticides, and livestock waste are major contributors to water pollution. Yet what’s less known is that city folk do their share of mucking up lakes and rivers, too.

The biggest problem, says Wayne Barstad, an ecologist with the DNR Eco-nomical Section in St. Paul, is the buildup of organic materials such as leaves and grass clippings, which move from lawns to streets to gutters, and even-tually flush untreated into lakes and riv-ers.

As they decay, grass and leaves re-lease phosphorus, which increases al-gae growth,” Barstad explains. “When al-gae populations explode, they form a algae die and decay, they use up oxygen needed by fish and other aquatic life. “Organic material from yards is the num-ber one pollutant in urban lakes,” Barstad says. “The cumulative effect is like a fac-tory dumping waste right into the water.” Leaves and grass turn out to be eco-logically harmful as chemicals and other contaminants.

Please be a good neighbor. When you put your leaves into the street, you in-crease pollution of stormwater, add to slip-pers.

Road to Recovery By Peter Breitholtz The road to recovery for many fortu-nate people begins in the Dayton’s Bluff community. On Wakefield Avenue sit twin houses, home to groups of men and women being tested by the real world, fresh out of treatment for sub-stance abuse. The two homes have exis-ted in our community since January of 2005. Owner Callan Crawford provides liv-ing space for individuals in recovery from drug and alcohol abuse which collectively forms therapeutic communities.

Currently, there are men and women liv-ing in the homes who normally reside in Boston, Philadelphia, New York, and Chi-cago. Of course there are also a number of Minnesotans in both homes, both in-state and out-state. Twenty-eight day stays in Hazelden or other treatment fa-cilities precede many of these individual’s journeys at the Stepping Stone Recovery homes.

These small dynamic communities are managed and supported internally. Live-in managers who are also in recovery keep residents on track by enforcing rules and inspiring residents to work a “strong pro-gram.” A strong program for the Dayton’s Bluff individual includes keeping a clean room, carrying out weekly chores, holding a full time job, maintaining contact with a sponsor, and doing ser-vice for other people in recovery. Resi-dents hold each other accountable by other weekly meet-ings held in the house at which they “check in” with the group and voice con-cerns.

The Twin Cities has a rather large sober community and many sober homes. What sets the Stepping Stone Recovery homes apart from others in the Twin Cities is the high set of standards that are upheld within them. The homes are clean, warm, and friendly places, yet maintain a certain se-rious tone that is beneficial for people get-ting sober. They are sanctuaries of truth sustained by residents’ beliefs in a higher power and maintenance of a “strong pro-gram.”

Organized fellowship also exists bet-ween the homes and the greater sober community in St. Paul. Annually, the homes host a barbecue open to members of the Twin Cities sober community. This past May eight five recovering individuals also attended the barbecue at which there was an open discussion AA meeting held on the front lawn of the homes.

The Stepping Stone recovery homes have truly a positive presence in our com-munity. Besides supporting the local economy, residents often share fellowship with neighbors, and provide a good ex-ample of sober fraternity and simply sober living.

By Karin DuPaul
The third annual “Watch the Glow of the Setting Sun on the Red Brick Brew-ery” event started in Swede Hollow Park on top of “Swede Hollow Henge” (the stones on the rise between the Dreywe Lane Tunnel) around 6:00 p.m. on September 28th. About thirty Friends of Swede Hollow members, neighbors, former Hamm’s brewery workers, former Swede Hollow residents, and others attended the event.

Naomi Chu, Executive Director of the Asian Pacific Culture Center, described their plans to renovate some of the Hamm’s Brewery buildings. Photo by Karin DuPaul

Naomi Chu, Executive Director of Asian Pacific Culture Center, started off the evening with information about their wonderful plans to renovate some of the Hamm’s Brewery buildings into their culture center. The architect for the project was on hand to talk about the plans. Everyone was very impressed with the culture center and look forward to having them in the Hamm’s Brewery buildings.

The celebration picnic followed the sun setting. The evening was filled with great Brewery and Swede Hollow stories, and music courtesy of Joe Sanchelli.

The event was a great success with lots of great conversations and good food thanks to Andy Twedt, Morelli’s, Culver’s on Old Hudson Road, Rainbow on Arcade, and Cub in Sunray. Friends of Swede Hollow are already talking about next year’s “Watch the Glow”.

By Peter Breitholtz
Watch the Glow Was Glowing Success

By Karin DuPaul

November 2007

Dayton’s Bluff District Forum

Watch the Bluff
Join A Walking Club

Dayton’s Bluff is forming its own walking/hiking club.
Topical walks feature history, architecture, health, weight loss, etc. The Seaside Gang (Seasonal, La-ka Cabin Fever), neighborhood watch - for safety and security, Walk to School, Walk to Work - alternative transportation, and more!
Meeting Tuesday, November 20 at 7:00 pm at the Dayton’s Bluff Council office at 798 E. 7th St. (corner of Margaret St.)
Call 651-772-2075 or email Garry@DaytonsBluff.org for more information.

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Parents Play a Role: Communicating with the School and Supporting Homework

By Mary Ann Cogelow

The role of parents in the school success of their school-age children is a huge and important role. As I begin writing this article I have a three-inch deep stack of articles on the subject in front of me. Clearly one could write a book, but given the limits of time and space, I’m going to limit myself to talking about two of the ways parents can support their children as students.

One of these is by getting to know people at the school – most importantly the child’s teacher, but also the principal, the school secretaries, the custodians, the school nurse or any of the many others who interact with their child in the course of a day or a week. Parents can take advantage of school special events and open houses to meet and introduce themselves to the school staff that interacts with their child. They can ask the teacher how and when he or she would like to hear from the parent about things at home that might affect the child’s school life. Parents need to share with teachers events in the child’s life that have the power to affect the child’s learning – the arrival of a new baby, the death of the family dog, a chronic health condition, anything that could affect the child’s ability to get the most out of school. Parents can help improve their child’s learning as well. They can ask the teacher how or when he or she would prefer to communicate – with a note? call? email? brief meeting?

Because parent-teacher communication is such an important part of helping children achieve, the Saint Paul Public Schools have scheduled conference days in November and March. At these conferences, the parent teacher team can meet and each member can share his or her expertise in figuring out how best to help the child learn and grow. These conferences will probably be most effective if parent and teacher are already acquainted and each member can share his or her experiences will probably be most effective if parent and teacher are already acquainted and each member can share his or her experiences.

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A Christmas Story Returns to the Mounds

Create or continue a holiday tradition at the Mounds Theatre. A Christmas Story is appropriate for all ages. Tickets to the play make a great gift for those “hard to buy for” individuals on your shopping list. Purchase your tickets now. Don’t delay and be disappointed.

Performances

Fridays, Dec. 7, 14 & 21 and Saturdays, Dec. 8, 15 & 22 at 7:30 p.m.
Sundays, Dec. 9, 16 & 23 at 2:00 p.m.

Tickets

Ticket prices are $15 Adults; $10 Student/ Senior (55+); and $5 Children (12 and under). Advance purchase group discounts are available.

Visit www.moundstheatre.org for an order form or call 651-772-2253 and leave your name and number. Someone will call you back to take your order.

Tickets are available under (ie). Advance purchase group discounts are available.

House Building for Rent

The Church of St. John at 977 E. 5th St. has its school available for lease. If interested, please contact Deacon Terry Schneider at 651-771-3690.

Food Giveaway

The Food Giveaway takes place on the third Saturday of the month at Mounds Park United Methodist Church, Earl and Euclid Streets. Doors open at 8:30 a.m. The Food Giveaway is from 10:30 to 11:30 a.m. Come and receive a free bag of food, no questions asked.

Listen to music while you wait. Communion is served at 10:00 a.m. for those who wish to participate. Call the church at 774-8736 for more information.

Dayton’s Bluff District Forum

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