

## Meet NancyLee Dahlin — East Side Elders' Executive Director

Mark Gallagher

NancyLee Dahlin's first major job was working as a development director of programs in the public relations department for a nonprofit. In that position, she learned how to properly write goals and objectives, budgets, and how to pull together all the things her position required. "We had a fabulous board," said Dahlin, "The board consisted of 3M, H.B. Fuller, and Deluxe Corporation. I learned from those guys, and I consider that training my master's degree in understanding how business works with nonprofits."

When Dahlin held the position in the public relations department, one of her tasks was to write a grant, but she had never written a grant before. So, she took a class from a group called the Grantmanship Center and learned about budgets and what grants are supposed to do for an organization. "Taking it from there," Dahlin said, "I wrote a bunch of grants and became pretty successful at it, and one grant that was presented to me was for a new facility they were opening up and also starting a program for the community that would be called 'Adult Day,' and I was fascinated by the idea of it. So, I wrote the grant, and by the time I was finished writing it, the people who asked the grant to be written, asked me to take the job, which was the director of the program and starting it from scratch."

Dahlin said that Adult Day programs were hard to start because no one understood them, and so they were battling that. It's hard, and it is a constant strug-

gle when your own organization doesn't understand the concept. She ended up going from opening up that first adult day program where Dahlin was there for two years to Highland Park where a nursing home wanted to start an adult day program, so she opened up their program and was with them for 15 years.

In August of 2022, NancyLee Dahlin started her journey as the Executive Director of East Side Elders. "My intention," Dahlin said, "was to never come to work at East Side Elders because I was going to finish with Adult Day at the Salvation Army (it was called Adult Day Care until the mid 1990s when the term 'Care' was dropped because it was determined to be childish, and someone was offended). But her situation was changed by a single phone call.

"The Chicago headquarters of the Salvation Army asked me to be a mentor/facilitator for their last remaining Adult Day program in this area of Mason City, Iowa. I was getting in my car to go down there for three days of meetings, when my phone rang — the caregiving phone. It was Janet Golden, then the Executive Director of East Side Elders, and she said, 'I want you to know, I just got your resume.' And I said, 'I don't know, I didn't send it out to you.' Then Golden said, 'It came from another Block Nurse Program, and you would be perfect to work here.'"

So, Dahlin accepted the position because she saw the opportunity and the great need here on the East Side. She likes to say that she has an affinity and a connection with the elderly population. The day she started, she found out she had no staff, no volunteers, and, as she also found out, East Side Elders had just lost an \$80,000 grant from the Department of Human Services — NancyLee Dahlin had her work cut out for her.

See Elders, page 2



NancyLee Dahlin

NancyLee Dahlin, the new East Side Elders Executive Director.

## Summer Starts with Art on the East Side

Benjamin Mason

As nature comes into bloom, the summer will once again begin with art filling in the space around Swede Henge for the annual Art in the Hollow community arts festival on **Saturday, June 3**. Festival tents will be set up and ready for visitors by **10 a.m.**, and the celebration to open summer will continue until **5 p.m.** Over 100 local artists of all ages and backgrounds will be showing and selling their art along the pathways of Swede Hollow Park, stretching from the Saint Paul Brewing patio down the path toward the historic 7th Street bridge.

Art in the Hollow has been celebrated on the East Side for 14 years. It is unique among Twin Cities festivals for its blending of arts, nature, history, music, food and community. As vast and inviting as Swede Hollow Park is, it is a hidden ravine, and the festival invites people to discover the surprisingly verdant pathways, architecture, and history of one of St Paul's often overlooked historical treasures. Along its pathways, a visitor can find uncovered foundations of early settlements, and the history booth is there to interpret the past with pictures, memorabilia, and memories.

Art is the focus of most of the tents, and festival goers will find everything from

abstracts to knick knacks; landscapes to ceramics, and everything in between. Local artists include first time youth participants and seasoned veterans. Part of the fantastic nature of Art in the Hollow is being able to walk along the river overlook and visit, side by side, paintings, jewelry, wood carving, and products that run from the imaginative and fantastical to the practical.

Any visitor struck with inspiration to join the art is welcome to do so. From noon to 4 p.m., the Plein Air painting will be in full force, centered on the Swede Henge monument in the festivals' center and radiating outward to whatever corners of the park artists are eager to travel. Anyone may bring their own painting supplies, or purchase a basic set at the festival. All of the activities are designed for accessibility for different age groups and skill levels.

Like any good summer festival, music and food play an important role. The music stage will be stationed at the center of the festival, and food trucks will be stationed near Payne Ave. The noteworthy St Paul Brewing patio will also be available with their usual upscale pizza and dining options near the entrance to the park.

Art in the Hollow is easy to access from the big parking lot on Minnehaha Ave near the old Hamm Brewery complex. Expect to do a little walking, but take a leisurely pace to enjoy all that the art and festivities have to offer.



## St. Paul Farmers' Market at Union Depot Shop Local for Spring

Visit St. Paul

Ready for summer? The Saint Paul Farmers' Market will be popping up at Union Depot. Grab a friend and shop fresh spring favorites!

Come get lunch from food vendors, grab a recipe card with directions using items from our vendors, and support local.

This is a free event to attend and is inside the Head House of Union Depot near Station 81 Restaurant. Union Depot, 214 4th St. E. St. Paul. Questions? Contact 651-202-2700.

Upcoming dates: June 3, 4, 10, 11, 17, 18, 24, and 25.

## Grand Old Day is Back June 4

Jennifer Gascoigne

It's been a few years in the making, but Grand Old Day is officially back, and you can be a part of it on **Sunday, June 4, from 9 a.m.-5 p.m.**

Grand Old Day is a 100% volunteer-run event, showcasing the best of the neighborhood and surrounding area's cuisine, shopping, and tourism — all along St. Paul's historic Grand Avenue.

The beloved street fair began back in 1973 and invites the community together

to enjoy the many small businesses that call this neighborhood home with shopping from local vendors, food, beverages, and activities for all ages and species (well-behaved pets are extremely welcome).



Activities include a Fun Run, which for a fee of \$25, gets you a two-mile run, commemorative t-shirt, and unlimited bragging rights (visit [grandave.com](http://grandave.com) to register). If running isn't your cup of (iced) tea (hey, this is a summer event, after all), you can kick off your Grand Old Day experience with the Grand Avenue Business Association's (GABA) parade, which is the official start to the day's festivities at **9 a.m.**

If running isn't your thing, grab a treat, a beverage, and your leashed dog, iguana, pig, or other animal buddy and enjoy live music all along the avenue.

For more information on vendors and attractions as it becomes available, visit the Grand Old Day page on Facebook, [facebook.com/Grand.Old.Day.mn](https://www.facebook.com/Grand.Old.Day.mn).

See you on the Avenue!

Photo provided by Grand Old Day Facebook Group

## Elders

### Continued From Page 1

When Dahlin first started writing grants, she swore that she would never work for an organization that was funded mainly by grants, but here she is at East Side Elders, which is funded mainly by grants. "We get funded by grants from the state," Dahlin said, "and the Title 3 is from the federal government. The position of the person writing the grant is to understand and know what the grant is about and be able to interpret the instructions while putting it together. There could be a number of reasons why a grant is rejected. If you miss one section, some grantors will push you out. So, even if we have been restating it for years, and even if the need is so great, the grantors will still reject the grant if there is one thing wrong."

According to some statistics Dahlin saw, there used to be 150 or so volunteers before she started work as the Executive Director. There were a lot of drivers, many people who did basic chores, and others who just helped out where there was a need. But, because of COVID, East Side Elders and a lot of other organizations that serve and support seniors and depend on volunteers, were hurting because they

lack volunteers. "And, also because of COVID," Dahlin said. "I think we lost a lot of volunteers because the seniors didn't want to come out of their houses, and the 'baby boomers,' also known as seniors, are usually the ones who volunteer."

The Block Nurse Program was started by two nurses in the St. Anthony area as the "Living at Home/Block Nurse Program" in 1981, who saw a need in their community because their senior neighbors needed just a little extra care. Being nurses, that's what they do, and then they thought, how can we do this in other places? That's how the network started forming, and now they are all over the state. East Side Elders is the largest Block Nurse Program in the metro area.

The following paragraph is taken from The Living at Home Network webpage:

The Living at Home Network (LAHN) program model is rooted in work with elders, their caregivers, home health and senior-serving organizations, and Minnesota communities. Citizens come together to do the hard work and organizing needed for developing this local, volunteer-driven model.

Dayton's Bluff Seniors (DBS) Living at Home Block Nurse Program started in 2008 to serve seniors in the Dayton's Bluff area. In 2015, it was approached by leadership from Payne/Phalen Elders, another Block Nurse Program to share of-

space and possibly consider merging, but nothing ever materialized. DBS was renamed East Side Elders to better serve the Dayton's Bluff, Payne-Phalen, and Conway-Battle Creek communities.

"It's one of those programs again that relies on funding," Dahlin said, "because there is a lot of undercurrent money that is needed, especially with their licensing, their liability, and how do you pay for some of the basic supplies you need, like foot care? There are supplies that are needed to do that; how do you pay for that, and if you don't work with student nurses, how do you pay for the nurse? I see it as a win/win situation for both sides. I'm not kidding because I've had that 'ah ha' moment when I said, 'You mean the student nurses are free?'"

"It's wonderful to work with student nurses and teach them how to work with the elderly because a lot of times they go to work in the hospitals, and they go into the more polished areas. It's working out in the community and breaking any prejudices and biases they have about the elderly. So, it's a great opportunity for the student nurses. Through the school, they have to do so many clinical hours in the field. When the student nurses go into a hospital, they are just following more experienced nurses and get all the grunt work; when they come here, the student nurses actually work with the elderly people one-on-one."

Seniors can request services at East Side Elders just by calling, and they have gotten calls for some unbelievable things. If they have the ability to help them, East Side Elders will help the seniors. The scope or mission of the organization is to keep seniors in their homes — their home of choice, and sometimes it could be as simple as shoveling a sidewalk. If they don't have a volunteer to shovel, who would be the next person? Sometimes that will go on to a staff person, but at times they don't have a staff person who will do it, and sometimes there is a real need to find out who will do these things.

"East Side Elders has many programs for seniors," Dahlin said, "but the ones that do the most good are the 'Wellness Clinics.' We are looking at the senior's health and that will help them stay in their place longer, then we can reach out in other areas that they may need."

"I would say as a nonprofit, what we have experienced through COVID," Dahlin said, "and coming out of it now, all the nonprofits have been hit in one way or another: with the loss of volunteers, with refiguring out of services and programs. I think, that out of this, we will become stronger, wiser, and we will be able to do more in the long run. We are going to survive and get stronger and do more for our people."

### Friends of Swede Hollow

The mission of the Friends of Swede Hollow is to protect the natural beauty of Swede Hollow Park and remember its past.

Friends of Swede Hollow will hold their monthly meetings on the third Tuesday of each month. For more information call 651-776-0550

The next Friends of Swede Hollow meeting will be held on **June 20**.

Preliminary plans for 2023 events in the Park will be discussed. The Friends of Swede Hollow Facebook Group is an excellent resource for Park updates and neighborhood events.

For more information, email [karindupaul@comcast.net](mailto:karindupaul@comcast.net) or call 651-776-0550.

### Dayton's Bluff District Forum Board Meeting

The *Forum* is seeking writers and help with online content, idea generation, and ad sales — join us at our next meeting on **Friday, June 2 at 11 a.m.**

If you'd like to attend, call 651-776-0550 or email [daytonsbuffdistrictforum@gmail.com](mailto:daytonsbuffdistrictforum@gmail.com) for more information.

We are currently meeting at the Dayton's Bluff Library.

### Metro State University On-Campus Open House on June 1

Join Metro State on our Saint Paul Dayton's Bluff campus for this exciting opportunity to learn more about our affordable and flexible bachelor's degree programs!

**On Campus—June 1 from 5–7 p.m.**

Speak with faculty and advisors, tour campus, learn about financial aid, and dis-

cover how you can get college credit for what you already know. You'll get the answers you need to find, fund, and select the right degree program for you. Sign up today at [metrostate.edu/openhouse](http://metrostate.edu/openhouse).

### Police Community Meetings

The Eastern District Saint Paul Police hosts their monthly meetings for community members at the Eastern District Police Office at 722 Payne Avenue, on the corner of Payne and Minnehaha Avenues.

The meetings are intended as a time to learn, listen, and address people's concerns about crime and other issues on the East Side. Policing meetings are held at **9:30 a.m. and 6:30 p.m.** on the third Tuesday of each month. Bring your neighbors!

Call or email Robyn at 651-266-5580 or [robyn.brewin@ci.stpaul.mn.us](mailto:robyn.brewin@ci.stpaul.mn.us) to ensure the meetings have not been canceled.

### Family Homeless Prevention Assistance Program

Family Homeless Prevention Assistance Program (FHPAP) funds can help single folks, too.

Here is a list of agencies that help with deposit and/or rent assistance through FHPAP:

Neighborhood House: 651-789-2500  
MN Community Care: 651-266-1290  
American Indian Family Center: 651-793-3803

CLUES: 612-746-3550,  
YMCA: 763-493-3052,  
Face-to-Face: 651-224-9644

### New National Suicide

### Prevention Hotline Number

988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline. Text or Dial. 988 just launched as an alternative to calling 911.

### Xcel Phone Numbers

Gas Leak: 800-895-2999. Power Outage: 800-895-1999 .

Call 811 before you dig: Before starting that roto-tiller or heaving that shovel into the ground for *anything*, call 811. At no charge, Xcel will have a trained technician check the area on your property or on the boulevard to make sure there are no wires, pipes, other hidden surprises in the designated digging area. Usually, someone checks within a day, marking the 'no-dig' area with painted lines...and everyone is safe!

### Dayton's Bluff Community Council Board of Directors Meeting

The Dayton's Bluff Community Council is inviting everyone to attend the Annual Meeting on **Monday, June 19, from 6:30 to 7:30 p.m.** at the East Side Enterprise Center at 804 Margaret Street.

Come meet your neighbors, share your ideas, hear from others, and elect board members. Your voice matters!

Welcome address from the Board President, remarks from other local officials, open discussion with your neighbors, and board members. Looking forward to seeing you and serving your neighborhood needs. All are welcome.

### Free Legal Services for Low-Income People

Call Southern Minnesota Regional Legal Services at 1-888-575-2954 or go to [smrls.org](http://smrls.org) to see if you qualify for free legal assistance with: family law, government benefits, housing, education, seniors, and more. You can also call if you're behind on your bills, having problems with credit or creditors, or have other civil legal issues, etc. If an interpreter is needed, SMRLS will provide one.

Hours: **Monday through Friday, 9 to 11:45 a.m.; 1 to 3 p.m.**



**THE HISTORIC  
MOUNDS  
THEATRE**

June 30, July 1, 2, 6, 7 & 8: *The Crucible*. All performances at 7:30 p.m. except Sunday July 2 at 2:30 p.m. and an added matinee on Saturday July 8 at 2:30 p.m. See Mounds Theatre website for more details and tickets as information becomes available.

Visit [moundstheatre.org](http://moundstheatre.org) to purchase tickets and get more information on upcoming events.

The Historic Mounds Theatre is located at 1029 Hudson Road, St. Paul, MN 55106; 651-772-2253; [historicmoundstheatre@gmail.com](mailto:historicmoundstheatre@gmail.com)

### Community Garden Plots Available

Skidmore Park Community Garden has 24 raised bed plots that are available to the public. Located near Earl Street and East 4<sup>th</sup> Street. Cost is \$20 per season. Grants are available. For more information or to request an application, email Steve at [SkidmoreGarden@gmail.com](mailto:SkidmoreGarden@gmail.com).

## May I Please Earn Your Vote?

Alexander Bourne

My name is Alexander Bourne (He/Him/His). I am the Founding Principal at Jostle Photography, Bourne Strategies, and Minnesota Rapid Response Coalition. My work includes facilitating the formation of successful businesses and community partnerships. I offer strategic advice to small businesses and local governments on sound policymaking and communications.

I am a veteran community organizer. I am committed to eliminating racial, gender, healthcare, housing, climate, educational and economic barriers, while working collaboratively to create inclusive solutions. My work is driven by the challenges of our community. I understand how to conduct big business. I am ready to do business on behalf of all St. Paul residents. That includes supporting a budget that centers community members and adequately funds our 12 departments.

I am the leader in this race that has the fortitude, transferable skill sets and lived experiences to best add value to the East Side and St. Paul. I have already been adding value to neighbors on the East Side, in St. Paul and throughout the region for many years. I am ready to add value at a different level. I cannot promise you that I will lower your property taxes. That said, when I tell you that I am going to pay close attention to how your tax dollars are spent, I mean it. When I tell you that I will continue building coalitions to fight for what's right, I mean it. When I tell you that I will continue mustering resources for all residents, I mean it. Saint Paul will become a better place to live if you allow me to serve you.

I am running for St. Paul City Council - Ward 7 to represent every East Sider and to add value to the overall quality of life for all Saint Paul residents. The amplification of community voices at City Hall is my top priority. We all deserve to benefit

from city services.

I am committed to fostering a government that goes above and beyond to serve all residents. I am ready to keep working collaboratively to ensure that every worker is treated with respect and dignity. We as laborers deserve safe working environments and the ability to afford our lives.

I am a firm supporter of prevailing wages and the Davis-Bacon Act. I need your help protecting labor laws. Public safety is not just a priority for us in St. Paul. Public safety is thee priority. We are also prioritizing affordable housing, environmental justice, household stabilization and business growth.

Working families deserve to age in place without the fear of social, institutional or environmental harms. I am ready to govern. You can count on me if you vote for me as the first choice on every ballot!

My overall vision is to reduce poverty, increase wealth, strengthen families, improve the quality of life and enhance the competitiveness of all our businesses throughout Saint Paul. You can trust me. You can access me.

I first moved to the East Side when I was just five years old. I attended Saint Paul Public Schools at every level and even completed some college in St. Paul using the 63 and 74 bus lines. In fact, I went to Bruce Vento, Washington and Central. I am a son, brother, friend and positive reflection of the East Side. I spent 11 years as a student in special ed programming.

I have been wrongfully arrested in the past, more than once. Both, men and women get wrongfully accused all the time. We know that the threshold for an arrest is low. I was innocent each time. If I could afford to continue fighting in court, I would. I have never been convicted of a felony. As a 33-year-old man in America, that is something to celebrate. My past, with or without challenges is a part of my story and I cannot negate it. Anyone, at any time, can ask me anything. I pride myself on having great integrity and being accessible. I am a great listener and learner. I have never struggled as an adult with accountability. I

know how to overcome hardship with the help of some prayer warriors. I am a product to my environment and not of it.

As a child attending Bruce Vento Elementary, I knew of places like Bruce Vento Regional Trail, Swede Hollow, and Indian Mounds Regional Park and other places to meditate or even host events, so I used them.

It is imperative that we do all that we can to preserve the fabric of these safe and sacred places as we develop the East Side. It is also important that development directly benefits low income, youth, elderly, and people with disabilities. New development should intentionally provide safe access to jobs, recreation opportunities, schools, and retail stores for every East Side resident. Our fantastic District Councils can help ensure that this happens. Get involved.

We believe that all of this can be accomplished without environmental harms. The water that we drink and the air we breathe needs to be the cleanest of all. Wouldn't you rather have two trainmen in a train to prevent train derailments in your very own community? We can focus on pedestrian, public and economic safety. We can increase density that directly contributes to our bottom-line tax base. We can bring the jobs and our 16 parks and recreation centers back. We can get a hand on the youth homelessness and violence that is plaguing our city. Residents deserve to better understand local taxation, budgeting and how are city is run.

Neighbor, we have accomplished so much together already rather you know it or not. We have closed Boys Totem Town. We got East Siders Paid Family Leave and voting rights restored. We fought for and received higher minimum wages, better transportation, more affordable housing, a reduction in gun violence, and tangible resources during COVID-19 to reduce social and economic harms. We even got more Tuj Lub courts, pickle ball courts, and a plethora of other great things. Now let's get our 16 recreation centers rebuilt, enhance pedestrian safety, fill these potholes, and exercise our Climate Action and Resilience Plan.

Let's keep accomplishing great things together. I know that we have a lot of new residents in the community so we should extend a warm welcome. Many people that have recently relocated to Dayton's Bluff and other parts of the East Side are first time homebuyers, renters and Latinos fleeing Florida. Our Karen and East African populations are also expanding. This is a great thing because we have the unique opportunity to lead by example. In St. Paul for City Council elections, we have what is called Rank Choice Voting. This means that you will vote for each candidate that is running in the order in which you prefer. I am asking that you allow me to earn your first choice vote on every round. If you are 100% sold on voting for another candidate, I am asking that you grant me grace and allow me to earn your second or third choice vote. You can vote for me by mail or in-person September 22-November 7. Let your voice be heard by showing up to vote! If you don't remember anything else, remember that I am riding, walking and standing with unions, activist and correctness at every turn.

Councilmember Jane Prince will be retiring after this term but after many years of hard work and dedication. I thank Councilmember Prince for always being accessible, responsive, a great listener, and a pioneer for ordinary people. The East Side and beyond is a better place because of you, Councilmember Prince. Thank you for your service.

Councilmember Jane Prince stated, "I want to take this opportunity to thank Alexander Bourne for his courageous campaign for council. Alexander has been a heroic advocate for low-income East Siders with his Minnesota Rapid Response Coalition, providing all manner of Covid resources for people in our community, from healthy food to free laundry to voter registration and access to power. The East Side owes Alexander a debt of gratitude for his courage and commitment to our community."

## The Dayton's Bluff Library is Reading for Summer Fun

The annual Summer Spark reading program for ages 1-18 begins on June 1 and runs through August 31. Summer Spark encourages kids and teens to get into good books with a visit to the library to sign up, pick up a reading log, and pick out a free book to keep.

**Summer Fun Kickoff:** June 10, 2-4:30 p.m.

Join us on the grassy area on 7<sup>th</sup> Street by the library to sign up for Summer Spark and enjoy a Story Stroll, get your face painted, have a snack, take a selfie, and more. The grand finale is a presentation of *Tucker's Robot* by Open Eye Puppet Theater, an all-ages puppet show. This Summer Fun Kickoff is offered in collaboration with Metro State University. For more information on what is happening for Summer Spark go to: [sppl.org/summer](http://sppl.org/summer)

**Story Theater with Children's Theater Company:** Saturdays, June 17-July 15, Noon Families of young children can enjoy interactive storytelling that uses imaginative play, collaborative storytelling, sensory activities, and music to explore beloved children's books. Story

theater uses props, puppets, and musical instruments to spur imagination, collaboration, and creativity.

Other new programs at the library:

**Open Lab:** Make an appointment or drop in on Thursdays between 4 -6 p.m. to get one-to-one help getting connected, navigating online tools, and more. We offer comfortable spaces to job search, interview (over Zoom), or work on your resume, and we can help you with:

-Wi-Fi, printing, copying, scanning, and faxing.

-Navigating technology such as email, Google Drive, Office, Zoom, etc.

-Connecting to resources to help you land your next opportunity!

**East Side Seed Library** Get your garden growing with the new East Side Seed Library, offered in collaboration with West Side Seed Library and Urban Roots. Unlike other library materials, no library card transaction is required to take seeds. Gardening resources will also be available.

### Dayton's Bluff Library Hours

Mondays & Wednesdays

noon to 8 p.m.

Tuesdays & Thursdays

10 a.m. to 8 p.m.

Fridays & Saturdays

10 a.m. to 5:30 p.m.



## EAST SIDE SEED LIBRARY

How it works

**Borrow**


- Take a seed packet (up to 5)
- Take an information sheet
- Check out at the desk

**Grow**

- Plant at home
- Checkout gardening books for more information

**Share**

- Share your bounty with your neighbors, friends, and family
- Let us know what you learned and enjoyed



**A RESUME  
TAILOR-MADE  
FOR WARD 7!  
TURN OVER FOR ALL THE DETAILS!**

**VOTE BY NOV. 7**

**ALEXANDER  
BOURNE** **1<sup>ST</sup> CHOICE**

ST. PAUL CITY COUNCIL • WARD 7

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**ALEXANDER  
BOURNE** **1<sup>ST</sup> CHOICE**

ST. PAUL CITY COUNCIL • WARD 7

**ALEXANDER'S WARD 7 RESUME:**

- Provided free laundry to over 800 families so far
- Solicited, received, managed and redistributed over 500,000 pounds of fresh fruit and produce to East Side families
- Provided 3,250 high quality Thanksgiving meals over the last 5 years
- Donated nearly \$50,000 to East Side businesses, nonprofits and scholarships
- Solicited, received, managed and redistributed 120,000 face mask to help keep East Side families safe
- Partnered with RCSO to feed the community and advocate against gun violence
- Collected then redistributed essential items for unsheltered neighbors
- Stood up for renters against slumlords
- Provided safe and stable housing to 3 families that has included women and children
- Organized then provided free transportation for elders on the East Side for 4 election cycles thus far
- Shovel community carve outs to better the commute for those with limited mobility
- Recommended an East Side business that was highlighted for a national TV show
- Helped dozens of East Side families navigate local government
- Helped hundreds of families access the internet
- Mentoring dozens of young men that once did bad things but does not anymore
- Prevented multiple crimes from being committed many times
- Provide gun locks to responsible gun owners
- Successfully fought for \$15
- Worked to get everyone counted for census
- Fighting for reparations
- Fought for St. Paul Public School kids
- Helped to close Boys Totem Town
- Help families create monthly budgets to lift themselves out of poverty
- Helped to keep teachers safe
- Volunteer photographer for Harding High School Boys Basketball teams
- Shovel driveways for elders every winter
- Successfully helped Ramsey County residents receive emergency assistance twice in a calendar year during COVID-19
- Successfully advocated for Restore the Vote which expands voting for many East Side residents
- Registered hundreds of East Side voters
- Fighting for better organized trash collection
- Helped dozens access quality rentals by having direct access to great property owners
- Cleaning up public transportation stops
- Working with business owners to access small business resources
- Working with community members to better understand local government taxation and budgeting
- Successfully and positively placed the East Side and St. Paul on a national platform
- Working to permanently showcase African American heritage through public art on the East Side
- Advocating for two workers driving trains to prevent railroad-related deaths on the East Side
- Riding, walking and standing with unions, activist and correctness at every turn
- Created an ecosystem that everyone feels a part of on the East Side

**(612) 458-2353 • ALEXJBOURNE.COM**

Prepared and Paid for by Every East Sider: 565 Payne Ave. • St. Paul, MN 55130

## 2023 Dayton's Bluff Community Council Board Members and Executive Director

*Dayton's Bluff Community Council*

**Eric Zidlicky, President** — I have enjoyed living in Dayton's Bluff since 2007. I was appointed to the board a little over two years ago, and am a supervisor at a HHW recycling center in Woodbury. Of four places I've lived in the Twin Cities since 1997, St Paul is the one that feels like home. I love the diversity of the residents, the culture exposure that provides, the historic properties, and the small town vibe. I am excited to be leading the Board during this time of growth with other community-centric minds in the neighborhood.

**Lindsay Bothe Culverhouse, Vice President** — My husband and I knew that this was the neighborhood for our family even before we lived here. We love the hills, the trees, the unique homes, and the wonderful sense of community. I became a board member with DBCC in 2021. As a Child Welfare Consultant with a Master's degree in Social Work, I am passionate about creating programs and advocating for social justice, both skills I hope to use to benefit the often-overlooked East Side. I specialize in program design, implementation, and helping organizations make data-driven decisions. As a board member, my current priorities include developing board capacity, connecting with the community, and creating a micropark program.

**Michaelene Colestock, Treasurer** — Michaelene Colestock has 22 years of experience in the Substance Use Disorders Treatment field. Currently, Michaelene is the owner, founder, and CEO of ANEW Chemical Health services, a 245G Co-Occurring Treatment Center for adult women. Michaelene has a master's degree in Counseling Psychology from the University of St. Thomas. Michaelene has a passion for educating others on the topic of addiction. She has taught students at the U of M and Adler Graduation School, facilitated trainings at Metro State University on Co-Occurring Disorders, Family Supportive Housing Center on a variety of topics, MARRCH Conference, Washington DC Conference to Prevent Homelessness, all required 245 G trainings for other treatment centers, and many more informal trainings. Michaelene is most well known for her passion to house women AND their minor children. She has owned and operated sober housing on

the East Side of St. Paul since 2010 and her mission is to keep families together while working on recovery. In addition to ANEW Chemical Health Services Michaelene owns and operates Spence Specialties LLC which is four sober homes and an 11-unit apartment building located in St. Paul, MN. Spence Specialties has a contract with Ramsey County for Housing Supports and the MN Department of Health Board and Lodge with Special Services. Michaelene has an affinity for the East Side of St. Paul. She and all of her family members attended primary school at Sacred Heart on 6th St. and Harding High School. She and all of her siblings, parents, and grandparents were married at Sacred Heart Church.

**Roxanne Sanchez, Secretary** — After living away from Minnesota for nearly 12 years, I

moved back to St Paul with my husband and bought a home in Dayton's Bluff in 2021. We live with our menagerie of pets and have loved being closer to our families. Being close to downtown and CHS field have been highlights, and we often walk down for events. By day I work as a receptionist in downtown St Paul, but am working diligently towards opening a nonprofit thrift store with my business partner in the St Paul area. I bring new energy and am eager to collaborate with other board members to resolve issues within our neighborhood. I am excited to be part of DBCC efforts to reach out to all members of our community. I am extremely passionate about sustainability and safety in our community. I adore our beautiful city, and care about our collective future, and I am honored to serve on the DBCC board of directors.

**J. Kou Vang** — J. Kou Vang became President of JB Vang in September of 2002. He brings with him a wealth of experience in Finance, Accounting and Investments. Before joining JB Vang he was Vice President of Commercial Lending and an Investments Advisor for Western Bank in St. Paul, MN. While at Western Bank, he managed both a commercial loan portfolio and an investment portfolio. He was heavily involved in commercial real estate lending and development/construction projects. Prior to joining Western Bank, Kou was President of an Asian food importer and dis-

tributor. He has held a number of other finance/accounting positions with other organizations. Kou is a graduate of the University of Wisconsin at Madison with a degree in Economics with a focus on financial models.

**Tabbie Day** — My name is Tabbie, and I have lived in Dayton's Bluff since 2011. I am originally from Iowa and moved to the Twin Cities to work as a Physician Assistant over 20 years ago and consider myself a Minnesotan. Since living in

Dayton's Bluff, I have found my home. I fell in love with this neighborhood. I love the diverse urban small town feeling I get from being here. I joined the community council in hopes of being more involved in the neighborhood. I envision a neighborhood where all are welcome. A

community that is open to diverse ideas, race, gender, socioeconomic status, or sexual orientation without hate or discrimination. I may be idealistic, but I also think change can start with small efforts. I also envision a thriving community where there are activities for all ages, thriving small businesses, safe beautiful walkways and bike trails, gardens, and opportunities to enjoy diverse food, activities, and social events. I love to walk around the neighborhood and go on hikes, bike, garden, and love hanging out with my friends.

**Gary Brown** — After getting a degree in geological engineering I, through a series of odd occurrences, ended up as an educational software developer in the mid 70s. Setting out on my own as an independent software developer in 1983, I developed a computer-based testing system that is still in use nearly 40 years later. I moved to the Twin Cities in the mid 70s, and ended up in beautiful Dayton's Bluff in 2016 having moved from an old (1901) house to an even older (1870) house. Sliding into retirement, I began to take part in community activities and joined the Dayton's Bluff Community Council in 2018. My special interests are in maintaining the Mississippi Bluff parklands as a shared community resource and working on a sensible integration of the Saint Paul transportation structure into our community's active life. For relaxation I play trombone in the River City Jazz Or-

chestra (every third Tuesday at the Minnesota Music Café...be there or be square!) and travelling extensively in Europe with my flute-playing wife. I feel exceedingly lucky to live in one of the most vibrant, historical, and beautiful areas of the entire Twin Cities metro area.

**Melanie Buetow** — I have lived on the East Side of St. Paul, specifically the Indian Mounds Park Neighborhood, for 20+ years, first as a renter, then as a homeowner. I have raised my family here and have been an active member of the community ever since. I am drawn to the sacred Indian Mounds, the natural beauty of the prairie, the proximity to the Mighty Mississippi and the amazing amenities St. Paul has to offer. I have never lived in a community like this before. Neighbors look out for one another, people know each other by name, kids play together and events are celebrated together, like extended family. I joined the DBCC because I believe you get out of your community what you are willing to put in. Leading by example, trying to make a difference on my street, my city, and my world. I am a strong advocate for diversity, community, cultural and natural preservation, education, and bringing people together. Let's roll up our sleeves and show people what we are capable of...together!

**Rebecca Masterman** — Passionate about bees and old houses, Rebecca Masterman has spent the last two decades as a real estate agent/investor and Program Director for the University of Minnesota Bee Squad. She also served as a board member for the Minnesota Honey Producers from 2017-2022 and currently co-chairs their Habitat and Membership Committees and coordinates their Habitat Hour webinar series. Masterman co-writes a monthly article for Bee Culture magazine and manages about 20 honey bee colonies in apiaries across the Twin Cities. She loves the Dayton's Bluff neighborhood enough to move there twice (in 2002 and 2020) with her husband, Tom. In 2022, she was elected as a DBCC board member. Masterman graduated with a Ph.D. in entomology and BA in history from the University of Minnesota, which partially explains her love of bees and old houses.

**Veronica Burt, Executive Director** — Veronica Burt is the new Executive Director for the Dayton's Bluff Community Council. She has been a resident of the area for over 25 years and has decades of community development and organizing experience. In her role, Veronica looks to advance the concepts of local wealth building, racial equity, and community benefits within the context of neighborhood planning.



Dayton's Bluff Community Council

From left to right: Back Row: Eric Zidlicky, Gary Brown, Melanie Buetow, Lindsay Bothe Culverhouse, Tabbie Day. Front row: Roxanne Sanchez, Veronica Burt, Michaelene Colestock, Becky Masterman. Not Shown: J. Kou Vang.

## The Vets Fest Held June 10

*MusiCafe*

This Year The Vets Fest (s) will be held on three different dates at three different locations: The first Vets Fest for 2023 will be held on **June 10** outside and under the tent at Shaws Bar in NE Minneapolis. The opening ceremony will take place at **noon**. The second Vets Fest will be held in July (Date to Be Announced) at the Roseville VFW and the third In August (Day to be announced) at the Blaine VFW. The event is made possible because of the efforts of Pat McLaughlin

and The Vets for Music Organization. The Mission of Vets for Music is to bring live entertainment to Veterans who are residing at Veterans rest homes. There are five such Veterans rest homes in the state of Minnesota, and Pat McLaughlin's goal is to play all five of them in 2023.

The first Vets Fest on June 10 at Shaws Bar will feature Live Music by: The Inside Straight Blues Band and The Pat McLaughlin Band.

The event is being sponsored by Regional Arts Council, Minnesota Vietnam Vets org. and Wreaths Across America.

There is no cover charge.

Shaws Bar is located at 1528 University Ave. N.E. Minneapolis, MN phone # 612 781-4405.



Greg Cosimini

Work on the Metro Gold Line Rapid Bus/Transit system in Dayton's Bluff began in earnest once spring finally arrived. This is the Earl St. bridge over I-94 looking south from what remains of the Earl St. and Hudson Road intersection. The bridge will be closed until fall. Work on Hudson Road in both directions from Earl St. will increase in the coming months. Vehicle access to local businesses and residences remains but most streets can only be entered from one direction.

# The East Side Skate Park of Dreams

Mandy Okonek

If you build it, they will come. Members of the East Side Skate Park Taskforce have lofty aspirations way cooler than a ball field in the middle of nowhere. My apologies to the baseball fans, wait — no, y'all have two fields, I take that back, it's time for alternative sports to get some love. The East Side Skatepark Taskforce don't want just any skate park, they want THE skate park. A destination recreation space, a community hub celebrating skate-culture that puts Heritage Park on the map while honoring the historical and cultural significance of the space. To solicit design bids from contractors outside of the City of Saint Paul, the crew of skateboard enthusiasts took their case to the Senate and won! Supported by members of Saint Paul City Council, (Thanks, Jane Prince) and Saint Paul Parks and Recreation, The Taskforce pleaded their case to The Minnesota Senate who passed bill S.F. No. 433. Here's the technical verbiage of the bill penned by Senator Foug Hawj.

S.F. 1433 allows the City of St. Paul to solicit and award a design-build contract for a skate park in East Side Heritage Park in St. Paul. [Note Senator Hawj considers East Side one-word, it's a thing] Under the municipal contracting law, a city is not authorized to use a design-build contracting process. Due to the unique design and construction characteristics of a skate park, firms specializing in these projects generally oversee both the design and the construction of the project.

So, what does this all mean? Well, Heritage Park is going to transform into a destination skate park. After this bill is

signed into law early May, it's game on. According to taskforce member Eric Salinas, this Senate bill saved the day. Salinas or "Skatepark Eric," as many folks will call him, has been a vocal member of the Taskforce since its inception nearly two years ago. Eric finds time to attend meetings and promote pop-up events in between his full-time chef gig at Can Can Wonderland and DJ-ing at White Squirrel Bar. Eric attended the Senate hearing and shared some thoughts about the next moves of his Taskforce crew:

"Last week there was a rally at the Capitol to get funds for skate parks in the state trying to raise upwards of 18 million dollars. If this passes, we could apply for that program. I think we could get up to a million dollars and whatever money you get from that program the state will match it too."

Spearheaded by nonprofit City of Skate, The MN Skate Park Grant program will fund the construction of world-class skate parks throughout Minnesota with matching grants. It just needs to pass the senate. According to cityofskate.org, there are currently 35+ skate park projects planned in the state in need of funding. Please visit CityofSkate.org for more information on this grant program and to access a template to request the Senate pass bills SF677/HF670 and SF1944/HF2030.

Eric and his crew worked with Alice Messer, Saint Paul Park and Recreation's Construction Manager, and Senator Hawj to present their bill to the Minnesota Senate. The forward momentum of the Taskforce is not only relying on the potential of the grant program passing; it is looking into every avenue of potential funding. They plan to work with artists and environmental nonprofits to incorporate design elements to balance the unique juxtaposition of nature while providing skateboarders the park of their dreams.



East Side Skatepark Taskforce

Members of the Taskforce with Senator Foug Hawj. From left to right, Brenda Hoppe (Midwest Skateboarding Alliance), Alice Messer (Saint Paul Parks & Recreation), Senator Foug Hawj, Lindsey Lyford, and Eric Salinas.

## Don't Spill the Best Kept Neighborhood Secret!

Jane Prince

A couple of weeks ago, I dropped into Roy's Service Center with Sage Holben to learn more about Mike Voss and this legacy neighborhood business at the corner of Maria and East Third in Dayton's Bluff.

Mike's dad, Roy Voss went to work at the station when it opened in 1952. In 1956, Roy bought the business. In 1975, at the age of 12, Mike started pumping gas at the station.

Eventually, Mike took over the family business when his dad retired in 1991. Thirty-two years later, Mike has earned the love and respect of everyone who knows him in Dayton's Bluff.

Sage is among Mike's many friends. "Mike's helped kids with their tires and bike chains, he's been there for Metro State University employees and students," she said. "Mike goes out of his way to help residents repair their cars as speedily as parts are available.

"And it's not just Mike," Sage continued, "It's his sister Barb, friends like Bill Kaphingst and so many others who care about Mike and his work ethic. Strangers become faithful customers and appreciate Mike's community stability and commitment to our neighborhood." When Sage moved to Dayton's Bluff in '99, she tried another garage – and then Roy's. "He's been my one and only ever since," she said. "I trust his opinion and work explicitly."

Since I posted the photo of my visit to Roy's Service Center on Facebook, it's attracted 75 thumbs-up, hearts to date, and a host of testimonials:

"Mike is amazing and helps so many people in the neighborhood."

"Great place — good people and service."

"Mike is the real deal! He is a true gem on the East Side. I appreciate his honesty and willingness to use used parts when he can. As a single mom, a trip to the mechanic can be daunting. Mike has always looked out for my family. So much gratitude for Mike!"

"Mike is the best!! Thank you for recognizing him and his service to our community!"

"Great East Side story about folks who can still afford to run a small independent business while supporting the neighborhood and their families."

"We have used their services for 40 years. The most honest shop in town. Now my son goes there as well. I hope they never end their wonderful run in Dayton's Bluff."

"Super service." "Jane Prince, don't spill the neighborhood's best kept secret!"

"Make sure to nominate him for the Saint Paul Business Awards," wrote Benita Warns, co-owner with her husband of Mr. Michael Recycles Bicycles in the Midway, and winner of the 2022 City of Saint Paul Business "Good Neighbor" Award. The Saint Paul Business Awards program will soon be accepting nominations for 2023 — watch the city's website website, at [stpaul.gov/businesses/open-business/saint-paul-business-awards](http://stpaul.gov/businesses/open-business/saint-paul-business-awards).

Mike was honored by the Dayton's Bluff District Council in 2011 when he was added to the Dayton's Bluff Neighborhood Honor Roll for his outstanding service to the community.

Dayton's Bluff is a special place. Mike and his family's legacy business is a good example of what makes it so special, and so are all the grateful friends and neighbors who know how lucky we are!



Jane Prince

Pictured here with Mike Voss (right) is Dayton's Bluff neighbor Sage Holben (left), and Mike's friend and neighbor Bill Kaphingst (center), brother of retired SPPD Officer Fred Kaphingst – known to many as "Special K." Mike reminded us that it will be 30 years this July that a Dayton's Bluff grocery store exploded across the street from Roy's, tragically killing two.

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## Harding Educator Michael Houston is 2023 Minnesota Teacher of the Year

Press Release from Education Minnesota

Michael Houston, a mathematics teacher at Harding High School in Saint Paul Public Schools, is the 2023 Minnesota Teacher of the Year.

Houston is the 59th recipient of the prestigious award, and the fifth from the St. Paul district, to be named Minnesota Teacher of the Year. Houston is a two-time finalist for the award, also having been named a finalist in 2017. An independent selection committee representing Minnesota leaders in education, business, and government chooses the Teacher of the Year from individuals who are nominated and who then choose to become a candidate.

Raised in a single-parent household by his mother with help from his grandparents, Houston was the first in his family to graduate from college, earning a bachelor's degree from Concordia University, St. Paul, and a master's degree from Hamline University.

In addition to teaching at Harding, Houston also works as adjunct professor at Concordia, teaching math classes to prospective elementary teachers.

Houston's 19-year career at Harding includes 18 years as a football coach — 10 of which he was head coach. At Harding,

Houston is the mathematics department chair, a learning team facilitator and union steward.

"Michael is passionate about his students and works tirelessly to engage them in the study of mathematics," wrote Kimberley Nichols, a Gordon Parks High School math teacher who previously worked with Houston at Harding and served with him on the SPPS district mathematics team. "His ability to engage all students, particularly students of color, is exceptional, partly due to his lived experiences as a teacher of color and to his determination to help all students achieve success.

He meets students where they are, and inspires them to learn deeply. His passion and dedication to equity and culturally responsive instruction has made a tremendous difference in the lives of the students he works with every single day."

Houston says his teaching philosophy "has always been centered upon creating classroom community. In the wake of the pandemic and the ongoing trauma our Harding students have endured, my goal every day is to make sure they have fun in their learning and know they are loved."

*Education Minnesota, the 86,000-member statewide educators union, organizes and underwrites the Teacher of the Year program. Candidates include pre-kindergarten through 12th-grade teachers, ECFE and ABE teachers from public or private schools. The Minnesota Teacher of the Year Program also receives support from the following organizations:*

*Aviben, Education Minnesota ESI, Educators Lifetime Solutions, EFS Advisors, Harvard Club of Minnesota Foundation, Tradition Mortgage and Expediti n Credit Union.*

Maria Ave. along with the homes and business that were there. We also lost the Bluff Playground. Noise walls were built, the exit at Earl St. was removed and the division of Dayton's Bluff was complete.

We have heard the story of the destruction of the Rondo neighborhood when I-94 was constructed. That was terrible and didn't need to happen, anymore than what occurred in Dayton's Bluff. But it did and won't be undone.

However, there is now a push to build a land bridge over I-94 to reconnect the Rondo neighborhood. It is a long shot but money is already being found to study the feasibility of such a project.

So I propose the building of a land bridge to reconnect Dayton's Bluff to Mounds Park. After studying maps, I think it such a land bridge should extend from Bates Ave. east to Frank St. It would cost hundreds of millions of dollars but the government loves to spend huge amounts of taxpayer dollars on projects whether they are practical or not. Major selling points would be the inclusion of small businesses, affordable housing and green spaces, all of which we are sorely lacking here. No vehicle traffic would be allowed except on Earl St. and of course there would be bike paths, lots and lots of bike paths.

Think about it and then contact your city, county, state, and federal elected officials to get the ball rolling.

Joseph C. Gregory  
Lifelong Dayton's Bluff resident



Education Minnesota

2023 Minnesota Teacher of the year Michael Houston.



# Instagram

@Dayton's  
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Forum

## Dayton's Bluff District Forum

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daytonsbluffdistrictforum@gmail.com

We are currently printing and distributing our newspaper quarterly. The paper is available online at [daytonsbluffdistrictforum.org](http://daytonsbluffdistrictforum.org). This publication of Hopewell Communications, Inc., a nonprofit organization, is intended to provide a forum for the ideas and opinions of its readers and to be an instrument for developing community awareness and pride. Signed articles do not necessarily represent the views of the *Forum*. Material from this paper may be republished if it is attributed to the *Dayton's Bluff District Forum* and to the author, if any. Articles and letters to the editor are welcome and may be emailed to [daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com), or mailed to the address above. The *Dayton's Bluff District Forum* is delivered to businesses in the Dayton's Bluff neighborhood when the budget permits. To find out where you can pick up a printed issue, send an email to the address above.

Board of Directors: Greg Cosimini, Karin DuPaul, Sage Holben,  
Jennifer Gascoigne, Steve Trimble

Editor/layout: Allison Lund-Zalewski; Editorial Associate: Mark Gallagher  
Staff: Mandy Okonek

Next issue: July 2023. **Deadline for material: June 10, 2023.**

## You got somethin' to say? Say it here!

The *Dayton's Bluff District Forum* welcomes all opinions and neighborhood anecdotes – send yours to:

[daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com)

Want to write about something that interests you? We want to hear it! Submit your stories and articles to the email above.

Opinions expressed in contributed articles may not represent the views of the *Forum*.

**Deadline for the July issue of the *Forum* is  
June 10, 2023.**

## Letter to the Editor

### Reconnect Dayton's Bluff

One good thing is coming out of the destruction of our neighborhood as Hudson Road is prepared to become a section of the Metro Gold Line Bus Rapid Transit system. As the trees, noise walls and berms are removed, along Hudson Road, we are getting a glimpse of what the area used to look like. Residents on either side of I-94 can once again see each other and people in vehicles on I-94 can see us.

At one time there was no divide between what are often called the Mounds Park and Dayton's Bluff neighborhoods. It was just Dayton's Bluff. All streets were at ground level and those streets that now dead end on either side of the freeway were connected.

Then in the late 1940s, Highway 12 was upgraded. The south side of Hudson Road was destroyed, taking businesses and homes with it. The same happened to the north side of Pacific St. Hwy. 12 became a below-grade road from around Forest St. and to the east. Earl St. turned into a bridge over Hwy. 12 and a pedestrian bridge was built at Cypress for children, including me, to get to and from Mound Park Elementary without being run over. There were no walls so we could still cross the highway and there was an exit from the highway at Earl St.

Most people are familiar with what happened next. I-94 happened. It required the removal of Hudson Road west of



## East Side Eating Trimble's Taste Trek

Forum contributor Steve Trimble has set out to eat at every locally-owned, sit-down restaurant on the East Side. He hopes to get the word out to Dayton's Bluff about the eating options here on our side of town.

There are more restaurants than there is room for in the monthly paper, but at least 60 may now be found online at [daytonsbluffdistrictforum.org](http://daytonsbluffdistrictforum.org): click on "East Side Eating" at the top of the home page. Steve Trimble can be reached at [daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com).

### Juche

1124 Payne Avenue  
St. Paul, MN 55103  
Phone: 612-490-3380  
Hours: Monday, Thursday, and Sunday 5:30 p.m. to midnight  
Friday and Saturday 5:30 p.m. to 1 a.m.  
Closed Tuesday and Wednesday  
[luchestpaul.com](http://luchestpaul.com)  
No reservations

I recently drove up Payne Avenue and saw the neon sign of Juche (pronounced joo-chiey) on what had been Cook St. Paul that was closed during COVID. Now Eddie Wu who was a chef at that restaurant and Chris Her are partners in this Korean

fusion eatery. I decided that I should include Juche in my East Side Eating list.

It is not a large space and is still the same size as it was for many years as Serlin's Cafe. It contains three tables with chairs and three nice sized booths. Six chairs face the large windows on Payne Avenue. The walls are painted black, and the floor tiles are black and white and there are not many wall decorations.

There is a medium sized TV behind a bar with seven stools. A Korean movie was playing when I was there and there was music in the background.

The customers were a diverse group, several Asian couples, a few neighbors, an old guy — me — and a big group of college women from the University of Minnesota who were celebrating two birthdays.

**SPECIALITIES:** Some of those on the menu are General Khan's Chicken, crispy-thighs with jalapenos, onions, rice, and sweet and sour sauce; Mac N' Chi with cheddar cheese, butter fried kimchi and green onions; Mackerel fish fillet, romaine salad spicy seafood sauce with rice, Spicy Pork Belly with lettuce wrap, slaw and other ingredients with rice. Butter fried kimchi and green onions Kimchi Fried Rice and Kimchi.

Some items have letters of GF (gluten free) V (vegetarian) VG (vegan) GFO (gluten free option) or VGO (vegan option).

There is even a THC beverage, a hemp seltzer. If you don't know what this is, look it up and you might or might not want it.

**SIDES:** Some of them are fries that you can have with cheese or kimchi beef bulgogi for an extra charge, wings using original sweet ginger and other tastes, Mr. Wu's Chips and Mapu Tofu that is made with fermented beans.

**BURGER/SANDWICHES:** Bulgogi Burger a five-ounce patty, American cheese, caramelized onion, romaine, aioli butter fried kimchi and peanut on toasted white bread. on a brioche bun; Spicy Korean Burger consisted in 5oz beef patty, spicy mayo, jelly slaw, cheddar cheese; and one called Trust Me that is butter fried kimchi and peanut butter on toasted white bread.

**DESSERTS:** Sweet Science Ice Cream that was created by Ashley Olds, a young woman who lived on the East Side. Also, a Samjok-o Float and Choco Pie.

**BEVERAGES:** Including Eddie Wu chai lemonade, Ben Wu barley lemonade and various pops. There are several hard-to-get Korean beers. I had a Terre myself along with Bulgogi Burger and fries.

**COCKTAILS:** Include Juche Libre, with mango, Makku, a barley tea with orange, Jjang with original Makku, Korean pear wine, Somjok-o Float, and Choco Pie.

If you are interested, there is an offering of merchandise: short and short sleeved Juche shirts and Juche tumblers, and bottles of their house hot sauce. Also, if you are interested, juche loosely translates in English as "self-reliance" and "autonomy."

The restaurant says the best time to get in easily is 5:30 p.m. or around 9 p.m.

Many thanks to our Friends of the *Forum* 2023 donors:

Jane Kennedy

David Lyons

Connie Peltier

Peter Reyes Sr.

Mark and Kristin  
Gallagher

Greg Cosimini

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-Make checks payable to *Dayton's Bluff District Forum* and mail to: 1368 Minnehaha Ave E, Saint Paul, MN 55106

-Donate by going to: [givemn.org/organization/Hopewell-Communications-Incorporated-](http://givemn.org/organization/Hopewell-Communications-Incorporated-)

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### Friends of the *Forum*

Dear Reader,

The *Dayton's Bluff District Forum* has been a volunteer-run newspaper since the 1980s and has always operated on a minimal budget. Each issue costs around \$1,000 to produce per month. We have found a new printer and have adjusted the cost to print each month.

For the past three years we have been soliciting donations through our Friends of the *Forum* program. Thanks to the donations from readers like you, we have been able to keep the paper up and running. If you value this community source of information, please consider filling out the form below. Any amount is appreciated; you may also make memorial donations, or include the *Forum* in your legacy planning. **If you have been our Friend in the past, please consider making a donation in 2023. Our goal for 2023 is \$2,500; will you help us reach our goal?**

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Thank you for your support!

Read our paper online at [daytonsbluffdistrictforum.org](http://daytonsbluffdistrictforum.org)