

# Dayton's Bluff District Forum

Volume 35, No. 10

November 2022

"The Voice of the Community"

## The Capital City Wind Ensemble Wants You

Greg Cosimini

There is a new touch of class in the Dayton's Bluff Neighborhood. The Capital City Wind Ensemble (CCWE) is now holding their weekly rehearsals at Mounds Park United Methodist Church.

The CCWE was founded in 2002 at the request of then Mayor Randy Kelly. It began as a city employee band that was formed and directed by Max Metzger, who had a long history of leading local vocal and instrumental ensembles. The CCWE played at many city events, both downtown and in city parks. At its peak, the CCWE had 24 members.

Like so many other organizations, the CCWE has been a victim of aging membership and the COVID-19 pandemic. Most of its members are retired and no longer work for the city. Others are gone for a variety of reasons, leaving the CCWE with only 12-15 active members. Co-directors Mary Livingston and Roger Grupp, who took over leadership of the

CCWE after the passing of founder Max Metzger, are now in a rebuilding phase and looking for new members to bring their number up to 25-30 musicians.

Their most desperate need at the moment is for saxophone and tuba players, but they would gladly accept musicians who play any of the following instruments: flutes, clarinets, bassoons, French horns, trumpets and trombones. Despite being a wind ensemble, the group also has drums and a piano and may be looking for a bass guitar.

Membership requirements are rather loose. Members do not have to be current or past city employees, and there are no age restriction, but musicians must be able to play at least at a high school level. There are no scheduled events at the present time, but a member would be expected to attend rehearsals once a week. These are held at Mounds Park United Methodist Church, 1049 Euclid St., at noon for one hour each Thursday. This is strictly a volunteer organization. There is no compensation.

*Anyone interested in becoming a member of the CCWE should visit their website at [stpaulccwe.com](http://stpaulccwe.com) or contact Mary Livingston at [livingstonmusic@q.com](mailto:livingstonmusic@q.com) or at 651-331-1089.*



Greg Cosimini

Some of the members of the Capital City Wind Ensemble rehearse at Mounds Park United Methodist Church under the direction of co-director Mary Livingston. Want to join them? Read the article to find out how.

## Voting Information

### Polls for In-Person Voting Open November 8

Ramsey County

**Absentee Voting Locations:** Ramsey County voters may vote in person by using an absentee ballot. Eligible voters may visit any location, regardless of their home address. Ballots do not need to be requested in advance. Note: Saint Anthony-Hennepin County residents may cast an absentee ballot in Ramsey County only at the Plato Building or Ramsey County Library - Roseville. The Plato Building is open **Nov. 1 - 4: 8 a.m. - 6 p.m.**, **Nov. 5: 10 a.m. - 3 p.m.**, or **Nov. 7: 8 a.m. - 5 p.m.** Ramsey County Library is open **Nov. 1 - 4: 10 a.m. - 6 p.m.**, **Nov. 5: 10 a.m. - 3 p.m.**, **Nov. 7: 10 a.m. - 5 p.m.**

**Returning Absentee Ballots:** On Election Day, the only place you may return your absentee ballot in person is to Ramsey County Elections Office by **3 p.m.** You can also go vote in person at your assigned polling place. Your absentee ballot will be spoiled (made invalid in the system) and you will be issued a new ballot to cast at the polling place.

**Election Day:** On Election Day, you must vote at your assigned polling place. Be sure to look up your polling place in advance - it may have changed since you last voted. Polling places will be open from **7 a.m. to 8 p.m.** on Election Day. Don't know where to vote? Visit [pollfinder.sos.state.mn.us/](http://pollfinder.sos.state.mn.us/) and type in your postal code.

To register on Election Day, you must show proof of identification and residence. Voters cannot return their absentee ballot at a polling place on Election Day. Register online at [mnvotes.sos.state.mn.us/VoterRegistration/VoterRegistrationMain.aspx](http://mnvotes.sos.state.mn.us/VoterRegistration/VoterRegistrationMain.aspx).

[VoterRegistrationMain.aspx](http://mnvotes.sos.state.mn.us/VoterRegistration/VoterRegistrationMain.aspx).

## November Events Happening in St. Paul

**November 1-21, \$25 — Vintage Fall Crawl:** The Vintage Fall Crawl features 12 prominent women-owned vintage shops throughout the Twin Cities. Receive a one-time 15% off discount at each participating shop in the crawl with purchase of the \$10 Vintage Fall Crawl Passport. Participating shops can be found in both Minneapolis and Saint Paul, offering an array of vintage clothing, home goods, furniture, jewelry, accessories, art, plants and more! Buy your passport at [vintagefallcrawl.com/passport-pre-order](http://vintagefallcrawl.com/passport-pre-order).

**November 5, Free — Chocoholic Frolic 5K:** Enjoy a safe and scenic route, chip-timed results, chocolate-themed rest stops (weather permitting) and amazing SWAG! Chocoholic Frolickers receive a race shirt, commemorative medal, and chocolate treat at the finish. Located at Harriet Island, 200 Dr Justus Ohage Blvd St. Paul.

**November 5, 6, 12, 13, 19, 20; 10 a.m. - 4 p.m. Free — MN Christmas Market:** Founded in 2016. Annual POP-UP holiday market that showcases homegrown brands and makers, artisans, and creators, with a charitable twist. All artisans will donate 7% of their sales to our Santa's College Fund. Located at Union Depot, 214 4th St. E. Saint Paul.

**November 19; 10 - 11 a.m. — Santa Portrait Experience:** We've teamed up with the REAL Santa to create an experience for your kids! Book your spot for Santa pictures. Located at Block Portrait Studios 676 Smith Ave S., St. Paul.

**November 25-27; 2 - 7 p.m. — European Christmas Market:** The European Christmas Market in St. Paul is the most authentic, traditional holiday market of its kind in Minnesota. Offering a unique shopping experience, family-friendly entertainment & intercultural activities, be sure to spend a day with family and friends here. It is a free public event based on the festive open-air Christkindl Markets that are in Germany, Austria, and other European countries during the Advent season. Shop for handmade European crafts or unique gifts during four weekends in November and December. Located at Union Depot, 214 4th St. E. Saint Paul.



## Dayton's Bluff District Forum Hiring

Forum Staff

The Dayton's Bluff District Forum is Now Hiring! We are looking to add an integral member to our team as we expand and grow our community news source through advertising sales.

This is the perfect opportunity for students with a graphic design, business, or marketing background or degree.

Hours are flexible and training will be provided. Compensation is a generous 25% commission per ad, per month. Experience creating ads is a bonus, but not necessary.

If you are looking for gaining experience in advertising or community engagement, please send a short email with your qualifications to [daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com), for consideration in this exciting opportunity.



Allison Lund-Zalewski

Formerly the Dari-ette and now under new ownership, it appears Boca will serve hamburgers and ice cream. There are no details as to when it will be opening for business.

Read the paper online at [daytonsbluffdistrictforum.org](http://daytonsbluffdistrictforum.org)





Jane Prince

Urban Roots youth, City of Saint Paul Parks staff, Friends of Swede Hollow members, and Michealjon Pease from the Saint Paul Parks Conservancy worked on removing buckthorn from Swede Hollow Park on the evening of October 6. By the time it was over, there was large pile of buckthorn ready to be hauled out of Swede Hollow.

### Read Past Issues of the *Forum* Online!

Did you know that you can find our past issues online at [daytonsbuffdistrictforum.org](http://daytonsbuffdistrictforum.org)? We have our issues available to you, going back as far as 2000!

Visit our website to take a look at what was happening years ago — have fun!

All our online issues are also available to read at the Minnesota Historical Society, as well.

## Friends of Swede Hollow

Friends of Swede Hollow watch over, restore, and celebrate the history of Swede Hollow Park. Join the Swede Hollow community at their monthly meetings.

There will **not** be a Friends of Swede Hollow meeting in November because it would be very close to Thanksgiving. For our December meeting we are planning to a meeting and dining at Yarusso Bros. 635 Payne Avenue. For more information and to sign up call Karin at 651-776-0550

For more information, email [karindupaul@comcast.net](mailto:karindupaul@comcast.net) or call 651-776-0550 for more information and the meeting's location.

## Dayton's Bluff District Forum Board Meeting

The *Forum* is seeking writers and help with online content, idea generation, and ad sales — join us at our next meeting on **Friday, November 4 at 11 a.m.**

If you'd like to attend, call 651-776-0550 or email [daytonsbuffdistrictforum@gmail.com](mailto:daytonsbuffdistrictforum@gmail.com) for more information. We are currently meeting at the Dayton's Bluff Library.

## Twin Cities

### Mobile Market

The Twin Cities Mobile Market is a grocery store on wheels that brings affordable, healthy food directly into neighborhoods.

The Mobile Market stops at Parkway Gardens Apartments, located at 1145 Hudson Road, on **Wednesdays, from 2 to 3 p.m.**

## Police Community Meetings

The Eastern District Saint Paul Police hosts their monthly meetings for community members at the Eastern District Police Office at 722 Payne Avenue, on the corner of Payne and Minnehaha Avenues.

The meetings are intended as a time to learn, listen, and address people's concerns about crime and other issues on the East Side. Policing meetings are held at **9:30 a.m. and 6:30 p.m.** on the third Tuesday of each month. Bring your neighbors!

Call or email Robyn at 651-266-5580 or [robyn.brewin@ci.stpaul.mn.us](mailto:robyn.brewin@ci.stpaul.mn.us) to ensure the meetings have not been canceled.

## Family Homeless Prevention Assistance Program

Family Homeless Prevention Assistance Program (FHPAP) funds can help single folks, too.

Here is a list of agencies that help with deposit and/or rent assistance through FHPAP:

Neighborhood House: 651-789-2500  
MN Community Care: 651-266-1290  
American Indian Family Center: 651-793-3803, CLUES: 612-746-3550,  
YMCA: 763-493-3052, Face-to-Face: 651-224-9644

## New National Suicide Prevention Hotline Number

988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline. Text or Dial. 988 just launched as an alternative to calling 911.

## Xcel Phone Numbers

Gas Leak: 800-895-2999. Power Outage: 800-895-1999 .

# Adopt a Family in Need This Holiday Season

Ramsey County

Many families struggle daily to afford food, clothes, or a place to sleep. It is no surprise that these families go without presents and special meals during the holiday season. To help ensure more families in our community thrive during this time of year, the Family Sponsorship Program matches community sponsors with Ramsey County families in need.

Families, individuals, groups, and workplaces are invited to sponsor a family this holiday season. The Family Sponsorship Program is a little different than other holiday giving opportunities because it is not simply a cash donation program. Sponsors get the opportunity to personally shop and wrap gifts for their matched family.

The Family Sponsorship Program serves families who are receiving Ramsey County social services and are identified by social workers as needing extra help with food and gifts during the holiday season. Children in these families

have often experienced varying degrees of abuse or neglect, and have developmental or other disabilities. Some families are refugees, while others are single parents or grandparents just getting by to provide necessities for the children in their care.

Sponsors make a commitment to provide a family with at least: One clothing item per child, one toy per child, one parent gift, and one grocery gift certificate for the family unit.

A budget of \$30 to \$50 per family member is recommended, plus an additional \$15 per person for food for a holiday meal.

Committed sponsors will be assigned a family in mid-November, based on the estimated number of participants. Social workers provide sponsors with the first names, ages, and wish list for everyone in the family assigned to them. Gifts are collected by social workers and then delivered to the families.

If you are interested in sponsoring a family during the upcoming holiday season, fill out a sponsorship form or contact Luna Wright at 651-266-7839 by **Tuesday, Nov. 15.**

The cost of the sponsorship is tax deductible to the extent permitted by law. Donation receipts for tax purposes can be provided upon request.

Call 811 before you dig: Before starting that roto-tiller or heaving that shovel into the ground for *anything*, call 811. At no charge, Xcel will have a trained technician check the area on your property or on the boulevard to be sure there are no wires, pipes, other hidden surprises in the designated digging area. Usually, someone checks within a day, marking the 'no-dig' area with painted lines...and everyone is safe!

11:45 a.m.; 1 to 3 p.m.

## Need Groceries?

If you are 60 or older, you may be eligible to receive a box of nutritious food every month from Second Harvest.

This box is part of a program called NAPS, and we can help you apply!

Give us a call at 651-484-8241 or email [naps@2harvest.org](mailto:naps@2harvest.org) and someone will assist you with your application.

## Dayton's Bluff Community Council Board of Directors Meeting

The Dayton's Bluff Community Council is inviting everyone to attend the 2022 Annual Meeting and elections on Monday, **November 21, from 6 to 7:30 p.m.** at the Eastside Enterprise Center at 804 Margaret Street.

Come meet your neighbors, share your ideas, hear from others, and elect board members. Your voice matters!

Light refreshments will be served and a short program will start at 6:30. Welcome address from the Board President and remarks from other local officials, open discussion with your neighbors and board members. Looking forward to seeing you and serving your neighborhood needs. All are welcome.

## Free Legal Services for Low-Income People

Call Southern Minnesota Regional Legal Services at 1-888-575-2954 or go to [smrls.org](http://smrls.org) to see if you qualify for free legal assistance with: family law, government benefits, housing, education, seniors, and more. You can also call if you're behind on your bills, having problems with credit or creditors, or have other civil legal issues, etc. If an interpreter is needed, SMRLS will provide one.

Hours: **Monday through Friday, 9 to**



**Fridays and Saturdays, October 21 & 22, 28 & 29 and Sunday, October 30:**

*Real Haunted Tours.* First tour of the evening begins at 7:00 p.m. "Sunset Tours" for kids 10+ at 5:30 p.m. on October 29 and 30. Advance registration and tickets recommended. Walk-ins as available. Various ticket prices depending on tour. Check website for more details and tickets.

**November 8:** General election voting at Mounds Theatre for Ward 7, Precinct 5.

**Coming in December at the Mounds Theater** — "It's An Honorable Life," A Star Trek Fan Production. This action-packed mash up is an exciting combination of nostalgic holiday favorites and showstopping combat woven into the tapestry of the time-honored film "It's a Wonderful Life." This play is performed in both Klingon and English, with English supertitles provided so those not fluent in Klingon can easily follow along. December 2, 3, 9, 10, 16, 17, 22 and 23 at 7:30 p.m. December 11 and 18 at 2:30 p.m. Tickets: \$35 (Table Seat); \$25 (General Seating).

Visit [moundstheatre.org](http://moundstheatre.org) to purchase tickets and get more information on upcoming events. The Historic Mounds Theatre is located at 1029 Hudson Road, St. Paul, MN 55106; 651-772-2253; [historicmoundstheatre@gmail.com](mailto:historicmoundstheatre@gmail.com)



## Events Happening at the Dayton's Bluff and Battle Creek Rec Centers

**November 1-29, 10 a.m.-noon, \$25; Battle Creek Rec Center — Preschool Camp.** Camp will consist of educational activities, arts and crafts, science projects, gym, and sensory play. Snack will be provided. If the participant is not potty-trained, a parent or guardian must be present during the camp.

**November 2-December 28, 5:30-8:30 p.m., \$2; Battle Creek Rec Center — Preschool Camp.** Co-ed Rec Volleyball: Come and join us! Everyone welcome!

**November 2-30, 6-7 p.m., Free; Ages 14-22. Dayton's Bluff Rec Center — Dragon's Den Book Club.** Participants must attend the first and last session of the month. They will receive their book to read at the first session. They will discuss the book with their peers during the last session. The weeks between the first and last sessions are optional if youth want to come to a space to read together. Snacks will be provided at each session.

**November 2-December 14, 6:30-8 p.m., Free; Ages 10-14 Battle Creek Rec Center — Ping-Pong Fun.** Participants will learn the techniques and rules of Ping-Pong. This is open to beginners and intermediates. Walk-ins are accepted depending on daily availability!

**November 3-17, 6-7:30 p.m., Free; Ages 11-18. Dayton's Bluff Rec Center — Jewels of Joy.** Youth will learn the art of jewelry making. They will get the chance to try out various techniques. They will make and take home their own jewelry each session.

**November 5-12, 10-11:30 a.m., \$10; Ages 12-16 Battle Creek Rec Center — Basic Sewing for Teens.** Participants will learn basic sewing skills, terms, stitches and read a pattern. Learn parts of the sewing machine and complete a sewing project.

**November 7, 6:30-7:45 p.m., \$10; Ages 10-15 Battle Creek Rec Center — Pottery.** Participants will learn the basics of creating a piece of pottery such as a bowl or mug!

**November 7, 6-8 p.m., Free; Battle Creek Rec Center — Family Board Game Night.** Families will be able to get together for some fun time and great laughs. All board games are provided. Walk-ins are welcome depending on daily availability!

**November 18, 9 a.m.-5:30 p.m., \$10; Ages 6-13. Battle Creek Rec Center — No School Day Program.** Schools out for the day! Join us for a fun filled day of: arts and crafts, gym games, science adventures, and more!

Visit [stpaul.gov/facilities/battle-creek-recreation-center](http://stpaul.gov/facilities/battle-creek-recreation-center) for the full list of events. You can also choose Dayton's Bluff Rec Center or other rec centers when searching.

## East Side Sculpture Garden Film Screening

Mandy Okonek

Friday, September 24, the East Side Sculpture Garden was bustling with neighbors gathered in a semi-circle of plastic chairs ready for movie night on a giant black and white inflatable screen.

DJ Eric Salinas provided tunes while friends and neighbors gathered for food, art, and conversation.

The event kicked off with East Side au-

thor and poet Tanagidan Winyan who read her piece *Heart Warriors* in Dakota and then recited the English translation.

Indigenous Roots hosted a free screenprinting booth that proved very popular with young people who were lined up for shirts and posters.

The cool fall evening concluded with a screening of Trilingua Cinema's film *Last Black Man in San Francisco*.

This event was made possible by the folks at East Side Freedom Library, Indigenous Roots, Trilingua Cinema, and Dayton's Bluff Neighborhood Housing Services.

*Photo below provided by Mandy Okonek*



Go to Page 8 to find out how you can donate to the *Forum*!



## Recipe Congressman Bruce Vento's Spicy Italian Sandwiches

### Ingredients:

- 2 ½ C. bread crumbs
- 1 ½ teaspoon parsley
- 1/4 C. Romano cheese
- 1 ½ teaspoon basil
- 2 small garlic cloves
- 1 teaspoon salt
- 1 tablespoon Hot red pepper
- 1/2 pepper
- 2 lg. Eggs or 3 small eggs

### Directions:

Mix together and add milk until mixture is the consistency of moist dressing. Then add 4 pounds of ground beef to the above and mix thoroughly, preferably with your hands. Make into patties and fry in olive

oil until browned (Note: these patties burn easily so watch carefully and keep adding oil).

After browning, place the patties in the following sauce.

In a large greased kettle or Dutch oven, add the following: 2 large cans tomato juice, 1 large can of tomato puree, and a 12-ounce can of tomato paste. Simmer the patties in the sauce for about an hour. Watch carefully as the patties tend to stick to the bottom of the pan.

Serve on Italian bread. I buy it unsliced from the Roma Bakery. This will make approximately 24 patties, depending upon their size.

From the *St. Stephanus Church Centennial Cookbook*, p. 15.



Note: Roma Bakery is no longer in business.

*If you'd like to submit your favorite recipe, please send it to: [daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com). Photo provided by the Minnesota Historical Society.*

## Updated Boosters Now Available at Ramsey County Clinics

Ramsey County

Ramsey County Public Health is now offering updated (bivalent) booster shots to people ages 12 and older. The Centers for Disease Control and Prevention (CDC) recommends the updated COVID-19 boosters for everyone ages 12 and older who completed their primary series or received a booster dose at least 2 months ago. Stay up to date with your COVID-19 vaccines and get an updated booster now.

Why do I need an updated booster? Boosters are an important part of protecting yourself from getting seriously ill or dying from COVID-19. Updated boosters can help increase protection since your last shot and provide more protection against newer variants. Booster shots are common for many vaccines, like the flu shot or Tdap (tetanus, diphtheria and per-

tussis).

The vaccine is free; no medical insurance or ID needed. These are our current vaccination sites:

**Consulate of Mexico:** 797 East 7th St. Saint Paul, MN 55106. Wednesday clinics (2:30 - 6 p.m.) on-site registration

Saint Paul Public School — 360 Colborne: 360 S. Colborne St Saint Paul, MN 55102. Thursday clinics (3 - 6 p.m.) appointment-only

In addition to these clinics, the COVID-19 vaccine is available at several sites operated by the state of Minnesota, health care clinics and pharmacies.

Check our vaccine page for the latest information and links.

Additional clinic details: People age 5-11 years should get an original booster shot (monovalent) at least 5 months after their primary series of vaccine. Even if you didn't get your first dose with Ramsey County, you can still get your second dose or booster with us.

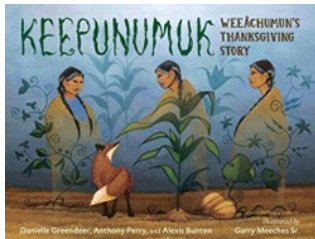
Visit [ramseycounty.us/COVIDvaccine](http://ramseycounty.us/COVIDvaccine) for more details. Call Public Health's vaccine phone line at 651-266-1190 (Monday - Friday: 8 a.m. - 4:30 p.m.) with questions.



## Kids Corner

*Suggested Titles by Dayton's Bluff Library Staff*

Thanksgiving was declared a federal holiday in 1863 by President Lincoln to create a day to remember blessings during the difficult times of the American Civil War. Many legends have formed about the holiday, some of which have roots in the first Thanksgiving while many others have evolved over time. It is important to note that Thanksgiving is not a day of celebration for everyone but can be a reminder of what has been lost or taken away. Here are a few books to learn more about this complicated holiday.

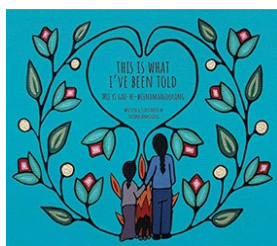


**Keep-unumuk: Wee'achumun's Thanksgiving Story by Danielle Greendeer**

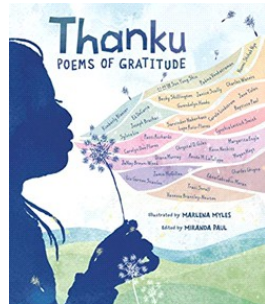
In this Wampanoag story told in a Native tradition, two kids from the Mashpee Wampanoag tribe learn the story of Wee'achumun (corn) and the first Thanksgiving. The authors of this picture book honor both the history and tradition that surrounds the story of the first Thanksgiving.

**This is What I've Been Told: Mii yi gaa-biwiindmaa-gooyaan by Juliana Armstrong**

This picture book highlights Anish-



naabemowin words along with their cultural connections as passed down from the author's Ojibway ancestors. "Knowing our culture means knowing who we are. When we know who we are, we can walk in a good way."

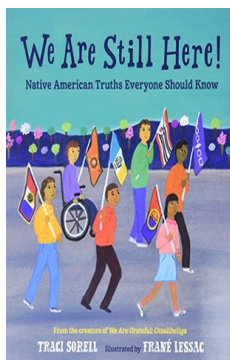


**Thanku: Poems of Gratitude edited by Mirana Paul**

Gratitude isn't something we need to save up for a special holiday, we can remember what we are grateful for every day. These collected poems by various poets express gratitude for everything from a puppy to hot cocoa to the sky itself. Each writer uses a different poetic form.

**We Are Still Here!: Native American Truths Everyone Should Know by Traci Sorell**

Too often, Native American history is treated as a finished chapter instead of relevant and ongoing. This companion book to the award-winning *We Are Grateful: Otsaliheliga*



offers readers everything they never learned in school about Native American people's past, present, and future. Written by 12 different youth, it shares a wide style of writing and voices.

## Sen. Foug Hawj Says Key State Panel Advances His Task Force To Clean Up Pig's Eye Landfill on St. Paul's East Side

Marc Kimball

Senator Foug Hawj said that a key State environmental and natural resources panel has unanimously approved moving ahead with establishing a task force to clean-up the Pig's Eye landfill on St. Paul's East Side, a project that Sen. Hawj pushed through the State Legislature this year.

Sen. Hawj said the Legislative-Citizen Commission on Minnesota Resources (LCCMR) voted unanimously to advance the project and in the coming months will hire a task force coordinator, who will then lead the task force efforts to clean up the harmful contaminants in the landfill that are leaking into nearby waterways, including the Mississippi River, and threaten the people and wildlife in the

area.

"I am very pleased that the LCCMR has unanimously approved this important task force so that we can get to work on cleaning up and restoring the Pig's Eye Landfill site," said Sen. Hawj. "For far too long, high levels of pollutants at the landfill — including metals, mercury and PFAS/PFOS — have impacted wildlife and threatened downstream communities that rely on the Mississippi River for their water supply. I am pleased that the task force is moving forward so that in the coming years, the community can turn it into a park that can be enjoyed by citizens."

Sen. Hawj, whose legislation to establish the task force was signed into law by Governor Walz in May, said once the coordinator was hired in October, the task force will be officially established. It will be made up of representatives from city, county, state and federal agencies and other stakeholders who will have the resources to make the landfill cleanup a reality.

Under the new law, the task force began work by October 2022 and reports annually on the the task force's work, with a final report due February 2026.



Steve Trimble

Stirring booya at the Highland Park St. Paul booya shack in October.

### You got somethin' to say? Say it here!

The *Dayton's Bluff District Forum* welcomes all opinions and neighborhood anecdotes – send yours to:

[daytonsbuffdistrictforum@gmail.com](mailto:daytonsbuffdistrictforum@gmail.com)

Opinions expressed in contributed articles may not represent the views of the *Forum*.

**Deadline for the December issue of the *Forum* is November 10, 2022.**

## Cross Country Skiing Changes

Ramsey County

Ramsey County provides 25 miles of marked and groomed cross-country ski trails at five locations.

Trail conditions are available on [skinyski.com](http://skinyski.com). County staff post updates every Friday and as needed.

The Battle Creek Winter Recreation Area will be the first winter recreation area with machine made snow in the East Metro. It will provide access to recreation for the surrounding community and serve as a regional, statewide and national draw as a premier cross-country ski facility.

Construction is on track to be completed in November. Snowmaking will begin when temperatures dip below 27-degrees for an extended period, typically in December.

Starting with the 2022-2023 ski season, Ramsey County and Saint Paul will use a mutual Ramsey County and Saint Paul ski pass. Ramsey County will no longer accept the Great Minnesota Ski Pass. Passes may be purchased online or in-person at Tamarack Nature Center, Battle Creek Recreation Center and Como Regional Park.

Costs for all-access passes are: Annual all-access pass is \$80. Additional household member on annual pass is \$40. Daily all-access pass is \$15. Youth under 12 years are free.

The annual all-access pass allows the use of groomed natural trails throughout Ramsey County and Saint Paul. This pass does not include machine-made snow trails at Battle Creek Regional Park.

Natural snow pass costs are: annual natural snow pass is \$35. Daily natural snow pass is \$6. Youth under 12 years are free.

Ski rentals are available at Tamarack Nature Center and Battle Creek Recreation Center for \$12. Equipment rentals are also available at Como Park Ski Center through Saint Paul. Rentals can be reserved in person on a first-come-first-serve basis.

Trail access: 75 Winthrop Street S Saint Paul (next to Battle Creek Recreation Center), 2300 Lower Afton Road Maplewood, Rice Creek Regional Trail, Tamarack Nature Center, 500 Gramsie Road, Shoreview, Vadnais Lake and Sucker Lake, Como Park Ski Center/Golf Course at 1431 Lexington Parkway North, Highland 9 Golf Course at 1797 Edgumbe Road, and Phalen Golf Course at 1615 Phalen Drive.

Contact Parks and Rec for any other questions 651-266-0300.





**DELLWOOD GARDENS**  
Assisted Living and Memory Care

753 East 7th Street  
Saint Paul, MN 55106  
(651.444.5716)

Accepting seniors seeking care via Elderly Waiver or CADI

At Dellwood Gardens we offer a wide range of care options to help you age well.

**IMMEDIATE OPENINGS!**  
SCHEDULE YOUR TOUR TODAY  
[DELLWOODGARDENS.COM](http://DELLWOODGARDENS.COM)



## Happening at the Dayton's Bluff Library

Dayton's Bluff Library, 645 East 7th Street, is a public library branch located inside the Metro State University Library and Learning Center. We are open six days a week offering books, movies, music, internet stations, programs, and services for all ages.

**Dayton's Bluff Book Club** has started! Dayton's Bluff Book Club is a great fit for folks who love reading diverse books by local authors and discussing them with a group of dedicated readers. We meet at **6 p.m.** on the first **Wednesday** of the month with the following exceptions: we don't meet in January and the final meeting will be **April 12**. Find out more at [guides.sppl.org/dbbookclub](http://guides.sppl.org/dbbookclub). To join DBBC, please email [daytonsbuffbookclub@gmail.com](mailto:daytonsbuffbookclub@gmail.com)

**Dayton's Bluff Library** will be closed for three weeks from **December 12-January 2**. This is due to renovation work happening in the Metro State Library building. Please visit our closest branches of Arlington Hills (1200 Payne Ave; 651-632-3870), Sun Ray (2105 Wilson Ave; 651-501-6300), and George Latimer Central Library (90 West Fourth St; 651-266-7000) while we are closed. We will miss seeing you while we are closed, and we look forward to seeing you again in January. Come in to pick up a Winter Break activity before **December 12**.

Our **Tween Area** is a place with activities, comic books, magazines, and comfy pouffes to sit on. This is a fun space to sprawl out and read or exercise your creative side by making a craft. It is also by the books that you might be most interested in reading.

New books, movies, and music come in almost every day as we work to improve our collection. We have special sections for new picture books, juvenile fiction, teen books, and various adult books. New movies and music CDs are added regularly, and it is worth browsing through the collection periodically to see what has changed.

The outdoor book drop is open all the time.

### Dayton's Bluff Library Hours

Mondays & Wednesdays  
noon to 8 p.m.  
Tuesdays & Thursdays  
10 a.m. to 8 p.m.  
Fridays & Saturdays  
10 a.m. to 5:30 p.m.

Current hours are available online at [sppl.org/locations/DB/](http://sppl.org/locations/DB/) or call 651-793-1699.



All Saint Paul Public Library locations will be closed Friday, November 11 in observance of Veteran's Day and Thursday, November 24 in observance of Thanksgiving Day (we will be open the day after Thanksgiving).

"Stories create community, enable us to see through the eyes of other people, and open us to the claims of others." – Peter Forbes, photographer and author

## Contest: Where in Dayton's Bluff?

This birch tree is on Wilson Street. How many birch trees do we have in our area?

Send your guess to [daytonsbuffdistrictforum@gmail.com](mailto:daytonsbuffdistrictforum@gmail.com) with the location of the neighborhood curiosity pictured at right.

The reader who submits the correct entry will be notified, and the winner(s) will be announced in the December edition of the *Forum*.



## November Events Happening in Ramsey County

**November 1, 3, 10 a.m.- 12:30 p.m. or 4 p.m.: Career Services:** Stop by Ramsey County Library — Maplewood to get job search assistance and career planning and more.

**November 1, 11 a.m.: Union Depot Tour:** Tour Union Depot to learn about the history, recent renovation, sustainability initiatives, expanding transit options and much more. [uniondepot.org/visit/tours/](http://uniondepot.org/visit/tours/).

**November 1, 12:30-2 p.m.: Our Constitution: Its Origin and Its Future (Virtual Option):** Join Janet Woolman, longtime history educator, for a new look at the Constitution. Presented by Ramsey County Library.

**November 1, 2, 3-5 p.m.: MakerTeen:** MakerTeen is all about being creative, making new things, and using high-tech and low-tech tools to change your world. Hosted by Ramsey County Library.

**November 2, 12:30-2 p.m.: George Washington: The Man and the Myths:** Join us for a fresh look at George Washington and his legacy. Presented by Ramsey County Library.

**November 3, 5-7 p.m.: Gaming Thursdays for Teens:** Please join us on Zoom for a variety of fun board games and video games virtually! Come game with us! Hosted by Ramsey County Library.

**November 5, 2:20-4:20 p.m.: Free Open Skate at TCO Sports Garden:** Please join us on Zoom for a variety of fun board games and video games virtually! Come game with us! Hosted by Ramsey County Library.

For more events going on throughout the month, visit [ramseycounty.us/calendar](http://ramseycounty.us/calendar).

## Happy the Turtle, Happy Am I It Takes a Village

Sage Holben

A neighbor texted me to ask if I could take a "found" turtle to the Roseville Wildlife Rehab Center. Another neighbor had found the turtle on the sidewalk near my Little Free Library on Bates. My neighbor delivered the turtle to me and as I walked past my resting cat to place the turtle in a tall pail, I stopped to introduce curious Tommy to this odd creature. Tommy barely budged. He lifted his head a bit toward Turtle, and with empathetic eyes, seemed to assure the turtle, you'll find a home.

Minutes later, Turtle nested in the bucket. Turtle and I set out to get his head nick and general health checked out. Two staff members welcomed us and checked Turtle's health. His head nick was deemed superficial and required no medication. Perfectly healthy and eager to go, was the assessment, and it was a female turtle. They informed me that this was turtle migrating season and turtles, having their own GPS monitors, know exactly where they need or want to go. "Take her back to where she was found and she will find her way to water" was the advice. I explained there wasn't any pond, lake, river that she could have safely

come from or be headed. I gave my address as another staff member came into the area and introduced himself.

"Hi, I'm your neighbor, Scott. I live up the street from you." He agreed with what I had said about the lack of water and the presence of several high-traffic streets and an expressway. Scott suggested that a kid probably had picked up "Happy" (as Scott named our turtle) from Swede Hollow Park or Bruce Vento and later dropped him off at Fourth and Bates. Scott suggested relocating Happy at a pond in Bruce Vento.

When Happy\* and I arrived at Bruce Vento, I realized my unsteady legs would not easily make it from the parking area through the reedy growth to Happy's new home. I drove up to the Mounds Park area and found a man and woman who were walking their three dogs. I explained my situation and they agreed that the woman would walk the dogs down to Bruce Vento and meet the man (later introduced as Brad) whom I would drive down with Happy. Brad would then walk Happy to her new home. Mission accomplished, thanks to this wonderful couple!

*\*I appreciated Happy's new name as my father, an Army band and a Chicagoland musician was known as "Happy Sage". An added note about ill-fated humor — My neighbor who is a self-described "animal professional" did not seem amused when I noted that when I lived in Green Bay and De Pere, Wisconsin, neighborhood booya was often made with turtle meat from the area creeks and river.*



Steve Trimble

The old way of drying laundry was seen near Upper Swede Hollow Park on a nice fall day.



## Should We Have a Printed Dayton's Bluff Hall of Fame Booklet?

G.B. LeRoy

Lots of schools and other groups have their own "halls of fame" and sometimes photos and information are put on their walls. But did you know that there is a Dayton's Bluff Hall of Fame? There is no place to go to where you can see it. It is a virtual one that is on the *Forum's* website. Here are a few examples of the people that have been honored:

**Emily Borth:** Emily Borth was a long-time Girl Scout Troop Leader and supporter of her Dayton's Bluff neighborhood. Living at 1109 Burns Avenue, she became the leader of Girl Scout Troop #5 at Mounds Park Elementary in 1932. She and her husband Arthur had no children of their own, but Emily set out to nurture as many children as possible. She had a gift for being there for the girls. She organized field trips to businesses, fire stations, and a police department, where troop members were fingerprinted. They took train trips, made place mats for hospitalized patients, and helped to collect dolls for less fortunate children. There were also trips to overnight cabins in Forest Lake.

For 32 years, Borth devoted much of her life to the ideals of Girl Scouting.

**Éamon a Búrc:** Éamon a Búrc, a sean-chai (an Irish storyteller), was born into an Irish-speaking household in Carna,

County Galway, Ireland. The family emigrated to Graceville, Minnesota, with the help of Archbishop John Ireland.

After a brutal winter and an eviction in 1880, they resettled in "Connemara Patch," a section of the city so named because many Irish immigrants lived along Phalen Creek south of East Seventh Street.

Éamon and his father went to work for J. J. Hill's Great Northern Railway. After losing a leg in a work-related accident, Éamon returned to Ireland and became a tailor.

In 1935, the Irish Folklore Commission recorded his repertoire of legends and folk poetry and the transcription filled more than 2,000 pages. According to one source, Búrc "Was perhaps the finest storyteller collected from in the Twentieth Century."

**Antoinette (Nana) Carbone:** Alfonso and Antoinette Carbone, who came to St. Paul from Italy, started a small grocery/confection shop with "near beer" during Prohibition. When her husband died in 1954 Antoinette, living at 698 East Fourth Street, gathered traditional recipes from the south of Italy and with the help of her children, opened what is considered to be St. Paul's first pizzeria at 680 East Seventh Street.

Nana died in 1974, but her children took over and the business prospered and expanded. Carbone's is still in family hands and remains a chain with 30 locations in Minnesota and a few in Wisconsin and Montana.

Do you think there should be a booklet printed with the information about the people from our neighborhood? Do you have any ideas for who should be included? If you do, please contact the *Forum* newspaper at [daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com)

## Coming Home to Swede Hollow

Karin DuPaul

Coming Home to Swede Hollow was an event that was held on October 1 in Swede Hollow Park. It was a very nice fall day and a successful event. Music was by John Knowles, the "smiling cowboy".

Visitors walking along the Bruce Vento Regional Trail got to see the new signage that celebrates the people who

came to Saint Paul and made the lovely valley their first home in the city. First the Swedish, then the Italians, and then the Mexicans settled in Swede Hollow along with people from other countries

At the Swede Hollow history tent we had a number of former Swede Hollow residents including Thelma Stone and Lois Rodriguez who lived in the hollow years ago and who enjoy sharing their memories of life in the peaceful valley that is now Swede Hollow Park.

Good food was from Karibu Grocery and Deli, a restaurant at the corner of Payne and East Minnehaha Aves.



Minnesota Historical Society

Girls Scouts in uniform, dated 1937.



Kiki Sonnen

On October 8, led by Kathy Sidles, the Friends of Swede Hollow and the Saint Paul Audubon hosted a BirdUp! in Swede Hollow Park.



[@givemn.org/organization/Hopewell-Communications-Incorporated](https://www.givemn.org/organization/Hopewell-Communications-Incorporated)

### Dayton's Bluff District Forum

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We are currently printing and distributing our newspaper quarterly. The paper is available online at [daytonsbluffdistrictforum.org](http://daytonsbluffdistrictforum.org). This publication of Hopewell Communications, Inc., a nonprofit organization, is intended to provide a forum for the ideas and opinions of its readers and to be an instrument for developing community awareness and pride. Signed articles do not necessarily represent the views of the *Forum*. Material from this paper may be republished if it is attributed to the *Dayton's Bluff District Forum* and to the author, if any. Articles and letters to the editor are welcome and may be emailed to [daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com), or mailed to the address above. The *Dayton's Bluff District Forum* is delivered to businesses in the Dayton's Bluff neighborhood when the budget permits. To find out where you can pick up a printed issue, send an email to the address above.

Board of Directors: Greg Cosimini, Karin DuPaul, Sage Holben, Jennifer Gascoigne, Steve Trimble  
 Editor/layout: Allison Lund-Zalewski; Editorial Associate: Mark Gallagher  
 Staff: Mandy Okonek, Clare Howard

Next issue: December 2022. **Deadline for material: November 10, 2022.**



## The Gold Line is Coming and Our Trees are Going

Greg Cosimini

Anyone who has recently driven on Hudson Road between Forest St. and Johnson Parkway may have noticed something, or more accurately, the lack of something. That something being trees. All the trees on both sides of Hudson Road, not just near the freeway noise barrier, have been removed in preparation for Gold Line Bus Rapid Transit roadway construction which will begin next year.

The Gold Line is a 10-mile dedicated bus roadway which will provide easy access between downtown Saint Paul and the suburbs of Maplewood, Landfall, Oakdale and Woodbury. It will pass through Dayton's Bluff and the rest of the East Side to the east of Johnson Parkway along the north side of the freeway noise barrier.

According to the October 14 newsletter from the Metropolitan Council, here is an update for work in progress or planned for the next few months on the East Side: "Crews continue site preparations by

removing fencing, clearing trees, and grading north of I-94 between Johnson Parkway and the Etna Street Station site (near the intersection of Hudson Road and Old Hudson Road).

"Expect lane closures and temporary bypass lanes on the southbound Highway 61 on-ramp and on the westbound I-94 off-ramp to Etna Street. Expect shoulder closures on the northbound Highway 61 off-ramp, and the eastbound I-94 on-ramp. Crews in this area continue preparing the site by building up earth for bridge abutment work.

"Site preparations, including tree clearing continues west of Johnson Parkway.

"Next week, crews will begin installing sheeting and piling near the Etna Street Station site. Anticipate increased construction noise and vibration in the area. Following sheeting and piling, crews will begin to construct bridge abutments and piers. A vibration monitoring system will be installed at various locations to monitor construction vibrations.

"Beginning October 24, crews will be removing brush, trees, and topsoil along Hudson Road between Johnson Parkway and Kellogg Boulevard."

For more information on the Gold Line Project and to subscribe to the Gold Line Project Upgrade Newsletter, visit [metrotransit.org/gold-line-construction](http://metrotransit.org/gold-line-construction).



Greg Cosimini

The trees and shrubbery that once lined Hudson Road near Earl St. have been removed in preparation for Gold Line Bus Rapid Transit roadway construction which will begin in 2023.



@Dayton's Bluff District Forum

## November Historical Events in St. Paul

Steve Trimble

November 3, 1872: Artist Carl Bohnen was born in Pennsylvania on this day, but was raised in Meyers Grove, a small German community in Sterns County. He was artistic as a child, and often wrote on his home's walls with coal. By age 14 he began drawing portraits. He received his first form of art training at St. John's University. He next studied at St. Paul Institute of Arts.

He was a popular artist for the *Pioneer Press*, drawing visiting celebrities. Some wealthy St. Paulites sent him and his family to Europe where he learned to oil painting. They got to Munich, and a month later World War I started. Travel in Germany was banned and Bohnen, his wife, and three children were trapped with war time scarcities. Eventually the Bohnens were able to make their way to St. Paul in the summer of 1917. People wanted to hear what was happening in Germany. He gave some talks, but suddenly he was being called unpatriotic in the newspapers.



A sketch of an "unidentified man" by Carl Bohnen.

Bohnen found himself under suspicion for having been in Germany and supposedly not being pro-American enough. He left to carry on in Chicago. However, he returned to paint the

portraits of seven Minnesota

Governors that were hung in the State Capitol.

November 5, 1991: Choua Lee was elected to the St. Paul School Board on this day. The 23-year-old was the first Hmong person to ever be elected to public

office in the United States. She was born on July 7, 1969, in Laos. Later the family moved to Chicago and then came to St. Paul in 1976. Lee graduated from St. Agnes High School.

A third of the students in the St. Paul school system were Hmong, so she decided to make a run. At first though she would just raise awareness but ended up being the top vote getter.

After serving a term on the school board Lee went back to school to get a teaching degree in administrative licensure. Her goal was to bridge the gap between the southeast immigrant community and the school system. She said, "Things do not change unless people communicate. When people share their opinions, they feel an ownership with the school."

After a record as an assistant principal she next made history as the first Hmong principal at Homeroft School. Choua Lee led the way, and, after her victory, several Hmong residents later served on the School Board as well as the City Council and in the Minnesota Legislature.

November 8, 1985: *That Was Then This is Now*, a movie, opened on this day at the Cooper Theater in Minneapolis but it had already premiered at the Grandview Theater in St. Paul the day before. It was filmed in the Twin Cities during the months of August and September and a great deal of it was set in St. Paul.

Emilio Estevez, who wrote the screenplay, played Mark, a troubled youngster. He looks up to an older Bryon. When Bryon starts a romance, Mark is jealous, acts badly, and starts dealing drugs. Mark and Bryon's friendship is put to the test.

The two friends live together in an actual house at 654 E. 4th Street. At the start of the movie Mark and Bryon walk down 6th Street to Maria Ave. to catch the city bus. On East 7th Street under the Earl Street Bridge, Charlie, played by Morgan Freeman, owned a local pool hall where Mark and Bryon hang out and hustled pool games.

Why the St. Paul setting? "It was my choice," said director Christopher Cain. "It has the kind of mix of the old and the new that we were looking for. Some renovations next to high-tech buildings. You know, poor but not seedy."

November 12, 1977: Steve Carter's *Eden* is the first documented performance at the Penumbra Theatre launch of the 1977-78 season of the Penumbra Theatre Company. Founded in 1976 by Lou Bellamy who wanted to have a forum for African-American voices in the Twin Cities theater community. He is known for producing all of the works of Pulitzer Prize-winning playwright August Wilson.

"The stories that were being told about African-Americans at that time didn't have the breadth or richness that I knew



Minnesota Historical Society

Lou Bellamy, producer of playwright August Wilson's works.

African-Americans could be told." He described as a "real adherence and concentration on the nuance, musicality, gestural language and culture of African-Americans." Penumbra quickly had a loyal following in their setting inside the Martin Luther King Center. They launched the career of many respected playwrights, including two-time Pulitzer Prize winner August Wilson whose *Jitney* and *Fences* were premiered there.

The Penumbra Theatre Company was one of three professional African-American theaters in the nation to offer full seasons of performances. In 2017, Bellamy handed the artistic director to his daughter Sarah Bellamy whom he knew would carry on with ground-breaking productions.

November 17, 1927: On this day St. Paul approved plans for a steel 100-foot tall steel tower for an airway beacon to be erected in Indian Mounds Park. Over 600 airway beacons were constructed between 1923 and 1933 to help pilots find their way on night flights by following lights

from city to city.

In 1929, this 100-foot-high steel tower was constructed in Indian Mounds Park a little west of Earl. It was designed to light the route between St. Paul and Chicago, and ever since has been a local landmark. Ironically, in that same year, radio range systems began to replace the visual system

The rotating beacon features a 24-inch mirror that spins at six revolutions per minute. In clear weather it can be seen for 40 miles.

The Smithsonian wanted to remove the Indian Mounds Park beacon, the last of its kind still standing, to their museum but community people resisted the move.

The beacon was restored between 1994 and 1995. The revolving light was taken down and refurbished. A modern red and white color scheme on the tower was stripped off and was replaced by the original black and chrome yellow color scheme. An interpretive marker now sits near Mounds Boulevard.

November 24, 2004: A proclamation on this day declared Elizabeth DeCourcy Day in the City of Saint Paul. In 1956, she became the first woman elected to the St. Paul City Council. She ran for the board seat after a male official belittled her for going to City Hall to request that a city sign be removed from in front of her St. Paul home.

DeCourcy was also the first woman elected to the Ramsey County Board of Commissioners. Mrs. DeCourcy won elective office without the endorsement of any political party. She was a widow raising two sons. She retired from the county board in 1975. She was a pioneer in local politics who opened the door for women at all levels of politics in an era when women were not necessarily welcomed with open arms.

As a widow, DeCourcy raised her two sons alone. One of her children, Michael, became a Judge of District Court in Ramsey County. DeCourcy broke down barriers and tackled stereotypes. "If you knew my mom, the one thing you never wanted to tell her was that she couldn't do something," recalled Judge Michael DeCourcy. When she ran for office, "she didn't just open doors; she knocked them down."



## East Side Eating Trimble's Taste Trek

Forum contributor Steve Trimble has set out to eat at every locally-owned, sit-down restaurant on the East Side. He hopes to get the word out to Dayton's Bluff about the eating options here on our side of town.

There are more restaurants than there is room for in the monthly paper, but at least 60 may now be found online at [daytonsbluffdistrictforum.org](http://daytonsbluffdistrictforum.org): click on "East Side Eating" at the top of the home page. Steve Trimble can be reached at [daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com).

## El Quetzal Panaderia Y Cafeteria

1532 White Bear Avenue  
St. Paul, MN 55106  
Phone: 651-772-6806  
Hours: Monday through Sunday 6 a.m.-9 p.m. (Call before visiting, as they may change hours)  
Facebook: @panaderiaycafeteriadelquetzal

It was a sizeable place that was well lighted and clean. There were five tables that would seat four and a large table for six or more. If you prefer booths, there are four of them. The tables also had little plants on them. There are scattered decorations around as well as a large mural on the east wall.

You order at a counter on the north side of the building, and it has color photos of most of the menu. The south wall is full of windows. Along the west wall is their bakery works. Next to the counter is a glass fronted container of small bakery items as well as fancy birthday and wedding cakes.

There were a lot of people sitting at two tables and a booth when I was there but quite a few were coming in for doing take out.

The owners and workers are a mixture of Latinx from Guatemala. I may not be

able to explain as well as usual when I write descriptions of the food because the menu is almost exclusively in Spanish and none of the internet postings were very helpful.

I was able translate some of the menu items. Here goes: The menu has 11 different antojitas. The name of a large group of a family of foods known as antojitos that in English means "little cravings." It refers to street snacks or appetizers. They're usually small bites intended before the big meal or as a late-night bite after a few drinks. A few are small tamales, Enchiladas Guatemaltecas, Enchiladas Mexicanas and Chuchitos, a traditional Guatemalan-style of tamales. The first word in the name means "little dog."

Another group is tortas, a sort of Mexican sandwich that is served on a soft roll and filled with meat, sauce, and various toppings such as crema, avocado, salsa, and iceberg lettuce. Two them are torta cubana and a torta regular. Of course,



there are several kinds of tacos that the restaurant describes as Mexican street tacos with one choice of meat. Four kinds including tacos dorados a rolled taco-filled with meat and crisp or deep-fried and tacos guatemaltecos. Burritos are flour tortilla with beans, rice and a choice of meat and a few are on the menu.

One offering from El Salvador are pupusas and there are a few different kinds. There are several

soups featuring caldo de gallina (chicken soup), menudo, a traditional soup using a cow's stomach in a red chili pepper base and caldos de pata or duck broth.

Since they open early, they offer breakfast burritos breakfast tacos, desayuno (breakfast) chapin with three eggs and beans, fried plantain and desayuno campestre with avocado.

There are several different shrimp dishes and one tilapa one.

The desserts offerings include tamal de fruta sweet fried platanos that are sweet fried plantain.

There is even a short children's menu. The choices are a quesadilla, a hamburger, a cheese quesadilla or a pupusa. All of them include fries.

I opted for a burrito with portions that were so large I took half home. They have no beer or other liquors, but they have pop and Mexican Jarrito. But they also had a Sanygria Senorial, that is a sparkling non-alcohol beverage that I added to my order.

By the way, you get your food from a pickup window in the wall. They call out your order. Near the window they have a coffee urn. They also have Spanish background music going all the time and there is a TV behind the order counter.

El Quetzal takes cash and cards but no checks at this time. They offer dine in, take out, and will cater their food. Plenty of parking in the strip mall lot.



A mural on the inside east wall

Steve Trimble

### Many thanks to our Friends of the Forum 2022 donors:

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If you'd like to see future issues printed again, please consider donating. We have three ways for you to do so:

- Donate electronically via PayPal at: [daytonsbluffdistrictforum@gmail.com](mailto:daytonsbluffdistrictforum@gmail.com)
- Make checks payable to *Dayton's Bluff District Forum* and mail to: 1368 Minnehaha Ave E, Saint Paul, MN 55106
- Donate by going to: [givemn.org/organization/Hopewell-Communications-Incorporated-](http://givemn.org/organization/Hopewell-Communications-Incorporated-).

- Be sure to keep up with us online in one of three ways:
- Website at [daytonsbluffdistrictforum.org](http://daytonsbluffdistrictforum.org)
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@Dayton's  
Bluff District  
Forum

### Friends of the Forum

Dear Reader,

The *Dayton's Bluff District Forum* has been a volunteer-run newspaper since the 1980s and has always operated on a minimal budget. Each issue costs around \$1,000 to produce per month. We have found a new printer and have adjusted the cost to print each month.

For the past three years we have been soliciting donations through our Friends of the *Forum* program. Thanks to the donations from readers like you, we have been able to keep the paper up and running. If you value this community source of information, please consider filling out the form below. Any amount is appreciated; you may also make memorial donations, or include the *Forum* in your legacy planning. **If you have been our Friend in the past, please consider making a donation in 2022. Our goal for 2022 is \$5,000; will you help us reach our goal in 2022?**

Yes, I will become a Friend of the *Forum*. My tax-deductible check is enclosed, for:

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