

Dayton's Bluff District Forum

Volume 35, No. 1

February 2022

"The Voice of the Community"

St. Paul Winter Carnival

Happening Through February 6

Mandy Okonek

The Saint Paul Winter Carnival challenges the popular saying To Keep Saint Paul Boring. For 10 days starting **January 28 through February 6**, our metropolis will be packed to the brim with family-friendly activities celebrating winter.

This year's in-person festivities include the tried-and-true favorites of the ice sculpture competition in Rice Park and the snow sculptures at the State Fair Grounds. However, I'm most excited about the addition of The Ghosts and Gangster's Walking Tour and the beverage sponsor for 2022, Birch Beer. Birch Beer is a cleverly marketed soda flavored with oils from the birch tree that offers a flavor profile somewhere between a root beer and a cream soda.

The Ghosts and Gangster's walking tour is \$20 per person and must be pre-booked by ordering tickets online at cyncitytours.com. Tours are 60 minutes in duration and limited to 12. I plan to drink Birch Beer during the Ghosts and Gangster's tour.

Also worth mentioning is the crowning ceremony of The Winter Carnival's canine King and Queen, Saturday, **February 5 at 10 am** over at The Union Depot which will include dog friendly activities like dog yoga and pet vendors galore.

Lisa Jacobson is both mayor of Brook-

lyn Park and new CEO and president of the non-profit company, Saint Paul Festival & Heritage, the group that runs the St. Paul Winter Carnival, is excited for the return to in-person festivities. In an email, she stated, "I am looking forward to the Saint Paul Winter Carnival making a comeback during a difficult time in our community — and for to safely celebrate our 136-year traditions together with our emerging history and new events!"

Her excitement for community building is apparent in the myriad of events, new and traditional, that cater to the outdoor enthusiast, the local music fan, and for those of us, like me, who love winter. No winter hate mail, please. Wherever you stand on the spectrum of winter emotions, this year's Winter Carnival boasts something for everyone.

Our freezing winter months offer the perfect opportunity to congregate with our friends and neighbors outside as we safely socially distance ourselves from other patrons. Your face mask will not only keep you safe from airborne germs but doubles as an accessory to block the bitter winds of winter.

The ice bars will also be returning this season for the option of warming up with a beverage. I would personally love a Birch Beer cocktail, fingers crossed.

There is a complete calendar of Winter Carnival events listed on their website at wintercarnival.com, where you are sure to find some fun ways to support the longest-running Winter Carnival in America.

Let's all go, mask up and tip our servers and be kind to the volunteers who are working hard to give us legitimate reasons to go outside, and more importantly, downtown which is only a 50-cent bus fare from many stops in Dayton's Bluff. Maybe Saint Paul doesn't have to be boring, at least not all of the time.

October 2022.

For more information and application details, please call the MAT offices at 1-800-228-0296 or visit mntownships.org.

"Townships are proud to offer the Scholarship Program, and encourage as many high school juniors as possible to apply, whether they are from the largest cities or from smaller rural areas. We know the MAT Scholarship Program has made a real difference for our recipients in furthering their education. It is also an opportunity for learning about township government, which embody the values of "grassroots government" where local citizens directly participate," said MAT Executive Director Jeff Krueger.

There are approximately 914,174 township residents in 1,781 townships in Minnesota. Townships exist in every area of the state, including the metropolitan area. Some, with populations of more than 1,000, function in much the same way as a small city. While many townships remain rural agricultural centers, other host a variety of residential, light commercial, and industrial development.

The Minnesota Association of Townships is a non-profit corporation representing Minnesota townships. Its goals are educational and charitable, promoting an understanding of the history of townships and being a voice for its roughly 9,000 officers.



CynCity Tours

This event is brand new for this year's Carnival — The Ghosts and Gangster's Walking Tour.

Donations Needed for Us to Print

We are Printing the April Issue!

The *Dayton's Bluff District Forum* staff is asking you to support our newspaper! Just a small donation can help us get our newspaper back to the printing press so that you can read a hard copy!

Your donation will go toward printing costs. We miss having our newspaper displayed in the businesses on Seventh Street.

We are so close to meeting our goal and we know your donations would bring us one step closer to printing your favorite paper!

Own a business? Consider taking out an ad with us for our April issue.



@daytonsbluffdistrictforum@gmail.com

Minnesota Association of Townships 2022 Scholarship Program for High School Juniors

Minnesota Association of Townships

The Minnesota Association of Townships (MAT) is proud to announce its 2022 Scholarship Program, which will award up to five \$2,000 scholarships to high school juniors. All students currently enrolled in 11th grade and attending a Minnesota public, private, or parochial school, or a home-study program, are eligible to apply for this program. Since its inception in 2001, the MAT Scholarship Program has had over 2100 submissions and 92 winners.

Applicants should submit a written essay using critical thinking on the topic of promoting township government by May 1, 2022. Winners will be chosen by an independent panel of judges and will be notified mid-August 2022. They will also be invited to attend MAT's annual conference in St. Cloud, Minnesota in

February Events Happening at Battle Creek and Dayton's Bluff Recreation Centers

February 2 to May 18, 6-8 p.m., Free; Dayton's Bluff Rec Center—Sew What: For ages 10 to 13. Participants will learn the basics of sewing.

February 8 to April 19, 6-7:30 p.m., Free; Dayton's Bluff Rec Center—Kids in the Kitchen: For ages 9 to 11. Come explore the great food of St Paul. Participants will learn about the diverse cultures that make of our amazing city, and learn how to make different foods from different cultures.

February 8, 6-7:30 p.m., \$25; Battle Creek Rec Center—Paint Night for Teens: For ages 11 to 16. Let the artist come out in you! Teens will create a masterpiece on canvas and be able to take it home.

February 9, 9:30-10:30 a.m., \$14; Battle Creek Rec Center—Valentine's Day Party Kid Create: For ages 1.5-5. Join us for a Valentine's Day story and gift making party. Nothing says "I love you" like a homemade gift!. Let your young artist show their favorite Valentine how much they love them with a jumbo-sized Hershey Kiss made out of clay. Children must be accompanied by a caregiver.

February 11, 4-5 p.m., Free; Dayton's Bluff Rec Center—Valentine's Ice Cream Party: For ages 6 to 11. Come Celebrate Valentine's Day and have an Ice Cream Treat!

February 14, 5-8 p.m., \$5; Battle Creek Rec Center—Valentine's Night Out: For ages 6-12. Parents do you need a night out without the kids? If so, bring them here so they can participate in baking, enjoy arts and crafts, and play in the gym while supervised by staff.

February 24, 6-8 p.m., Free; Dayton's Bluff Rec Center—Paint Night for Teens: For ages 11 to 16. Let the artist come out in you! Teens will create a masterpiece on canvas and be able to take it home.

February 26, 10 a.m.-noon, Free; Battle Creek Rec Center—Mario Kart Battle Mode: For ages 8 to 12. Kids will participate in a team setting and battle against others to collect coins without getting out. Snack will be provided.

Friends of Swede Hollow

Friends of Swede Hollow watch over, restore, and celebrate the history of Swede Hollow Park. Join the Swede Hollow community at their monthly meetings.

Our next meeting will be on **February 15** starting at **6:30 p.m.** at 668 Greenbrier Street. Anyone interested in Swede Hollow is welcome to attend. Discussion will include Art in the Hollow (which will be **June 4**), park clean up, etc.

For more information, email karindupaul@comcast.net or call 651-776-0550 for more information and the meeting's location.

Dayton's Bluff District Forum Board Meeting

The *Forum* is seeking writers and help with online content, idea generation, and ad sales — join us at our next meeting on **Thursday, February 3 at 11:00 a.m.**

If you'd like to attend, call 651-776-0550 or email daytonbluffdistrictforum@gmail.com for more information. We are currently meeting at the Dayton's Bluff Library.

Police Community Meetings

The Eastern District Saint Paul Police hosts their monthly meetings for community members at the Eastern District Police Office at 722 Payne Avenue, on the corner of Payne and Minnehaha Avenues.

The meetings are intended as a time to learn, listen, and address people's concerns about crime and other issues on the East Side. Policing meetings are held at **9:30 a.m. and 6:30 p.m.** on the third Tuesday of each month. Bring your neighbors!

Call or email Robyn at 651-266-5580 or robyn.brewin@ci.stpaul.mn.us to ensure the meetings have not been canceled.

SNAP Food Program at Comunidades Latinas Unidas En Servicio (CLUES)

¿Necesita más comida saludable para la familia? El programa SNAP le puede ayudar. SNAP proporciona fondos para alimentos que benefician a familias de escasos recursos.

Aún si no es ciudadano, si tiene hijos nacidos en este país ellos podrían calificar. Participar en el programa SNAP no afectará su estatus migratorio.

¡Llame a CLUES para saber si califica! 612-746-3500. Nuestro personal bilingüe puede facilitar el proceso para usted y su familia.

Need healthy food for your family? The SNAP program provides funds for low-income families to buy food. Even if you are not a citizen, your children born in this country could qualify. Participation in the SNAP program won't affect their immigration status.

Call CLUES to find out if you qualify

at 612-746-3500. Our bilingual staff can facilitate the process for your family.

Twin Cities Mobile Market

The Twin Cities Mobile Market is a grocery store on wheels that brings affordable, healthy food directly into neighborhoods. The Mobile Market stops at Parkway Gardens Apartments, located at 1145 Hudson Road, on **Wednesdays, from 2 to 3 p.m.**



THE HISTORIC
MOUNDS
THEATRE

Visit moundstheatre.org to get more information on upcoming events.

The Historic Mounds Theatre is located at 1029 Hudson Road, St. Paul, MN 55106; 651-772-2253; historicmoundstheatre@gmail.com

Free Health and Human Services

United Way 2-1-1 provides *free and confidential* health and human services information for people in Minnesota, 24 hours a day, seven days a week, connecting you with the resources and information you need: Alcohol & Drug Abuse; Child Care; Consumer Regulation; Financial Assistance Programs; Healthcare; Money Management; Transportation; Animal Services; Criminal Justice & Legal Services; Employment; Food/Housing/Shelter; Tax Organizations & Services; Utilities (includes phones); Mental Health.

When calling 2-1-1 you will need to enter your ZIP code and then will hear a menu of services. Be patient, please. With COVID-19, lines are busy. You may be given options to waiting on the line.

COVID Saliva Tests Available

Minnesota is offering at-home COVID-19 saliva testing for any person with or without symptoms, at no cost.

When you take the test, you will log in to access the Vault virtual waiting room and do a video visit with a Vault test supervisor. You will then send the test to the lab in Oakdale, MN, using the pre-paid package. Once it arrives, you will get your results by email in 24 to 48 hours. This saliva test is available at no cost.

Go to learn.vaulthealth.com/state-of-minnesota/ or health.state.mn.us/diseases/coronavirus/testsites/athome.html to learn more

Business Classes

The Dayton's Bluff Neighborhood Microentrepreneur Class program helps startup and young businesses on the East Side. All East Side entrepreneurs are welcome. Class training lasts eight weeks and includes

topics such as: operations management, marketing, financial management, one-on-one assistance with creating a successful business, and preparing a business plan, plus eight hours of one-on-one time with the instructor.

Those who successfully complete the course and locate their businesses in target neighborhoods are eligible for ongoing business support services. Some examples of businesses started by people who have previously taken this course include graphics, landscaping, photography, food service, restoration of wood furniture, art, custom floral design, and exterior and interior painting. The course is sponsored by the Dayton's Bluff Community Council and the Neighborhood Development Center. There is a small registration fee based on a sliding scale. Class sizes are limited, so enroll now. Please call 651-379-8432 for a current application.

Family Homeless Prevention Assistance Program

Family Homeless Prevention Assistance Program (FHPAP) funds can help single folks, too.

Here is a list of agencies that help with deposit and/or rent assistance through FHPAP:

Neighborhood House: 651-789-2500
MN Community Care: 651-266-1290
American Indian Family Center:
651-793-3803, CLUES: 612-746-3550, YMCA: 763-493-3052, Face-to-Face: 651-224-9644

Dayton's Bluff Library

The library is hosting plenty of fun activities. Listed below are some February events:

February 2 — Dayton's Bluff Book Club: A great fit for folks who love reading books by local authors and discussing them, **6-7:30 p.m. via Zoom.**

February 2, 9, 16, 23 — **Craft and Read:** Join us for storytime and stay for a craft for caregivers and kids! We'll read stories, sing songs, learn rhymes, dance, and practice ASL together, **2:30-3 p.m.**

February 2, 11, 18, 25 — **Senior Lounge:** Senior Lounge is a program for older adults to spend time socializing, painting, doing crafts, or completing crossword puzzles, **10:30-11:30 a.m.**

February 5, 12, 19, 26 — **FunLab STEAM steam for ages 7-11:** Join us for a fun drop-in session for crafts, engineering projects, science experiments, or relaxing boardgames and movies, **2-4 p.m.**

February 8 — **Teens Know Best:** Teens Know Best is for teens, ages 12-18, who want to read and review YA books that aren't available to the public yet. The review are used to influence the future of the publishing industry, **6:30-7:45 p.m.**

February 16 — **Local Author: Heather Demetrios:** Author of *Code-name Badass: The True Story of Virginia Hall*. A "riotous, spirited biography of the most dangerous of all

Allied spies — courageous and kick-ass Virginia Hall" **6:30-7:30 p.m.**

March 1, Stuffed Toy Sleepover— Wear your pajamas and bring a blanket along with your favorite stuffed toy for bedtime stories and crafts. Say good-night to your buddy — they get to stay for a fun sleepover at the library with other toys! **6-7 p.m.**

Visit sppl.org's calendar for more.

Xcel Phone Numbers

Gas Leak: 800-895-2999. Power Outage: 800-895-1999 .

Call 811 before you dig: Before starting that roto-tiller or heaving that shovel into the ground for *anything*, call 811. At no charge, Xcel will have a trained technician check the area on your property or on the boulevard to be sure there are no wires, pipes, other hidden surprises in the designated digging area. Usually, someone checks within a day, marking the 'no-dig' area with painted lines...and everyone is safe!

Need Groceries?

If you are 60 or older, you may be eligible to receive a box of nutritious food every month from Second Harvest.

This box is part of a program called NAPS, and we can help you apply!

Give us a call at 651-683-2326, and someone will assist you with your application.

Help the Metropolitan Area Agency on Aging provide one-on-one counseling to Medicare beneficiaries at community partner sites.

Make a difference in your community by becoming a State Health Insurance Assistance Program certified Medicare Counselor. Help people understand their Medicare options.

Visit Metroaging.org/volunteer to learn more.

Financial Assistance

Increased financial assistance is available for Ramsey County residents who lost income due to COVID-19 and need help paying for housing costs.

Residents may be eligible for Emergency Assistance that can help pay for past due rent/mortgage, a damage deposit, or prevent utilities including water, electricity, and heat from being disconnected.

Go to ramseycounty.us/EmergencyAssistance for an application or call the Emergency Assistance hotline at 651-266-4884.

Free Legal Services for Low-Income People

Call Southern Minnesota Regional Legal Services at 1-888-575-2954 or go to smrls.org to see if you qualify for free legal assistance with: family law, government benefits, housing, education, seniors, and more. You can also call if you're behind on your bills, having problems with credit or creditors, or have other civil legal issues, etc.

If an interpreter is needed, SMRL will provide one.

Hours: **Monday through Friday, 9 to 11:45 a.m.; 1 to 3 p.m.**

Recipe Cudighi

Sage Holben

This recipe is from my cousin David Roberts, formerly of Negaunee, Michigan. Cudighi, an Italian meat dish, has been a popular meat sandwich served in Upper Michigan bars. Some make oblong or round patties; I make cudighi as appetizer-sized meatballs.

Ingredients:

- 6 pounds pork (or ½ pork and ½ venison)
- ¼ tsp. mace
- ¼ tsp. allspice
- ¼ tsp. cloves

- ¼ tsp. ginger
- salt and pepper to taste
- 1 T. red pepper flakes

Directions:

Combine above ingredients. Shape as desired. Bake on sheet pan. Serve warm on buns or sliced French bread with spaghetti sauce, or serve as meatballs in spaghetti sauce.

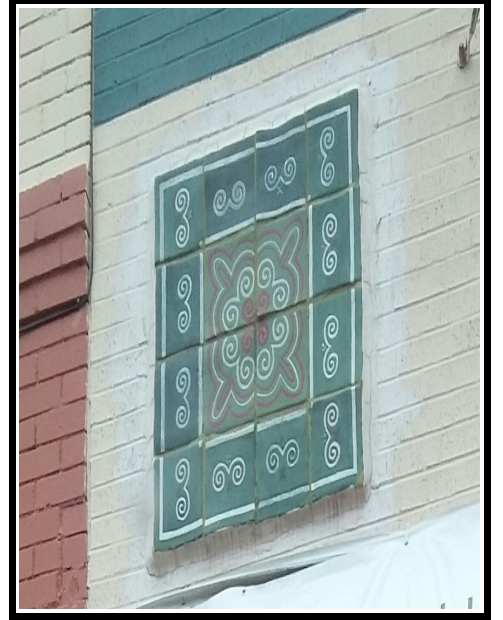


If you'd like to submit your favorite recipe, please send it to: daytonsbluffdistrictforum@gmail.com.

Contest: Where in Dayton's Bluff?

Send your guess to daytonsbluffdistrictforum@gmail.com with the location of the neighborhood curiosity pictured at right.

The reader who submits the correct entry will be notified, and the winner(s) will be announced in the March edition of the *Forum*.



Cerenity Marian Dementia Discussion

Kris Kulseth

Cerenity Marian will be sponsoring a discussion around dementia on **February 15** at our campus near Mounds Park in St Paul. Featured speaker Jenny West with Family Means will be our presenter and cover several key topics: Discussion of relationships and how dementia might change that dynamic, changing behaviors for everyone involved, listening to our emotions, practicing self-care when stressed, and options for family members

If you have a friend, family member, acquaintance, or other loved one that has early to late stages of dementia this information could be very valuable. Learn about options such as dementia support groups, daycare, respite care, and memory care from our team.

The event will be held from **10:00 to 11:00 a.m.** and the general public is invited, but seating is somewhat limited, so we ask that you RSVP any time prior to February 15. Please contact Sharyl Kaase via phone at 651-495-1819 or via email at sharyl.kaase@benedictineliving.org

There will be coffee and treats available. We look forward to seeing you!

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Compassionate Memory Care for your loved one

Our ministry provides a warm compassionate care team that enhances the lives of our memory care community where health, wellness, and choice come to life.

Ask about our move-in special! Tours available (contact Sharyl Kaase at 651-495-1819)

Learn more at <https://cerenityseniorcare.org/>

Immediate Openings

East Side Audubon Christmas Bird Count Adventure

Kathy Sidles

Every December since 2005 I have been able to find people to help count birds in our East Side neighborhood for the annual Saint Paul Audubon Christmas Bird Count. The group changes each year depending on how cold it is and who has time. We are always a mix of long-time birders and people new to birding. But everyone is willing to dress warm, go to neighborhood natural areas with a clip board and binoculars, and look for and count our winter bird neighbors.

Due to COVID rules Matt, Jennifer, Brad, and I gathered at sunrise in our garage, instead of our living room, for coffee and muffins and planned our route. About 150 years ago, people had contests to see how many birds they could shoot on Christmas Day. So early conservationists decided it was better to see who could count the most of each species instead. The Audubon Christmas Bird Count is still a kind of contest. I like to see if we can count as many birds and species as in previous years, and if our urban area compares with counts in the suburbs. So we planned our route to visit the favorite places of our neighborhood birds. Our count area is between Highways 94 and 36, and 35E and White Bear Ave. This area has a spring and two creeks on open water at the end of December that attract birds. So we made sure to visit those places, and also larger woods at Lakes Phalen and Keller and Swede Hollow.

This year due to COVID we had to drive separately instead of carpooling. It had just snowed, so this was a test of our tire treads as we went up and down our river town hills. While driving we scanned the tree tops for birds. Some of us drove with heat on and windows down to listen for and count house sparrows, pigeons, chickadees, or hairy or downy woodpeckers.

Our first stop of the morning was Frost Lake Park east of Lake Phalen. We split up and counted birds in two halves of the park and in the neighborhood. This way we combined our birding eyes, ears, knowledge, passion, and focus. Also, we matched our ability to get through snow with a sidewalk or more rugged path. We followed this pattern most of the day. But sometimes we split up to count birds at cemeteries, the bike trails, and

smaller woods. Jennifer counted wild turkeys near her house along the Gateway Trail. I went to Rivoli Bluff, where I counted 29 juncos.

What is most fun is to see hawks, owls, and eagles. If you look for birds all day in our count area you will see them, thanks to our remaining larger wooded areas. They are good urban top predators that experts say natural areas need. These birds control mouse and rabbit populations. We saw our first Hawk – a Merlin – at the top of a cottonwood tree at our next stop at the south end of Lake Phalen. Through the day we also saw eagles fly over, a few red-tailed hawks, a cooper's hawk (see picture), and three great-horned owls.

The long-running set of Audubon Christmas Bird Counts is a Citizen Science database. Researchers use it to keep track of how the birds are doing. They aren't doing very well! A 2019 study using this database and others in the journal, *Science*, shows the number of birds in the U.S. has decreased by 25% since 1970. Common birds that we see in towns and cities are in decline. Prairie birds have declined the most since prairies have been changed to pasture and cropland. Wetland birds are doing OK, thanks to protection of wet areas for hunting and clean water.

Even with drought this summer we counted 20 species and 337 individual native non-duck birds. This year's species count is higher and the total birds count lower than our 15-year average of 18 species and 355 native non-duck birds. There are many simple things we can do in farms and our city to improve habitat for birds and for the plants, animals, and insects they depend on. Planting cover crops, native trees, pollinator fields and gardens, mowing high and less often, leaving sticks and leaves, and removing invasive plants all help. If we live within and not instead of nature, we can keep next year's East Side Audubon Christmas Bird Count numbers and species counts high.

You can learn more about birds and birding, and sign up to help with future Christmas Bird Counts, at the Saint Paul Audubon website:

saintpaulaudubon.org

Saint Paul Audubon is a sponsor of the local Urban Bird Collective. Their events help everyone feel comfortable learning how to be a birder: urbanbirdcollective.org/

National Audubon's Natural Climate Solutions plan shows how we can best help birds while storing 23% of the extra CO₂ to stop global warming:

audubon.org/conservation/climate/naturalsolutions



Kathy Sidles

The top photo shows Matt, Jennifer, Brad, and Kathy who went out to count the birds in our neighborhood for the Audubon Christmas Bird Count in December. The bottom photo shows a Cooper's hawk they found at the south end of Lake Phalen.



@Dayton's Bluff District Forum

St. Paul and Maplewood Students Recognized as Graduates and on Dean's List

The University of Wisconsin-Milwaukee recognizes graduate Kayla Kohanek from the St. Paul area.

Minnesota State University, Mankato recognizes graduate Stefanie Kaul from the Maplewood area. The school also recognizes graduates Abdulrahmane Abdul-Aziz, Keesha Banks, Amanda Madsen, Sarah Schmidt De Carranza, Justin Vue, Yeeshai Yang.

Northland College has named Mi Cho C. Cho and Frank D. Steinhauer of St. Paul to the Dean's List.

Normandale Community College has named Gavin Butterfield, William Couture, and Olivia Forseen of St. Paul to the Dean's List.

The University of Wisconsin-Eau Claire has named Natalie Chitwood, Maddy Dornfeld, Abigail Lampert, and Tyler Simanski of Maplewood to the Dean's List. As well as Karinna Borgstrom, McKenna Campbell, Alanna Maisee Yang, Alanna Espinoza, Kathryn Henschell, and Mai Zoua Vue of St. Paul. The university also recognizes graduate Lauren Wicklund, Zachary Cambronne, Natalie Chitwood, Madelyn Dornfeld, and graduates Jacob Borchert, Nathan Caves, Claire Kathryn Henschell, and Samuel Thompson of St. Paul.

The University of Minnesota, Crookston has named Abdulkadir Jama of St. Paul to the Dean's List.

The University of Wisconsin-Stout has named Andy Bensen, Matthew Dahlseide, on, Brady Hedberg, Stephan Knotek, Autumn Lamparty, Nicholas Moua, and Sam Spoden of St. Paul to the Dean's List.

The University of Wisconsin-La Crosse recognizes graduates McKenzie Lindahl, Erika Nolby, and Jordan Medenwaldt of Maplewood, and Kaj Sab Lug Xiong of St. Paul.

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Dayton's Bluff and the Winter Carnival

Greg Cosimini

The Saint Paul Winter Carnival was started in 1886 to show the world that Saint Paul was a winter wonderland, not a winter wasteland. It caught on and continues today. While Dayton's Bluff no longer has much of a connection to the Winter Carnival, it was a major participant for many years.

That first Carnival featured a gigantic Ice Palace. Due to the expense of building them, not to mention the vagaries of our weather, large Ice Palaces are not an annual event. Some years they are no more than an ice throne for King Boreas and the Queen of the Snows.

Dayton's Bluff's one and only Ice Palace was built in 1938 at Plum St. and Mounds Blvd. in what is now the west end of Mounds Park. Today it is just an empty lot filled with grass and weeds located near a freeway exit, but back then it was an area used for various activities connected with Bluff Playground across the street.

Usually referred to as the Ice Court, its main features were two giant discs made of ice. The one in back was 60 feet tall. The one in front, 50 feet. In front of them was a huge ice throne at the top of a grand ice staircase. An ice rink approximately 100 feet by 300 feet was in front of the stairs. Colonnades of ice with colorful pennants flanked each side of the

ice rink.

The 1938 Ice Palace was brightly lit at night. Supposedly its lights consumed the same amount of electricity in 10 days that a town of 7,000 inhabitants would use in a year. Every part of the Ice Court was lit from within by a variety of colored lights. One disc was illuminated with green and yellow beams of light that shot skyward giving the effect of sunbeams or the Aurora Borealis.

Dayton's Bluff never saw another Ice Palace but the 1986 Centennial Ice Palace was built on the Island at Lake Phalen. At the time it was the tallest Ice Palace ever built. While there is nothing to mark the location of the 1938 Ice Palace in Mounds Park, there is an impressive stone monument in Phalen Park which is a replica of the 1986 Ice Palace, located across the lagoon from its location.

Local businesses such as Hamm's Brewery, Whirlpool, and 3M, and other groups like the Dayton's Bluff Commercial Club and Harding High School, were huge supporters of the Winter Carnival for many years until they left Dayton's Bluff for various reasons. They built impressive floats that took part in the Grand Day and Torchlight Parades for many years. Dayton's Bluff also had ski jumps and toboggan slides that hosted many events.

The *Pioneer Press*/Winter Carnival Treasure Hunt began in 1952. Mounds Park was always a popular place to hunt for the treasure because its view of the city often seemed to fit the early clues of the hunt. The treasure medallion was actually found there in 1987, 2005, and 2008. As Swede Hollow Park was developed, it also became a favorite of treasure hunters. The medallion was hidden and discovered there in 2009.



Greg Cosimini

The topmost photo shows the 1938 Ice Palace during the day and the bottom photos show the 1938 Ice Palace lit up at night.

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Dayton's Bluff District Forum

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Monthly circulation: 7,000; also available online at daytonsbluffdistrictforum.org. This publication of Hopewell Communications, Inc., a nonprofit organization, is intended to provide a forum for the ideas and opinions of its readers and to be an instrument for developing community awareness and pride. Signed articles do not necessarily represent the views of the *Forum*. Material from this paper may be republished if it is attributed to the *Dayton's Bluff District Forum* and to the author, if any. Articles and letters to the editor are welcome and may be emailed to daytonsbluffdistrictforum@gmail.com, or mailed to the address above. The *Dayton's Bluff District Forum* is delivered to every home and business in the Dayton's Bluff neighborhood when the budget permits. We are currently online only. Outside this area, subscriptions cost \$15 per year and may be arranged by calling 651-776-0550.

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Staff: Mandy Okonek, Clare Howard

Next issue: March 2022. **Deadline for material: February 10, 2022.**

Happening at the Dayton's Bluff Library

Teens Know Best presents local author, Heather Demetrios. Heather is the author of teen non-fiction *Codename Badass: The True Story of Virginia Hall*, a "riotous, spirited biography of the most dangerous of all Allied spies — courageous and kick-ass Virginia Hall." We invite teens ages 12-19 to participate in a lively book talk with Heather and ask her questions about her book and the craft of writing. Join us on **Tuesday, February 15 from 6:30-7:30 p.m.** at Metropolitan State/Dayton's Bluff Public Library, 645 E 7th Street. There will be light snacks and beverages. Masks are required, and registration is strongly encouraged. A free copy of the book will be given to the first 30 registrants. Limited library copies for check-out will be available to pick up at Dayton's Bluff Library. Please call 651-793-1699 to register and to check if copies are still available. Teens Know Best (TKB) is a book club for teens, ages 12-18, who want to read and review young adult (YA) books that aren't available to the public yet. TKB is hosted collaboratively by Metro State Library and Saint Paul Public Library.

Senior Lounge is offered every Friday for older adults to spend time socializing, painting, doing crafts, or completing crosswords puzzles. Join us to connect with each other and to the resources in your neighborhood library. For the time of this drop-in event, call the Dayton's Bluff Library at 651-793-1699 or visit sppl.biblio-commons.com/events.

Nuevo Libros para Niños! We have expanded our children's books in Spanish collection and have lots of new and popular titles to check out for all levels of readers — from board books (books that don't tear easily) for our youngest readers to middle school readers. We also offer fiction and nonfiction books for adults. Come in and browse!

Scanning to email is now free! Paper copies of documents are easier than ever to send electronically, and staff will assist if you need help. Printing costs are still \$.15 for black and white and \$.75 for color. Faxing services are also available for \$.25 per page (we can only send faxes, not receive them).

New **social worker** at the library! Carolyn Hockey is available by phone Monday through Friday, **9:00 a.m. to 5:30 p.m.** at 651-280-2190 or via email Carolyn.Hockey@wilder.org. For more information about services she can provide, visit sppl.org/library-social-worker-assistance/.

FAIR Banking Solutions Community Ambassadors are now taking appointments at two Saint Paul Public Library Locations! They will be making accounts (checking, savings, and/or credit builder) accessible to the public. Ambassadors will be at Sun Ray and Arlington Hills in Saint Paul. Learn more and register at fairfinancial.org

Current hours are available online at sppl.org/locations/DB/ or call 651-793-1699.

Kids Corner

Vio Nikitina,
Dayton's Bluff Children's Specialist

Do you have a reluctant reader? Do you have a child who hates to read? Here are some strategies to help kids find the joy of reading.

Let them read "junk"

If your child is reaching for a graphic novel, a fantasy book, or *Captain Underpants*—don't deride their choices. Reading is supposed to be fun! Allow your child to read books and decide for themselves whether the book is "good" or "bad," whether they liked it or not. Reading isn't limited to the novel format. Your child might be interested in magazines, instruction manuals, pamphlets, manga, recipes, and so much more.

Let them abandon a book they don't like

Life's too short to read books you hate! There's no need to turn reading into more of a chore by forcing a kid to finish a book they've started to hate. Unless it's for an assignment, abandoning a book is



an empowering decision that every reader should be able to make.

Don't underestimate the power of audiobooks

Pairing an audiobook with a book can provide a multi-sensory reading experience. While their eyes are roving the page, they are also listening to how the words are pronounced correctly, which benefits their linguistic development even more than reading alone! Plus, they can

hear the cadence and rhythm of how text is read. And if the narrator is doing their job right, they hear the characters' voices and personalities, too.

My strategy working with many reluctant readers in the library is to ask what TV shows, video or computer games,

and movies a kid likes. I try to dig a little deeper than just "Roblox." Specifically what game? What do they like about it? Who's their favorite character and why? Do they like the villain or the hero better in the movie? Once I think I get to the root of something that interests them, I can make better reading recommendations.

Home Values Increased Again in 2021 in Dayton's Bluff

Brad Griffith

Year-end statistics from the Saint Paul Area Association of Realtors® indicate that in 2021 the median sale price for single unit homes (condominiums, single family, townhomes, and twinhomes) in Dayton's Bluff was \$220,000, a 10% increase from the median sale price of \$200,000 in 2020.

By comparison, the 2021 median sale price for all neighborhoods in the city of Saint Paul was \$264,000, a 10.5% increase from 2020.

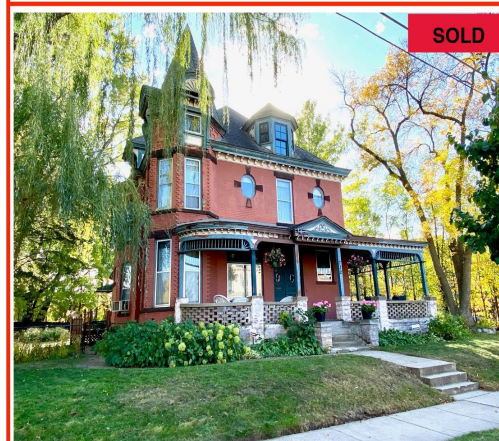
As recently as January of 2012, the median sale price in Dayton's Bluff was \$46,950.

An article published by the Minnesota Realtors® in January reports that, "according to Dr. Lawrence Yun, Chief Economist for the National Association of Realtors® (NAR), the opening months of 2022 are primed to produce Minnesota's hottest winter real estate market since 2020."

While there is still work to do in improving the housing stock and providing affordable housing for all, the data is showing what most people feel; Dayton's Bluff is a great place to live and work.

Brad Griffith is an affordable housing advocate and a Realtor®, licensed in the State of Minnesota with Edina Realty.

Are you considering a move?



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@Dayton's Bluff District Forum

Dayton's Bluff Through the Decades

Steve Trimble

This month's history article is going to be three different posts from various sources and different times that occurred in the Dayton's Bluff area. The first event takes place more than a century ago and deals with a person who will be a major brewer in St. Paul.

When Civil War veteran Reinhold Koch became an owner of the North Star Brewery, he hired Jacob Schmidt, an experienced German Brewmeister. Schmidt did such a good job increasing production that by the 1880s the North Star Brewery was the second largest brewery west of Chicago, producing at an annual clip of 16,000 barrels.

Schmidt was brought in as a partner and in 1884 he became the sole owner. He continued to run the successful company below the bluff until 1900, when a major fire destroyed the plant. He then moved the firm to the West End, where the Jacob Schmidt Brewing Company remained for decades.

An article headlined "Dastardly" was run in the *Minneapolis Tribune* on July 5, 1893, page 3:

"On the evening of July 4, 1893, friends Theodore Beaudoin and Samuel Guion rowed a small boat from the foot of State Street, located on the Mississippi River's west side, across the river to the Dayton's Bluff area to shoot pigeons. Upon their arrival, the men walked up from the river

with shotguns in hand.

At around 5 p.m. a series of shots rang out from the malt house of the nearby North Star Brewery. The last bullet struck Beaudoin, who was standing on the railroad tracks, just above the heart. He immediately fell to the ground. His companion Guion, grabbed Beaudoin and brought him back across the river to his home at 236 E Water St. Dr. Marquis was called to attend to him. The doctor removed a small caliber bullet located underneath the vic-



MN Historical Society

The photo shows the Schmidt Brewing bottling factory.

tim's left arm. Both men claimed that owner Jacob Schmidt, wearing a pink shirt and a cap, had fired multiple shots at them from the brewery's Malt House.

Guion reported the shooting to authorities at the Ducas Street sub-station on the corner of South Robert and Delos Street. Two officers were dispatched to the brewery to arrest Schmidt. When the brewer met the men at the door, he was wearing a pink shirt. After changing his shirt, the officers took Schmidt back to Beaudoin's house where both Beaudoin and Guion

identified him as the shooter in question. Schmidt, considered by many to be a 'quiet and peaceable citizen' was then charged with assault with two guns, neither of them was the rifle in question. He repeated his alibi and each of the men he was playing cards with at the time of the assault corroborated his testimony. The judge, in light of the evidence of an alibi substantiated by multiple witnesses, dismissed the charges against Schmidt and deemed him free to go.

It is unclear whether Beaudoin and Guion found justice after the trial, and as time wore on the two men became little more than footnotes in history. On the other hand, Schmidt rose to a level of prominence few other Minnesotans have managed to reach. His Schmidt Brewery was immensely successful, and Jacob Schmidt has remained a part of the local lexicon more than one-hundred years after his death."

With the help of the website **From Saint Paul Yesterday**, we'll jump forward several decades until May 19, 1925, to an unusual event in the life of a Dayton's Bluff man.

"Mr. O. T. Gates of 565 Mendota Street was driving his coupe at 3rd and Minnesota when he noticed the car was on fire. Mr. Gates thought it would be faster to drive to the fire department rather than have them come to him, so he raced up Minnesota like a comet with flames streaming out of the car. He went by amazed pedestrians and traffic policemen running lights until he got to Eighth and

Minnesota, Saint Paul Fire Headquarters, and the home of SPFD Station 8. Gates drove into the open engine house and jumped out of the car into the arms of Fire Chief Owen Dunn and said 'Hey, here's a fire!' Chief Dunn and the men of Station 8 quickly put out the fire."

More recently, here's an event about a business on East Seventh that many of our readers may remember and may have had a beer there. From the *Pioneer Press* issue of September 14, 1990:

"Saloon Ordered to Keep 'Spanky' Out of Name. George McFarland, the chubby child star Spanky of 'Our Gang' and 'Little Rascals,' wants about \$100,000 from a saloon that he says used his name and face for 13 years without permission. Federal Judge James Rosenbaum on Thursday ordered the saloon not to use the 'visage or name' of Spanky. It's not enough for McFarland.

In March, seven months after McFarland filed a lawsuit, the owner of the bar changed its name from Spanky's Saloon to Checker's Nightclub.

Drawings of a round-faced kid wearing a beanie came down from the front of the building and from interior walls. Patrons no longer could buy jackets, T-shirts, and hats imprinted with the Spanky's Saloon logo.

Other businesses pay McFarland, 62, who lives in Fort Worth, Texas, for the right to use his name and childhood face. McFarland wants similar retroactive payments from the owner and former co-owner of the St. Paul bar

George McFarland was an American actor most famous for his appearances as a child as Spanky in the Our Gang series of short-subject comedies of the 1930s and 1940s."

View From My Porch

Sage Holben

January seemed, at first, to mark our trudging into our third year of living with COVID-19. Happily for me, it was my son Sam's 50th birthday, and he chose to celebrate it with me! Sam and his significant other, Stephen, drove up from Madison for a three-day weekend. During our COVID life I have been visiting them and the children, adults, and school aged in Madison. It has made more sense in controlling any possible viruses among the ages. With them here, away from their jobs, I enjoy more time with them in conversation — my dinner alone with Sam at Kinkaid's on Friday felt like a date! Meaningful, personal topics, and sharing deep feelings. As I age, I find there are thoughts and memories I want to share with my son; better spoken than written.

Saturday morning, they enjoyed their East Shore body massages (a friend once shared that a great way to encourage a visit is to give "experience" gift certificates to these busy people!) It worked — and they each received massages addressing their body needs and tensions. Then, lunch at Graze Provisions in Minneapolis and we separated for rest time before supper, storytelling and laughter at Moscow on the Hill with Wes, another friend.

The Buttered Tin was our Sunday breakfast place where we met my friend Larry. He has always admired Sam (Sam keeps me grounded and I greatly admire his heart and work in nonprofits), and I have long appreciated Larry's community action work and his personal commitment to our East Side neighborhoods. I also wanted him to meet Stephen. I knew they would have stories to share. Stephen, to give some background,

can truthfully be described as an eminent criminal law attorney. When I visit Madison, he lets me pick his brain to better understand and get a clearer view of various court findings, laws, and arrest results that I read about here in Minnesota. We spent the rest of our time, before they had to drive back to Madison, at the Walker Art Center, a favorite place for Sam and me. The Walker and the Museum of Russian Art have been two of my favorite art centers since I first moved to the Cities in 1999.



Sage Holben

Left to Right, Wes, Sam, Sage, Stephen

At the start of this weekend visit, I learned from my niece in California, that my sister had tested positive for COVID, and that my sister's long-time and best friend had just died from COVID. They have been in different states, so no connection, but a huge loss for Bobbi, my sister. Fortunately, Bobbi's own case was very light, but to those who love her, very frightening. This particular weekend was one I treasured. In our world that seems to be dissolving or needing a huge reboot, I have people in my life who share precious time and meaningful conversations.

On the light side, Sam indulged me all weekend, though a bit impatient at times, with my backseat driving in the front seat — "because I love you more than all these idiot drivers on the road! They don't love you — I do"; and the constant warnings of possibly being carjacked

while out and about, or even in my drive. I have never been a backseat driver (even in the mountains in Mexico!); and Madison doesn't have the carjackings or gunplay we experience. Sam and Stephen could not comprehend my hypervigilance and I felt frustrated that they didn't seem to take me seriously. I think I need another East Shore massage!

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Featured Pet of the Month Liesel Lou

Allison Lund-Zalewski

This little spitfire is Liesel Lou. My husband and I adopted her last spring and she just celebrated her first birthday in January!

We had made the tough decision to help our nine-year-old dachshund, Greta, cross the "rainbow bridge" last December after her health failed. We both told each other that we will continue to love our other two dachshunds, Lucy and Goliath, and wait a while to adopt another.

While I browsed rehoming sites, I didn't find "the one." Greta was my baby before I even met my husband, so her loss was devastating.

Well, just as I was beginning to call site-surfing quits for a while, my little Liesel popped up on a rehoming site. However, there were over 100 comments of people inquiring about her and I was sure she had been chosen by someone else. I didn't think I would have a chance to talk to her last owner, let alone adopt her! I told myself and convinced my hus-

band that if, out of those hundreds of people, the woman contacted me, this had to be a sign. Sure enough! The woman had said that because we had two other weenies at home, we seemed like the perfect people to adopt Liesel.

So, the next day I went to meet the lady "just to see if I liked Liesel." Yeah right...put any dachshund in front of me and I'm smitten. Insert my husband rolling his eyes when I tried explaining that to him.

I fell in love instantly and Liesel came home with me that day. She seemed docile enough — snuggly, wearing little sweaters, being sweet with Lucy and Goliath. Then BAM! Her personality kicked in and we were in for a real treat.



It amazes me still to this day, despite having many dogs throughout my childhood and adulthood, that each dog has such different personalities.

Greta was so stubborn and she was queen of the household. She would only allow you to love her when she wanted it. Lucy is beyond clingy and

will take love where she can find it. Goliath barely barks and is so laid back, which is quite unusual for a weenie. But Liesel...what can I say? She's a firecracker! She loves to tussle, bark a lot, she's curious, and thinks she's brave, even when she's not (she's afraid of our turtles).

Some St. Paul Trivia

Sixty-two people met at Macalester College in Saint Paul at a three-day event initially called the "Committees of Correspondence." They talked about "empowerment", "neighborliness" and "connection with the earth." What political party came out of the meeting?

Charles Rogers of Saint Paul is best known for what?

- A. He is the youngest mayor of Saint Paul
- B. He won the Medal of Honor while serving in WWI
- C. He received the first automobile license in Saint Paul
- D. He was the first person to commit suicide by jumping off the High Bridge

On June 9, 1898 the first golf course in Minnesota was opened for play. Where was it?

Send your answers to daytonsbuffdistrictforum@gmail.com for a chance to see your name in our March issue!

February Events Happening in Ramsey County

February 1, 6:30-7:30 p.m.: Authors Read and Recommend: Brian Malloy: Meet Brian Malloy, author of the novels *Twelve Long Months*, *Brendan Wolf*, *The Year of Ice*, and *After Francesco*. Presented by Ramsey County Library. There is also a virtual option to attend.

February 2, 9, 23, 12:30-2 p.m.: The Presidency of Barack Obama with J.B. Anderson Part Two: Join historian and the creator of the popular History of the Presidents series, JB Andersen, for a look at the accomplishments and the complicated ongoing legacy of President Barack Obama. Presented by Ramsey County Library.

February 3, 10, 17, 24, 10 a.m.-12:30 p.m. Career Services: Stop by Ramsey County Library — Roseville to get job search assistance and career planning and more.

February 5, 6, 12, 13, 11 a.m.-4 p.m. Winter Recreation Sampler: Experience kick-sledding, snowshoeing, cross-country skiing, sledding, and more.

February 7, 1-2:30 p.m.: Virtual Job Club — Interviewing: Interviewing Success plus open forum.

February 14, 1-2:30 p.m.: Virtual Job Club — Job Search: Interviewing Success plus open forum.

February 16, 9:30- 11:30 a.m.: StrengthsFinder Online — Participants will take the Clifton StrengthsFinder assessment to discover their top five strengths, and learn how to leverage and turn your dominant talents into strengths for career planning. Hosted by Workforce Solutions.

February 22, 6:30- 7:30 p.m.: We Are Meant to Rise Panel Discussion —Join local authors as they read and discuss their writings from *We Are Meant to Rise: Voices for Justice from Minneapolis to the World*. Presented by Ramsey County Library.

February 23, 9:30- 11:30 a.m.: Explore Your Career Personality — Attendees will participate via internet access, and the ability to stream video and audio through your computer is required.

February 28, 1-2 p.m.: Virtual Job Club — Career Direction: Assessments and job searching tips.

For more information about these events, go to ramseycounty.us/calendar.

East Side Eating Trimble's Taste Trek

Forum contributor Steve Trimble has set out to eat at every locally-owned, sit-down restaurant on the East Side. He hopes to get the word out to Dayton's Bluff about the eating options here on our side of town.

There are more restaurants than there is room for in the monthly paper, but at least 60 may now be found online at daytonsbluffdistrictforum.org: click on "East Side Eating" at the top of the home page. Steve Trimble can be reached at daytonsbluffdistrictforum@gmail.com.

The Wokery

1753 Old Hudson Road
St. Paul 55106

Phone: 651-417-8452

Hours: Monday-Sunday 4:00-8:00 p.m.

Website: wokerypanasian.com

Facebook: @wokery

I was recently told there was a new restaurant in the community that had just opened. So, I had to go find it and add their name to my Taste Trek. I had an address that I put into Google and a map showed where it was. It seemed I had been there when it was the Taste of Thailand. I took I-94 to the White Bear exit to the north and I was right. There was a structure with new signage.

One of the on-line reviews described it as an Asian Fusion place, while the front door uses the term Pan-Asian and there

was a sign inside using the term Authentic Asian Cooking. I'm not enough of an expert on food styles, so you figure out what to call things after you eat there, so you figure out what to call things after you eat there.

When I entered, I saw a large single room with a lot of windows, good lighting, and a tile floor that was wood or of a similar composition. The walls were two tone green and reddish. No large or small televisions. There was a large kitchen and a cashier's area. There was a lot of empty space on the walls, but there are some artwork and posters.

There were around eight long tables that seats at least eight people and a few smaller ones with four chairs each. It was snowing fairly hard and there were only a few other people there at the time, which was around 5 p.m.

On one side wall there was a trio of small, framed posters that say "Pho Real?" then "Wok This Way" followed by "Chop it Like it's Hot." Any ideas? There were several of what I would call traditional Japanese Lanterns strung over the cashier's area. And some decorative pumpkins were sitting here and there that may or may not be left over from Halloween. There is a little machine that you can get a piece of bubble gum for a quarter just inside the front door.

Here are some, but not all, of the menu items. You can see all of them on their web site:

Small Plates: including shrimp, egg rolls, cheese puffs, gyoza (dumplings filled with meat), satay (Southeast Asian dish with pieces of meat grilled on a

skewer).

Noodles: pho, coconut curry noodles, pad Thai, traditional lo mein, Singapore mei fun, tempura shrimp, and xmas served with rice or fried rice for an extra \$2.

Daily Features: Teryaki chicken, Vietnamese rice platter, crispy pork belly, catfish curry, Mongolian stir fry, green beans, and gai law.

Sushi and Poke: volcano roll, shrimp lovers, salmon, crunchy California roll sushi combo. Poke: spicy tuna, veggie, and salmon.

Sides: miso soup, steamed edamame, seaweed salad, and ika salad.

Beverage/Dessert: Thai tea, green tea, Thai pink cooler, can sodas, several kinds of boba, triple color (nam van), and mochi ice cream.

I decided on the pad Thai that isn't exciting, but it is one of my favorites. Maybe I'll come back and try something more exotic. Oh, I also decided on a Coke. Wokery still does a lot of catering for events, birthdays and the like. They have a sheet that shows what they can bring and the prices if you ask for one.

The restaurant even accepts checks along with cash and cards. They are hoping to expand seating in the future and extend the hours they are open. There is plenty of parking in their lot to the east of the building. You need to wear masks (as I did — and I even had my receipts of vaccination and boosters) but you can take them off while eating. They are requiring social distancing and they carefully clean off tables after use.

Both photos below provided by Steve Trimble.



Many thanks to our Friends of the Forum 2022 donors:

Janet and Brian Harbour
Michael and Paula Roberto
Alan G. Johnston and Heather MacLaughlin
Diane May
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- Donate electronically via PayPal at: daytonsbluffdistrictforum@gmail.com
- Make checks payable to *Dayton's Bluff District Forum* and mail to: 668 Greenbrier Street, Saint Paul, MN 55106
- Donate by going to: givemn.org/organization/Hopewell-Communications-Incorporated.

Be sure to keep up with us online in one of three ways:

- Website** at daytonsbluffdistrictforum.org
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Dear Reader,

The Dayton's Bluff District Forum has been a volunteer-run newspaper since the 1980s and has always operated on a minimal budget. Each issue costs around \$1,000 to produce and mail, per month.

For the past three years we have been soliciting donations through our *Friends of the Forum* program. Thanks to the donations from readers like you, we have been able to keep the paper up and running.

If you value this community source of information, please consider filling out the form below. Any amount is appreciated; you may also make memorial donations, or include the *Forum* in your legacy planning.

If you have been our *Friend* in the past, please renew your membership with a donation in 2022. **Our goal for 2022 is \$18,000; thanks to readers like you, we've raised \$5,500 to date – will you help us reach our goal in 2022?**

Sincerely,

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