

Swede Hollow Cafe Has a New Owner

Mark Gallagher
Associate Editor

Swede Hollow Café, founded in 1997 and located in the historic Stutzman building at 725 East 7th Street, was acquired by a partnership of three people in the early part of July 2020. Shirley Yang, who had worked there for about 20 years, her sister Mary, and Mary's husband, Tou, purchased the coffee shop from the previous owners, Ruth and John Campbell.

Yang was hired by Wes Linstrom, who purchased the coffee shop from the original owners, Sandy and Carol, and then sold it to Ruth and John Campbell. Wes hired Yang as a baker, and as she said, "I would have to say that coffee cake was very popular when I first started; I just can't make enough of it. Personally, for me, I like to make different types of coffee cake. I try to make them seasonal, and right now we are doing strawberry and rhubarb. I usually make three coffee cakes a day."

She worked her way up to be the kitchen manager. "The duties of the kitchen manager," Yang said, "are to make sure everybody is following the Department of Health food safety guidelines, to make sure everything is right, manage staff, create specials, create recipes, and deal with things that happen in the kitchen."

"To tell you the truth, it has changed a lot with COVID. Since I started here, the number of staff we have has gone up and down, but with COVID, now I'm down to one barista, and one back in the house (kitchen). I have a lot of part-time people, volunteers, and family members helping out with getting the food and stuff like that. If we get busy, there are also people I can call to come and help us, like my brother and sister. Right now, I am in a partnership with my sister and my brother-in-law, Tou. He used to work here at the Swede Hollow Café taking care of the main sandwich line. My sister has helped us out and does other things related to our coffee shop."

"My barista right now is Helen, and she has

worked with me in the past and she also worked with Ruth as a barista. She is my main barista and works full-time. I have family members who volunteer and help out as needed. My brother helps out sometimes, and there are some part-timers that we can call if we get busy."

On Monday through Friday, the baker opens the shop and starts the caramel rolls/cinnamon rolls, scones, and gets everything set up on a normal business day at about 5 a.m. It's pretty early, but now with COVID, they open later at 9 a.m., and Yang doesn't usually get here until 7 a.m., so it has changed a lot. With the COVID crisis, there is limited outdoor seating on the Swede Hollow Café's patio, and recently the upstairs has opened, but requires a reservation (see below). The café's hours have been reduced to Monday through Friday from 9 a.m. to 2 p.m. and Saturday from 8 a.m. to 2 p.m. They are closed on Sunday.

Buying a café had always been a dream of Yang's, and she thought about buying the Swede Hollow Café for a long time before she bought it. "I've done café food for so long," Yang said, "and I've always thought of owning a café. I love it. I love the hours, and I love making quiche and all the other stuff that goes with owning a café. Swede Hollow Café just fell into my lap, so I'm pretty happy that Ruth and John decided to sell it to me. Quiche is really a big seller here, and we sell slices and whole pies too, but usually if people want a whole pie, they have to order it in advance."

"We serve five main sandwiches including turkey cheddar, which is our most popular sandwich. We have turkey Swiss, ham Swiss; cucumber tomato is our vegetarian option, and the toasted four cheese."

"Other regular sandwiches like the roast beef sandwiches, the ham and brie, and the Mediterranean Veggie, we bring back as a special sometimes. The roast beef sandwiches are not on the menu full-time now, but hopefully when we reopen Swede Hollow Café again to normal business hours, we want to bring back our sandwich menu."

In addition to being one of the three people who own the Swede Hollow Café, Yang owns her own catering company, Shirley's Catering LLC.

See **Swede Hollow**, page 6



Mark Gallagher

Pictured above is Shirley Yang, one of three people who purchased Swede Hollow Cafe in the early part of July 2020.

Meet a Dayton's Bluff Neighbor East Side Learning Center

Clara Martin
Forum Staff

Mission Statement: Unlocking each child's potential through the foundation of reading. **Vision:** All children read with pride and joy to become life-long learners.

How ESLC Began: In 1998, as part of a long-range effort to revitalize the East Side of St. Paul, the East Side Neighborhood Development Company approached the School Sisters of Notre Dame about unmet educational needs. In 2001 the Sisters partnered with St. Paul civic and educational leaders to establish the East Side Learning Center, to provide one-on-one reading tutoring for children reading below grade level at no cost to families unable to get help elsewhere.

The program was first piloted at John A. Johnson Achievement Plus Elementary with 25 volunteers, one School Sister of Notre Dame, and 19 children. ESLC has expanded to multiple sites and tutored more than 2,500 children. Now, with the pandemic a serious threat, ESLC has made big changes to safely accommodate students. Literacy Mentors in order to continue the work they do in the community.

All programs will be virtual using an online platform. There have been many innovations for ESLC. In order to support Literacy Mentors, families and the children, resources had to be procured; such as computers, access to the internet, software; complete redevelopment of training for staff and tutors had to be implemented. This also meant many changes regarding those who had been able to tutor and which students would be served. All these changes sent the budget skyrocketing. However, ESLC has been able to rise to the challenge with a wonderful outpouring of support from Literacy Mentors who continue to learn alongside staff and students during this new normal.

The most exciting part of all of this is that once ESLC has developed their new online platform for tutoring, they will be able to expand their reach across the Twin Cities and beyond! The only limit is funding! That is why, this year, ESLC is asking the community for support during Give to the Max Day 2020, which is November 19!

In addition, ESLC is still looking for AmeriCorps tutors. These tutors earn a small stipend and would need to be over the age of 50 in order to receive the stipend. Folks can give by going online to givemn.org/eslc and donate.

We're Online!

The November edition of *Dayton's Bluff District Forum* is in print form thanks to donations! However, future editions will be online only unless donations continue to support this community paper.

Be sure to keep up with us online in one of four ways:

-**Website** at daytonsbluffdistrictforum.org

-**Facebook** at Dayton's Bluff District Forum
-**Instagram** at Dayton's Bluff District Forum
-**Nextdoor** at Dayton's Bluff District Forum.

We have three ways for you to make a donation!

-Donate electronically via PayPal at: daytonsbluffdistrictforum@gmail.com

-Make checks payable to Dayton's Bluff District Forum and mail to: 668 Greenbrier Street, Saint Paul, MN 55106

-Donate on our website at: givemn.org/organization/Hopewell-Communications-Incorporated-0p

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Dayton's Bluff Take a Hike

On the second Saturday of most months, the Dayton's Bluff Take-a-Hike will begin at Indian Mounds Park, located at Earl Street and Mounds Boulevard. The hike is approximately one and a half to two hours long and will end at Swede Hollow Park or East Side Heritage Park, depending on the desire of the hikers. Share and learn a little history along the way.

Due to COVID-19, hikes are canceled. Please check back for more information at a later date.

If you have any questions email Karindupaul0@gmail.com.

Friends of Swede Hollow

Friends of Swede Hollow watch over, restore, and celebrate the history of Swede Hollow Park. Join the Swede Hollow community at their monthly meetings. We have changed our meeting date to the second Thursday of each month.

Due to the COVID-19 virus, there will be no meetings until further notice. Please check back at a later date for more information. Email KarinDUPaul0@gmail.com or call 651-776-0550 for more information and the meeting's location.

Dayton's Bluff District Forum Board Meeting

The *Forum* is seeking writers and help with online content, idea generation, and ad sales – join us at our next meeting on **Thursday, November 5, at 11:00 a.m.** If you'd like to attend, call 651-776-0550 or email daytonsbuffdistrictforum@gmail.com for more information.

Police Community Meetings

The Eastern District Saint Paul Police hosts their monthly meetings for community members at the Eastern District Police Office at 722 Payne Avenue, on the corner of Payne and Minnehaha Avenues.

The meetings are intended as a time to learn, listen to, and address people's concerns about crime and other issues on the East Side. Saint Paul Police Eastern District is committed to maintaining and growing the quality of life for all our residents. Bring your neighbors!

The next meeting is **November 17 at 9:30 a.m.**

Email: robyn.brewin@ci.stpaul.mn.us for more information.

SNAP Food Program at CLUES (Comunidades Latinas Unidas En Servicio)

¿Necesita más comida saludable para la familia? El programa SNAP le puede ayudar. SNAP proporciona fondos para alimentos que benefician a familias de escasos recursos.

Aún si no es ciudadano, si tiene hijos nacidos en este país ellos podrían calificar. Participar en el programa SNAP no afectará su estatus migratorio.

¿Llame a CLUES para saber si califica! 612-746-3500. Nuestro personal bilingüe puede facilitar el proceso para usted y su familia.

Need healthy food for your family? The SNAP program provides funds for low-income families to buy food. Even if you are not a citizen, your children born in this country could qualify. Participation in the SNAP program won't affect their immigration status.

Call CLUES to find out if you qualify at 612-746-3500. Our bilingual staff can facilitate the process for your family.

Twin Cities Mobile Market

The Twin Cities Mobile Market is a grocery store on wheels that brings affordable, healthy food directly into neighborhoods. The Mobile Market stops at Parkway Gardens Apartments, located at 1145 Hudson Road, on **Wednesdays, from 2:00 p.m. to 3:00 p.m.**



THE HISTORIC
MOUNDS
THEATRE

Due to the COVID-19 virus, the Historic Mounds Theatre is temporarily closed and all events have either been canceled or postponed for a later date.

Please visit our website at moundstheatre.org for more information regarding the re-opening and upcoming events.

The Historic Mounds Theatre is located at 1029 Hudson Road, St. Paul, MN 55106; 651-772-2253; historicmoundstheatre@gmail.com

Dayton's Bluff Library

While the Dayton's Bluff Library building is closed, they are still offering resources to the public. Be sure to check out their family fun virtual events!

For more information check sppl.org or call 651-793-1699. The Dayton's Bluff Library shares its home with Metropolitan State University at 645 East 7th Street.

Wish List Care Packages

Help East Side Elders distribute food, hygiene items, and more to seniors on the East Side by shopping their Amazon Wish List!

Visit www.amazon.com/registry/wish-list/3KK0010GFO5NJ to have these much-needed items sent right to their office. From there, a team of volunteers will distribute them to seniors in need.

With the help of supporters like you, East Side Elders is able to supply groceries and personal care items to seniors in the community at no charge to them. These items help stretch their monthly budgets and give them access to healthy food and much-needed personal care products. Donations can also be dropped off at East Side Elders, 463 Maria Avenue Suite 201, St. Paul, MN 55106.

Grocery Shopping

Did you know that East Side Elders can help you and your loved ones with grocery shopping?

Let East Side Elders take a chore

off your long to-do list! To get help with grocery shopping, call 651-683-2326 or email Info@EastSideElders.org with a detailed list. From there, East Side Elders staff will put a call out to their grocery shopping team and schedule a day and time that works for you and the volunteer for delivery.

Grocery shopping is a donation-based service. Donate what you can for the convenience of not having to head out to the store. Reimbursement for the groceries can be done directly with the volunteer — they will bring you a receipt when they make their delivery.

Volunteer with East Side Elders

Did you know that East Side Elders provided over 1,600 rides to seniors on the East Side last year? With the help of our incredible volunteers, we help older adults get to medical appointments, the bank, the grocery store, and other errands. Each ride helps a senior remain an active, vital part of the community.

As we receive more and more requests for help from our senior neighbors, we need to grow our team of volunteer drivers. Join our team by applying online at EastSideElders.org/Volunteer or by contacting us at 651-683-2326. Volunteer drivers have a flexible schedule and help out when they can, as often as they choose. Gas cards are also available for volunteer drivers!

Business Classes

The Dayton's Bluff Neighborhood Microentrepreneur Class program helps startup and young businesses on the East Side. All East Side entrepreneurs are welcome. Class training lasts eight weeks and includes topics such as operations management, marketing, financial management, one-on-one assistance with creating a successful business, and preparing a business plan, plus eight hours of one-on-one time with the instructor.

Those who successfully complete the course and locate their businesses in target neighborhoods are eligible for ongoing business support services. Some examples of businesses started by people who have previously taken this course include graphics, landscaping, photography, food service, restoration of wood furniture, art, custom floral design, and exterior and interior painting. The course is sponsored by the Dayton's Bluff Community Council and the Neighborhood Development Center. There is a small registration based on a sliding scale. Class sizes are limited, so enroll now. Please call 651-379-8432 for a current application.

Free Help for East Side Pets

The Animal Humane Society's Community Outreach program offers special clinics for pets on the East Side. The events provide free wellness exams, vaccines, nail trims, spay/neuter appointment scheduling, guidance from the AHS behavior team and St. Paul An-

imal Control, free pet food, and more.

For upcoming events and locations call 651-788-4685 or visit <http://animal-humane-society.org/outreach-services-frog-town-and-east-st-paul>.

Learn About Medicare and Help Others

Help the Metropolitan Area Agency on Aging provide one-on-one counseling to Medicare beneficiaries at community partner sites.

Make a difference in your community by becoming a State Health Insurance Assistance Program certified Medicare Counselor. Help people understand their Medicare options. Visit Metroaging.org/volunteer to learn more.

Need Groceries?

If you are 60 or older, you may be eligible to receive a box of nutritious food every month from Second Harvest.

This box is part of a program called NAPS and we can help you apply!

Give us a call at 651-683-2326 and Rolene, our Client Advocate, can assist you with your application.

Some examples of what might be included in a NAPS box are: milk, meat, canned goods, peanut butter, grains, and produce.

Just a Call Away

Did you know that East Side Elders has friendly phone volunteers who can call to check in or just to chat? If you or a loved one would like to sign up, just contact us at 651-683-2326 or Info@EastSideElders.org. You can sign up for weekly calls, or as often as you would like — our volunteers are standing by for your call! During this time of increased isolation, you will also be helping our volunteers by giving them a new friend to talk to!

Financial Assistance

Increased financial assistance is available for Ramsey County residents who lost income due to COVID-19 and need help paying for housing costs.

Residents may be eligible for Emergency Assistance that can help pay for past due rent/mortgage, a damage deposit, or prevent utilities including water, electricity and heat, from being disconnected.

Go to ramseycounty.us/EmergencyAssistance for an application or call the Emergency Assistance hotline at 651-266-4884.

Yard Work Assistance

Need help raking up leaves this fall? Or pulling weeds? Our volunteers are ready to help! Sign up for fall cleanup by contacting us at 651-683-2326. As with our other services, fall cleanup is donation based — give what you can, if you are able, but nobody will be turned away if they can't donate! Not sure if you're in our service area? Give us a call and we can help!

A Matter of Perspective

Turning 80 Here, Now

Carol Sommers

Special to the Forum

I was 24, bouncing on the bumps of an African road in a Peace Corps jeep. And then I was 80 years old. I was 35, relishing my generation's revolutions, blissfully unaware of the long backlash to come; now I know all about that because I am 80 years old. Middle Age once struck at 35; now it sneaks up on 65-and 75-year-olds. But, no doubt about it, I, 80, am at the very gates of Old Age. Legions of us in Dayton's Bluff as in the whole country are getting *old*, not simply older. I for one will not abandon all hope. My message? Getting old is not all bad.

We, the old, have time and reason to sort through our things, such as our secret stashes of memory, experience, and serial senses of self. My head is a great file of memories and the history I've witnessed. I remember lots of American wars and their attendant politics — World War II, the Cold War, the Korean "conflict," Vietnam, the Contra "skirmishes," the Gulf War, the still-raging wars in Iraq and Afghanistan. I took on my parents' memories of the Great War (I), the Great Flu, the Great Depression. We elders can't help but wonder at the country we and our non-indigenous settler-ancestors here have made. And wonder is key to vitality in the young and old.

Wonder is thinking. There's too little thinking happening in our society. Wondering

opens the gates to the foreign, the unknown, the new, including those scary realms of the Other. It penetrates our own thick walls of certainty, false information, righteousness, and propaganda. With luck, elders have already experienced enough of human nonsense, their own and others', to know it when they see it. Old age offers perspective.

This year, 2020, the cheesy horror movie we're all watching, and acting or not acting in, may seem like the ending of the world. However, humans, an overrated primate, have been at that brink time and time and time again in history. Elders tend to know this, along with the brittleness, in their bones.

How wise is *homo sapiens* really? How smart is your smart kid, grand kid, great-grand kid really? Or your phone for that matter? What do we know, think we know, about life, our species, and all our co-species on this planet? Widening perspectives offer bigger, better views.

As a book-hound, now with my welcome old-age swaths of time to read, and with the richly stocked, free St. Paul Public Library at my beck and call (Sun-Ray is open), I have to recommend some books that cut to our chase of perspective. Yuval Noah Harari, a great historian and thinker, has been writing powerful books for our species about our species: *Sapiens, A Brief History of Humankind*; *Homo Deus, A Brief History of Tomorrow*; *21 Lessons for the 21st Century*—all knockouts being read and acclaimed across the globe. Richard Powers's *The Overstory* focuses on the forest and our good friends, trees, in this grand overview of our planet's intelligence.

Our regular old winter lockdown is imminent, as COVID looms in addition, but we can stay home, stay healthy, eat soup, and read. Only after, of course, voting and witnessing, let's hope, not too harrowing history.

I like a silly poster that I saw recently; it says: "I read books, I drink wine, I know things." To that I would add "I'm 80" as a conclusion or maybe "because I'm 80" as an explanation.

Do You Want to Build a Skatepark?

Mandy Okonek

Forum Staff

The Eastside Skatepark Taskforce hosted a meet and greet event featuring a skate demo in conjunction with the Payne Avenue Solidarity Street Gallery in October. The vibe was positive and inclusive. I was greeted with the smiling faces of taskforce members eager to share their ideas and garner community feedback and support.

Skaters of all ages and their families surrounded the empty lot on the corner of Payne and York to celebrate skateboarding and support local art. The lot was filled with ramps and rails featuring local skate crew Mantecoso, doing their thing, providing a glimpse into a new future for a sad, abandoned parking lot.

There is a lot of space for neighbors to enjoy together. The taskforce has been trucking along with their dream of erecting a skatepark on the Eastside. The park design is forthcoming but aims to include space for quad wheel and roller skaters.

The City of Saint Paul has been supportive of their mission thus far, offering up some financial backing with the pending approval of Mayor Melvin Carter. The project would be funded, at least in part, through a STAR grant which offers capitol for physical improvement projects within Saint Paul neighborhoods.

Since I attended my first meeting to see what the buzz was all about, the group of forward-thinking east side entrepreneurs have been moving with a dizzying forward momentum. They created a rad logo, printed merchandise, and even have a story-based coloring book *Kate Can Skate*, written and illustrated by task force member Chris Nichols, for sale in support of materializing their pipe dream.

The task force members are avid skateboard enthusiasts and truly believe that the east side of Saint Paul would be better off with a skate park. I believe it too. To keep track of the task force, follow them on their social media page: [facebook.com/eastsideskatepark-taskforce](https://www.facebook.com/eastsideskatepark-taskforce). They gather on a regular basis and meetings are generally open to the public.



Mandy Okonek

Pictured above is Tosha Anderson, an Eastsider, skater, and member of the Eastside Skatepark Taskforce, working the merch table at the meet and greet.



Steve Trimble

Pictured above was one of the many pieces of artwork displayed at the Solidarity Street Gallery outdoor event held in October along Payne Avenue. It was a great way to see wonderful artwork by artists representing the Eastside.

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East Side Area Business Association

501c3 Foundation Launched to Provide Guidance for Business Community on East Side

Paris Dunning
Executive Director, East Side Area Business Association

Created on September 26, 2020, East Side Area Business Association's (ESABA) Foundation is poised to increase the capacity of support for the educational programs, connections between members, and information sharing that give our members a community of business allies and peers.

Since the onset of COVID-19 and its impact on businesses and organizations, ESABA has served as a conduit for resources around COVID and has streamlined information from local, State, and Federal programs for its members. ESABA convenes a weekly meeting to rally members around key questions and concerns and keep businesses connected to each other. The new 501c3 foundation will mean that all persons, businesses, and grantors can contribute to this work as a charitable donation. This makes the ESABA foundation eligible for matching grants from companies who offer this benefit for employees/community organizations.

ESABA has been providing guidance and advocacy to the East metro business community since the inception of the Phalen Corridor Initiative in 1990. The initiative has brought more than 2,000 jobs to the East Side. ESABA has promoted the assets and resources of the East Side and created visibility that has helped many businesses get a start and grow. In recent years, ESABA has partnered with many companies to foster the increase of business presence on the East Side and technical assistance support to businesses owned by women and people of color. Companies and organizations like State Farm Insurance, Metro State University, and the Saint Paul Port Authority are among a few of their partners in this work.

Through its collaborative nature, ESABA has partnered with many organizations to provide insight and advocacy for its members. Collaborative partners include, BizRecycling, City of St Paul Departments like Department of Safety and Inspections, Department of Planning and Economic Development, Mayor's Business Review Council, Ramsey County, Visit Saint Paul, District Councils, African Economic Development Solutions, Asian Economic Development Association, and Latino Economic Development Center to name a few.

You can visit ESABA at www.esaba.org for more information about all the local companies that have stepped up to support and have benefited from the services ESABA has to offer.



Paris Dunning

The photo above shows ESABA members in 2017 collecting donations for Merrick Community Services.

Ramsey County Suspends Volunteer Opportunities Until Safe from COVID

Ramsey County

Ramsey County remains deeply grateful to the thousands of volunteers that donate their time and energy each year to help us deliver programs and services that enhance our quality of life. At this time, most of our volunteer opportunities are temporarily suspended with a tentative return to service after Labor Day.

If you are interested in volunteering during the COVID-19 pandemic, the following organizations have information on local and remote opportunities: HandsOn Twin Cities Volunteer Match, Neighbors Helping Neighbors, St. Paul, and the Medical Reserve Corps of Ramsey County.



Dear East Side Neighbors,

Elections matter!

PLEASE VOTE ON NOVEMBER 3. OR BEFORE.

Did you know that the East Side has about the lowest voter turnout in the State of Minnesota? Did you know that when we don't vote we send a message to our elected leaders that we don't care? And as your city councilmember, **I KNOW YOU CARE.** I know how busy you are and how demanding life is. But if we stay home this November, we jeopardize our children's and our community's future. **Please encourage everyone you know - your family, your neighbors and your friends to vote on or before November 3.**

You can vote on **OR BEFORE** November 3rd. Ramsey County welcomes you to come to 90 Plato Boulevard -- take East 7th Street to the Lafayette Bridge and go right on Plato Boulevard -- **anytime between now and November 2nd between the hours of 8:00 am to 4:30 pm** -- to vote early. Or you can vote at your polling place on Tuesday, November 3. **Go to MNvotes.org or call (651) 266-2171** to find out where to vote, voting early by mail, or for any other questions you may have!

See you at the polls!

- City Councilmember Jane L. Prince



Ward 7 City Councilmember JANE PRINCE

320 City Hall, 15 West Kellogg
Saint Paul, MN 55102
(651) 308-4984

Jane.prince@stpaul.gov

www.facebook.com/stpaulward7/

*Paid for by Jane Prince for Ward 7
JanePrinceW7@gmail.com | 651-308-4984*

Living and Loving East St. Paul

Clara Martin

Forum staff

Communities differ in a multitude of ways; the important choice for happiness and contentment is to find the community that best fits a way of life that is conducive to individual and family well-being. Sometimes, of course, it takes some time to live in a place before knowing if the community is a good fit. East St. Paul has a lot to offer for anyone seeking a richness in lifestyle that's unpretentious, friendly, and diverse.

Remind yourself of what East St. Paul has to offer by taking an autumn drive through a few of the residential neighborhoods and you will be happy you did. The trees lining many of the boulevards are forming trellises of oaken and maple color, children are playing in piles of raked leaves, moms and dads donning flannel shirts and light caps are busily raking, changing screens to storm windows, putting up Halloween decorations, and pulling up everything from their summer gardens to prepare for the onslaught of another Minnesota winter.

East St. Paul has its foibles, of course: For instance, many neighborhoods aren't walkable due to broken up sidewalks or too many hilly areas for seniors to walk comfortably, or parents to push strollers. Some neighborhoods have more than their fair share of noise from sirens, semi-trailers, fireworks, barking dogs and, yes, gunshots on occasion. Residents might wonder, at times, why the city forgets about the East Side when it comes to filling potholes, fixing sidewalks, or controlling traffic noise. But, rarely do residents complain that East St. Paul isn't interesting enough, diverse enough or friendly enough.

Few communities have the richness of multiculturalism as East St. Paul. The community is dotted with people bringing art and food and language from their home coun-

tries. Walking along main arteries throughout East St. Paul, one can see Hmong markets, Mexican bakeries, Italian eateries, African fare, co-ops, urban gardens, churches. Small business owners here are proud to serve the community and the community is dedicated to supporting their services.

The Dayton's Bluff library is a highly-prized treasure connected to Metropolitan State University Library. The Freedom Library is a one-of-a-kind gem offering a variety of community classes and a respite from everyday hubbub with its comfy chairs and reading spaces. East Side Learning Center is dedicated to the education of our youth who need a little boost to help them succeed in school. East Side Elders is equally as dedicated to serving seniors who need help with everyday challenges.

Living in East St. Paul, for some, is reminiscent of the small hometown where one may have been raised and gone to school when younger. Others have called East St. Paul home all their lives and can tell you anything you want to know about its past. There is a rich history in East St. Paul, especially the history of Swede Hollow. A Facebook page is dedicated to the history of East St. Paul; fascinating stories can be found there.

There are no skyscrapers in this community unless you live near the college and can see downtown St. Paul, but that hardly counts. There are several parks, many small strip malls, great coffee places, schools, diners with ethnic food or plain old American comfort food. Little Free Libraries in front of a number of houses offer yet another reason to stop and visit a neighbor.

St. Paul's Convention and Visitor Center says: "Saint Paul's East Side is home to delicious eats and deep roots, making it an explorer's destination for culture, cuisine and history". Wow!!! Who could ask for a better endorsement!

East St. Paul has the Dayton's Bluff District Forum serving the community as a communication tool used to connect neighborhoods, individuals, and businesses. This newspaper is an enviable addition to East St. Paul that many communities don't have. The paper which was originally printed each month and mailed to households, has not been able to sustain that expense and, sadly, had to resort to monthly online publication only. The revitalization of the print version will happen when individuals and business owners in the community pull together to support this vital communication vehicle that brings cohesiveness to East St. Paul.

Early Voting begins Sept. 18

In Person: 90 Plato Blvd W. in St. Paul (10am-4pm)
By Mail: call 651.266.2171

FOUNG HAWJ
MINNESOTA STATE SENATOR OF DISTRICT 67

P.O. Box 600336 St. Paul, MN 55106 (651) 592-3129 / info@founghawj.com www.founghawj.com

Dear Eastsiders,

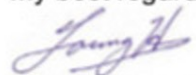
I am humbled to work alongside my neighbors and community to bring forth progress to Senate District 67 and our state. I have worked hard on COVID-19 relief, affordable housing, access to healthcare, economic equity, youth summer jobs, E-12 to higher education, a significant bonding bill, funding for Metro State, CLUES, and the Dayton's Bluff Neighborhood Housing Services, to mention a few.

During this election, I remain focused on helping to provide resources to our community and state as we continue to face the challenges of living in this pandemic. At the core of my campaign are:

- COVID-19 updates, resource availability and impacts.
- I will work hard during Special Sessions to provide resources for schools to continue providing breakfast and lunch to students and call for more resources for students with disabilities.
- New housing legislation is planned to be heard in the next special session and I will be advocating for additional funding for renters and those who own rental property. Both are in need of resources during COVID-19.
- I have been instrumental in the recent passage of the Police Accountability Act and it is only a start on reforming and updating our public safety programs. I do not support defunding the police. I do support plans to empower community safety and outreach. My initiatives on mental illness and autism trainings were in the final bipartisan bill.
- I will continue to support the passage of the \$1.9 billion bonding bill that will create jobs all over Minnesota.

These are challenging times and when we work together as a community we will meet and conquer any challenge. Thank you for entrusting me to represent you in the Minnesota Senate. It is a privilege to work for you.

My best regards,



Fong Hawj, State Senator District 67

Vote

State Senator Fong Hawj
Democratic-Farmer-Labor Endorsed
Tuesday November 3rd, 2020

For more information, contact 651.592.312
info@founghawj.com www.founghawj.com



Sen. Hawj's family, nieces and nephews

Prepared and paid for by Fong for Senate 67 Committee

Swede Hollow Series

Karin DuPaul

Forum Staff

The second part of Swede Hollow Series will be featured in our online-only **December** issue.

In case you missed the first part, go to our October 2020 issue online and read all about how Swede Hollow Park was almost taken away for commercial business. There is even a beautiful photo of the new stairs leading from Bruce Vento Regional Trail to the creek.

Neighborhood groups made sure to keep the park cleaned up for the community to use.

The park was established in 1976.

Go to daytonsbuffdistrictforum.org/Past%20issues/2020/October2020.pdf to read the story.

Free Masks Available

Ramsey County

Ramsey County launched a new initiative – A Mask for Everyone – to ensure that individuals and families have access to cloth face masks to help slow the spread of COVID-19.

Led by the county's COVID-19 Racial Equity and Community Engagement Response Team (RECERT), the program will prioritize distributing homemade cloth masks to racially, ethnically, and culturally diverse communities.

Individuals and families in Ramsey County who are in need of masks can visit ramsey-county.us/AMaskforEveryone to request a mask. Each recipient will be provided with a homemade cloth mask to help slow the spread of COVID-19, accurate and up-to-date information about the importance of wearing a mask, and instructions on proper use and care of homemade masks.

Letter to the Editor

We are voting for Joe Biden and Kamala Harris for a multitude of reasons. We want to see growth in our economy, focus on climate change and our environment, support for our farmers and small businesses, an end to COVID-19 and peace, law, and order in our cities without racial tension.

We are voting for Joe Biden and Kamala Harris in order to move us toward an equitable and inclusive health care system. We are voting for Joe Biden and Kamala Harris in order to return imprisoned immigrant children to their parents: It's time to work with our Latin American neighbors toward peace that ends the need for thousands to flee their homeland. It's time to talk about the inhumanity of walls, instead talk about the humanity of treating each other with love, kindness, and inclusivity.

We are voting for Joe Biden and Kamala Harris in order to reinvigorate our economy with jobs that reduce our dependence on fossil fuels, expand broadband access, build infrastructure, create state-of-the-art rapid transit, and make our waterways safe, clean, and dependable.

We are voting for Joe Biden and Kamala Harris to restore our dignity globally; restore the Voting Rights Act; strengthen our Social Security program for seniors; lift people out of poverty; re-join the Paris Climate Agreement; regain our status as a world leader in NATO.

We are voting for Joe Biden and Kamala Harris because everyone deserves a voice: Whether you have a disability; are male or female; LGBTQ or straight; Black, Brown, Native or White. We need a President for all Americans. Someone who will provide calm, steady leadership, listen to experts, and work in partnership with our global allies and friends.

We are voting for Joe Biden and Kamala Harris because we believe in unity and equality as stated in our Constitution.

- Ana Martina, St. Paul
- Margaret Leibfried, Fridley
- Kiehlor Mack, Fridley
- Charlie Leibfried, Duluth
- Jean Leibfried, Duluth
- Bob Leibfried, Maplewood
- Vicki Leibfried, Maplewood
- Beth Jones, Colorado Springs
- Marge Runnakko, Plymouth
- Kate Leibfried, Minneapolis
- Eric Biederman, Minneapolis

Dayton's Bluff District Forum

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Monthly circulation: 7,000; also available online at daytonsbluffdistrictforum.org. This publication of Hopewell Communications, Inc., a nonprofit organization, is intended to provide a forum for the ideas and opinions of its readers and to be an instrument for developing community awareness and pride. Signed articles do not necessarily represent the views of the *Forum*. Material from this paper may be republished if it is attributed to the *Dayton's Bluff District Forum* and to the author, if any. Articles and letters to the editor are welcome and may be emailed to daytonsbluffdistrictforum@gmail.com, or mailed to the address above. The *Dayton's Bluff District Forum* is delivered to every home and business in the Dayton's Bluff neighborhood. Outside this area, subscriptions cost \$15 per year and may be arranged by calling 651-776-0550.

Board of Directors: Greg Cosimini, Karin DuPaul, Jennifer Gascoigne, Sage Holben, Steve Trimble

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Photographer: Lou "The Photo Guy" Michaels

Next issue: December 2020. **Deadline for material: November 10, 2020.**

You got somethin' to say? Say it here!

The *Dayton's Bluff District Forum* welcomes all opinions and neighborhood anecdotes – send yours to:

daytonsbluffdistrictforum@gmail.com

Opinions expressed in contributed articles may not represent the views of the *Forum*.

Deadline for the December issue of the *Forum* is November 10, 2020.

December Issue Online Only!

Be sure to keep up with us online in one of four ways:

-**Website** at daytonsbluffdistrictforum.org

-**Facebook** at Dayton's Bluff District Forum

-**Instagram** at Dayton's Bluff District Forum

-**Nextdoor** at Dayton's Bluff District Forum.

We have three ways for you to make a donation in order for us to keep printing.

-Electronically via PayPal at: daytonsbluffdistrictforum@gmail.com

-Make checks payable to Dayton's Bluff District Forum and mail to: 668 Greenbrier Street, Saint Paul, MN 55106

-Our website at: givemn.org/organization/Hopewell-Communications-Incorporated-0p

Swede Hollow Cont'd from Page 1

When she was working here at Swede Hollow Café full-time, Yang was also doing part-time work with her catering company — she has owned her catering company more than ten years. During the COVID crisis, Yang was thinking of transitioning to her catering business full-time, but with the Campbell's selling, she decided, along with her business partners, to come back and buy the Swede Hollow Café.

With millions of people losing their jobs in this COVID crisis and the business environment not very encouraging for a small family business like the Swede Hollow Café, the group of three entrepreneurs that purchased the coffee shop are confident in their endeavor to be a light in the Dayton's Bluff community. "Like I said before," Yang declares, "it was a great opportunity because I worked here for so long. I see how the community has responded to the Swede Hollow Café through Facebook. The people were asking, 'When are you opening? When are you opening?'" and I decided there is a lot of demand for it, so why not?"

Yang wants to increase the number of employees, but that will depend on the demand of customers. If the governor opens the business capacity to 100 percent, she will probably need to hire more staff, but right now with her limited menu and hours, Yang can only hire a certain amount of people. At this time, it is at 50 percent capacity and because Swede Hollow Café is so small, Yang is using the first-floor space to stage all the "to go" orders, so she can't allow anybody to sit in that room.

The Swede Hollow Café limits seating to the upstairs and before COVID, it could only seat 20 or 30 people, but at six feet apart, it would only seat 10 to 15 people. People love the meeting room up-

stairs because of the small sunroom doors. It has a lot of natural light and the doors can be closed. Yang gets a lot of requests to use that room, but with the Covid crisis, she could fit only two groups in there. As of right now, the upstairs has recently opened in October for seating. Please reserve online through the Swede Hollow Café's website <https://swede-hollow-cafe.square.site> or by phone 651-776-8810.

The Swede Hollow Cafe does not roast their own coffee beans. They use a local roastery called Roastery 7 that roasts the beans, but Swede Hollow Cafe grinds the beans when they get them. Most other coffee shops have their beans roasted because it is a big production to roast the beans. "Roastery 7 is a local company, and they are very good," Yang said. "I've been with Swede Hollow Café for a long time, and we've used that roastery since I have worked here. We are pretty loyal customers to Roastery 7, and they are very loyal to us also. There is no way we could roast our own coffee; we just don't have the space."

When Swede Hollow Café expanded in 2015, seating capacity was just about doubled. It has helped tremendously, and it has brought more customers to the coffee shop in the winter season — especially since downstairs seating is so limited. The upstairs seating allowed more people to enjoy their coffee or drink of choice and gave the customers more privacy.

"I like the connectiveness of the family here," Shirley Yang said. "It feels like a family to me because I've worked here for a long, long time. I see the regulars a lot, and they consistently come in, and I know their name. It is like the "Cheers" thing where everybody knows your name. I see the connectiveness between the customers and us at Swede Hollow Café."

— Mark Gallagher

Mark Gallagher is the associate editor of the *Dayton's Bluff Forum* and a graduate of Metropolitan State University. Mark can be reached at refineEditorial@gmail.com

Thank You Dayton's Bluff and Payne Phalen!



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ASK US ABOUT OUR CATERING SERVICES



Steve Trimble

The photo above shows a special event in front of the StoreHouse Grocery located at 851 East Seventh Street in October. Food was served from several African-American chefs as part of the catering group called "Saint Paul's Finest." There was lasagna, a special vegetable slider, mac and cheese, cookies, buttered beef, hibiscus tea, and cupcakes.

Contest: Where in Dayton's Bluff?

Send your guess to daytons-bluffdistrictforum@gmail.com with the location of the neighborhood curiosity pictured at right. The reader who submits the first correct entry will be notified, and the winner will be announced in the December edition of the *Forum*.



Meal Program Offered for COVID Affected

Ramsey County

Ramsey County announced a new home meal delivery program for those residents who have been adversely impacted by COVID-19 and are challenged to leave their homes. Five community partners have been selected to provide healthy home-delivered meals to qualifying residents free of

charge. Applicants are encouraged to review each partner's options which include medically tailored, vegetarian, culturally-specific, and Halal-only meals. Go to ramseycounty.us/HomeMealDelivery or by calling providers directly. Each community partner will screen applicants directly based on common county-established criteria – service in multiple languages is available from each partner. Applicants will be required to provide regular information about their participation in the program through interviews and surveys with county staff.



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NOVEMBER 3

WHAT WE ACHIEVED TOGETHER

INVEST IN K-12 EDUCATION: Fought for significant increase to the general education formula (2% and 2%), The St. Paul school district received the following funding increase from the 2019 E-12 Education bill:
\$202 per-pupil (1.5%) in FY20
\$435 per pupil (3.2%) in FY21

SUPPORT HIGHER LEARNING: Increased state grant for low-income students, student debt counseling for MN students.

JOBS & ECONOMY: Authored law to support youth and middle class in workforce - CLUES, Boys & Girls Club, Big Brothers Big Sisters, chief authored bill to protect consumer from price gouging during pandemic, sponsored economic relief for small businesses and nonprofits and working Minnesotans, stop predatory payday lenders, protection and labor rights for workers during pandemic.
HEALTHCARE: Sponsored affordable health insurance and low prescription drugs bills, insulin affordability legislation.

ENVIRONMENT: Championed Green New Deal, legislation to address Battle Creek and Pig's Eye pollution, sponsored 100% clean energy by 2050, founding member of new legislative caucus Climate Action, Lawns to Legumes.
HOUSING: Historic investment in affordable and safe housing, Evictions Moratorium, renter rights, Homeless Prevention: \$20.5 million in 2020-2021 (\$3.5 million increase) for Family Homeless Prevention and Assistance Program. Funds are used for rental assistance, community outreach, and rapid re-housing.

EMERGENCY HOMELESS ASSISTANCE: One of the first COVID Relief bills passed during the regular legislative session in 2020 provides \$26.5 million to the Dept. of Human Services for Emergency Services Grants. These cover items such as obtaining additional shelter space, short-term housing vouchers, and efforts to protect homeless individuals from COVID-19, including sanitation supplies and safety measures.
INFRASTRUCTURE: Invest \$1.9B bonding funds in jobs and infrastructure including \$52M for Kellogg Bridge, funds for the Wakan Tipi Center, Metropolitan State University for House District 67B.

HOW TO VOTE EARLY: WWW.MNVOTES.ORG

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Law and Order...With Justice

Sage Holben
Forum Staff

In past years, in Iowa and then Saint Paul, I've participated in 'citizen/police academies' which provide, according to the SPPD website, "... For the participant to have some knowledge of the training received by the officers of the Saint Paul Police Department. For a better understanding of the policies and procedures that govern their everyday duties. For the Saint Paul Police Department to gain a better perspective of the issues that are important to the citizens. Another purpose of the academy is to open communication between the department and the citizens of Saint Paul." Each session was informative and worth every minute, teaching me some hows and whys from other perspectives, but also making me check in on my own perspectives and inner feelings.

Our Eastern District Saint Paul Police Department is currently offering an intro class to the *American System of Criminal Justice*, taught by Senior Commander Kurt Hallstrom, who has taught the class for several years at Metropolitan State University. COVID19 is causing some juggling of time and space, but even after one class, I'm looking forward to book content and classmates' perspectives and experiences, as pertaining to process and defining public policies; and, how we practice and administer the process and justice within our changing social and value systems. (An aside: a few months ago I took it upon myself to rewrite several Saint Paul ordinances; I will benefit from classroom insight.)

I understand some people have knee-jerk reactions about policing, instantly negating what one might learn, leading to a better understanding, even agreeing. I liken openness or automatic close-mindedness to *muscle memory of the mind*. We get so accustomed to thinking or seeing one particular way, we **don't** think any more; we don't distinguish between reasons, thoughts, new paths to take...we simply agree or react - mentally, verbally, and in action.

A well-meaning credit union staff offered to help me install an app one day...I nervously watched with fear as her fingers flew over my phone, praying that her thinking skills would keep a step ahead of her admirable dexterity. Oops! Muscle memory derailed from her thinking skills...and wiped out 400 photos on my phone (I know, I *should have* saved them elsewhere). It appears that I'm deviating, but what I am suggesting is that however we are regularly engaged, we have a variety of skills from which to draw. But if we don't examined them, consider new ways, redefine strengths of each, assess compatibility with our personality, even finding if we are (still) compatible with the job, perhaps we are facing different aspects that balance or conflict with each other. Our society changes course, human nature constantly amazes. Life is not static.

With all that, do you want muscle memory propelling you? Or critical thinking, with a helpful basis of fact, knowledge and experience?

Volunteer from Home

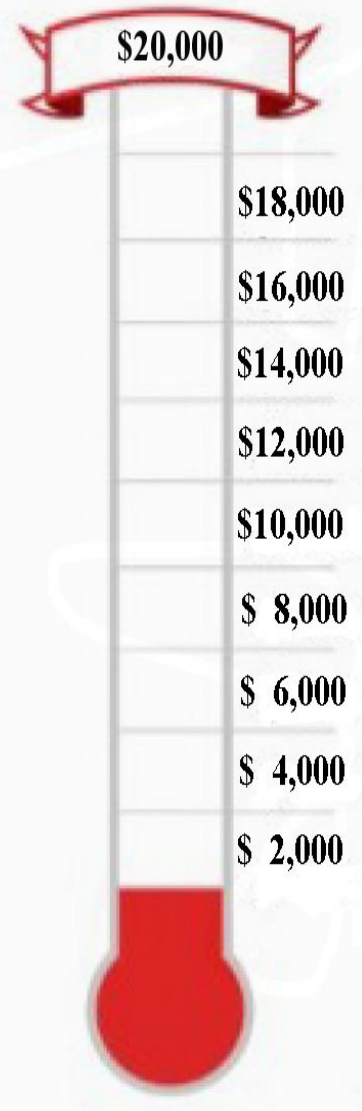
East Side Elders

Staying home but also want to give back to seniors in the community? East Side Elders has several opportunities for socially-distanced volunteering! Apply online or contact us at Volunteer@EastSideElders.org to get started: **Create holiday cards:** Get your craft supplies out and make some fun and cheerful holiday cards for seniors! We are looking for winter holiday cards that we can distribute to seniors in the community - think snowflakes, mittens, penguins, polar bears, and other winter design ideas! Completed cards can be mailed to our office or we can set up a time for a donation drop off. **Write letters:** Send a handwritten note or submit a letter online for a senior in the community! These letters are one-time day brighteners that can help remind folks that there are good people out there who care about them. Make a difference today! **Create a video:** We are currently seeking video submissions for our Virtual East Side Cafe! Send in a video of a song performance, cooking demonstration, craft project demonstration, or other project that we can share with seniors. Are you a representative from a nonprofit in the area? We would love to have a video from you sharing what your organization does and how seniors can get involved with your program. **Assemble a basket for our Online Fundraising Auction:** Help East Side Elders make 2020 the best year yet for our Online Fundraising Auction! Donate a basket of goodies that we can auction off online. Contact us today for details!

Many thanks to our Friends of the Forum 2020 donors:

The recent donations have made the printing and mailing possible. All names of those who recently gave will be on this list in the online December issue.

- MaryAnn Cogelow
- John Davidsen
- Jean Rivard
- Steve Trimble
- Greg Cosimini
- David Lyons
- Mark Gallagher



Help us raise money to print the Forum! Your name could be featured above with our 2020 donors!



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Friends of the Forum

Dear Reader,

The Dayton's Bluff District Forum has been a volunteer-run newspaper since the 1980s and has always operated on a minimal budget. Each issue costs around \$1,900 to produce and mail, per month.

For the past three years we have been soliciting donations through our *Friends of the Forum* program. Thanks to the donations from readers like you, we have been able to keep the paper up and running.

If you value this community source of information, please consider filling out the form below. Any amount is appreciated; you may also make memorial donations, or include the *Forum* in your legacy planning.

If you have been our *Friend* in the past, please renew your membership with a donation in 2020. **Our goal for 2020 is \$18,000; thanks to readers like you, we've raised \$1,815 to date – will you help us reach our goal in 2020?**

Sincerely,
The Dayton's Bluff District Forum

Yes, I will become a *Friend of the Forum*. My tax-deductible check is enclosed, for:

\$100 \$50 \$25 Another amount _____

Or give online: givemn.org/organization/Hopewell-Communications-Incorporated

Name _____ Email _____ Phone _____

Address _____ City, State, ZIP _____

Make checks payable to: *Dayton's Bluff District Forum* and mail to 668 Greenbrier St, St. Paul, MN 55106. For more information, contact 651-776-0550 or daytonsbuffdistrictforum@gmail.com.

Thank you for your support!